

# Perseus International Rights \* Foreign Rights Guide Fall 2015 \*

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Cover design by Rose Traynor
Cover image TK

### **Basic Books**

### Arthur Benjamin

### The Magic of Math: Solving for X and Figuring Out Why

"An enthusiastic celebration of the beauty of mathematics.... Benjamin delivers a primer generously filled with insights and intuitions that make math approachable, interesting, and, yes, beautiful."—*Kirkus Reviews* 

"[A] positively joyful exploration of mathematics. [Benjamin's] approach is simple and refreshingly practical.... Whether figuring out compound interest, using trigonometry to determine the height of a tree, or employing calculus to work out a shortest possible walking route, each topic is presented in the clearest, simplest way possible.... [I]ts energy and enthusiasm should charm even the most math-phobic readers."—Publishers Weekly, starred review

"Arthur Benjamin shows you that numbers do more than just keep track of things and solve problems. He joyfully shows you how to make nature's numbers dance. Let his book be your partner for a lifetime of learning."—Bill Nye, science educator and CEO, The Planetary Society

**Arthur Benjamin** holds a PhD from Johns Hopkins University and is professor of mathematics at Harvey Mudd College in California. He has appeared on *The Today Show* and *The Colbert Report* and has been profiled in such publications as the *New York Times*, *Los Angeles Times*, *USA Today*, *Scientific American*, *Discover*, and *Wired*. One of his three TED talks has been viewed over 5 million times. He travels and speaks internationally and has presented at the World Science Festival, the USA Science and Engineering Festival, the Liberty Science Center, Google, and Texas Instruments.

September 2015 • Mathematics • 240 pages

Chinese (s): CITIC: German: Heyne; Korean: Hansol Academy; Russian: Alpina

### Martin Ford

# Rise of the Robots: How Technology Will Transform the Future Job Market and Economy

"If *The Second Machine Age* was last year's tech-economy title of choice, this book may be 2015's equivalent."—*Financial Times*, Summer books 2015, Business, Andrew Hill

"[Ford's] a careful and thoughtful writer who relies on ample evidence, clear reasoning, and lucid economic analysis. In other words, it's entirely possible that he's right."— Daily Beast

"[Rise of the Robots is] about as scary as the title suggests. It's not science fiction, but rather a vision (almost) of economic Armageddon."—New York Times, Frank Bruni

"Well-researched and disturbingly persuasive."—Financial Times

**Martin Ford** has worked in Silicon Valley in finance at a high-tech company and founded several successful small software-design firms.

World Rights: Basic Books; United Kingdom: Oneworld; Chinese (s): CITIC; Chinese (c): Commonwealth Magazine: Japanese: Nikkei BP: Korean: Sejong Books; Polish: CDP.pl; Romanian: Antet XX Press; Spanish: Paidos; UK: Oneworld

### Alexander Nehamas

### On Friendship

The state of "friendship" in the digital age has provoked widespread debate and handwringing. Social media allows us to be "friends" with far more people than those with whom we can possibly have meaningful relationships. Many worry that the idea and the practice of friendship have been seriously diminished as a result. One chief concern is that online friendship is motivated primarily by social networking and status seeking rather than genuine affection and intimacy. Another worry is that the ubiquity and convenience of social media have dampened our desire for physical interaction, causing us to miss out on one of the defining and most meaningful features of human experience. In **On Friendship**, acclaimed philosopher Alexander Nehamas uses contemporary debates about friendship in the Facebook era to launch a general account of friendship, one that promises to help us think though what has and hasn't changed, in our intensively networked and mediated age. Reminding us of the long history of thinking about friendship, from Aristotle to Montaigne, Adam Smith to William Hazlitt, Friedrich Nietzsche to Bernard Williams, Nehamas draws on a rich array of moving examples from literature and the arts as well as personal experience. Nehamas argues, friendship ultimately resists explanation and is a relationship better understood from the domain of aesthetics than moral theory. In his formulation, "a relationship we can fully explain is not a friendship at all." Ultimately, Nehamas argues that social media do nothing to alter the unique and inexplicable character of friendship. • Alexander Nehamas is professor of philosophy and Edmund N. Carpenter II Class of 1943 Professor in the Humanities at Princeton University and a fellow of the American Academy of Arts and Sciences, Author of four other books, he has also translated Plato's Symposium and Phaedrus into English. He is the recipient of the highly prestigious Andrew Mellon Foundation's Distinguished Achievement Award.

April 2016 • Philosophy • 350 pages • World Rights: Basic Books

### Joseph Mazur

### Fluke: The Math and Myth of Coincidence

What are the chances? This is the question we always ask when we encounter the freakiest and most seemingly impossible coincidences, like the woman who won the lottery four times or Lincoln's dreams foreshadowing the outcome of battles and even his own assassination. But in fact, when we look at coincidences mathematically, we can see that the odds are a lot better than any of us would have thought. In Fluke, mathematician and math popularizer Joseph Mazur explores this weird world of coincidences and how they can be explained, predicted, and accounted for through math. Mazur combines lively anecdotes of coincidences with clear explanations of the principles of mathematical probability, and even provides a helpful aphorism for putting these flukes in context: "If there is any likelihood that something could happen, no matter how small, it is bound to happen to someone at some time." Though this concept may seem basic, he argues that many people fundamentally misunderstand these principles of probability, leading to a dangerous tendency to look for irrational explanations for surprising phenomena. Fluke asks us to take a second look at the seemingly impossible and provides an entertaining guide to understanding the most astounding moments and surprising coincidences in our lives. • Joseph Mazur is Emeritus Professor of Mathematics at Marlboro College, and the author of four popular mathematics books, including Euclid in the Rainforest: Discovering Universal Truth in Logic and Math. He is the recipient of a Guggenheim Foundation Fellowship, a Rockefeller Foundation residency, and two Bogliasco Foundation Fellowships. His writing has appeared in The Wall Street Journal, The New York Times, and Science.

March 2016 • Mathematics/Probability • 272 pages • World Rights: Basic Books; UK & Commonwealth: Oneworld; Korean: Eidos; Portuguese (Brazil): Leva

### Mark Seidenberg

### Language at the Speed of Sight: How We Read, Why So Many Can't, and What Can Be Done About It

For most of us, reading is automatic. We read every day, whether it's a street sign, a newspaper, e-mail, Facebook status updates, a literary novel, or the nutritional content of a box of cereal. We read for work, for school, for pleasure; because we have to, because we want to, because we can't help it. Yet beneath this seemingly simple behavior, a vast network of activity is occurring in our brains. What, exactly, is happening when we read? Cognitive psychologist and reading expert Mark Seidenberg pulls back the curtain on our reading minds in Language at the Speed of Sight and shows that it is more important than ever—for us, and for our children—that we understand the science of reading. For all the progress scientists have made in the cognitive science of reading and comprehension, the way we teach reading is still based on folk wisdom and anecdotal classroom evidence and it isn't working, and shouldn't continue. Fortunately, Seidenberg shows a better way. This is cutting-edge science with real implications for one of our most fundamental social and political issues; how we teach our children. From how your eyes move across the page to the main causes of reading impediments, Language at the Speed of Light offers a wide-ranging and erudite examination of this most human of activities, and concrete proposals for how we can all become—and teach—better readers. • Mark Seidenberg is Hilldale Professor and Donald O. Hebb Professor in the department of psychology at the University of Wisconsin. He is a cognitive neuroscientist who has studied reading and dyslexia for over three decades. He received a Ph.D. and three other degrees from Columbia University. He has published over a hundred scientific articles and was recently honored as one of the 250 most-cited researchers in the areas of psychology and psychiatry.

March 2016 • Cognitive Science • 288 pages

World Rights: Basic Books; Dutch: Atlas; Chinese (c): Cheersbooks/China Renmin

Press

John S. Allen

### Home: How Habitat Made Us Human

From neuroanthropologist and research scientist John Allen comes the first scientific history of home life. One of the defining features of the human species is that we create homes. Other species may occupy territories, live in dens, or become accustomed to a familiar space, but none of these are homes in the human sense. The home defines a domestic world, separate and distinct from the outside world that cannot be controlled. Allen suggests that the everyday experience of the home has been critical to our evolution. To tell the story of how we moved from the old way of living to how we do now—not just in houses but with the threat of foreclosure, homelessness, and the ability to happily return from a luxury hotel to an average home—Allen takes us through evolutionary anthropology, neuroscience, the study of emotion, and modern sociology. The result is a fascinating explanation of the complex relationship we all have with the place we call home. • John S. Allen is a neuroanthropologist affiliated with the Dornsife Cognitive Neuroscience Imaging Center and the Brain and Creativity Institute at University of Southern California. He received his PhD in biological anthropology at the University of California, Berkeley, and did postdoctoral research at Stanford University. His previous works include The Omnivorous Mind: Our Evolving Relationship with Food, and he has cowritten two widely adopted anthropology textbooks. Allen maintains a blog on the Psychology Today website called The Omnivorous Mind.

December 2015 • Psychology/Anthropology • 256 pages World Rights: Basic Books; Korean: Science books

#### Judith Herman

### Trauma and Recovery: The Aftermath of Violence—From Domestic Abuse to Political Terror

A revised and updated edition of the groundbreaking work that changed the way we think about and treat traumatic events and trauma victims. In Trauma and Recovery, clinical psychiatrist Judith Herman explores the psychological consequences of the full range of traumatic life events. Integrating clinical and social perspective she brings a high level of understanding to a set of problems usually considered individually. When Trauma and Recovery was first published in 1992, it was hailed as a groundbreaking work. In the intervening years, Herman's volume has changed the way we think about and treat traumatic events and trauma victims. This newly revised edition begins with a discussion of the major influences in the past two decades—namely, two new wars and a rise in terrorism—and discusses the progress (or lack thereof) in the conceptualization and treatment of trauma. Judith Herman, M.D., one of the US's leading experts on trauma and abuse, is professor of clinical psychiatry at the Harvard Medical School, and director of training at the Victims of Violence Program at Cambridge Hospital. She is also a founding member of the Women's Mental Health Collective in Massachusetts. Herman was the recipient of the 1996 Lifetime Achievement Award from the International Society for Traumatic Stress Studies.

June 2015 Psychology 336 pages

World Rights: Basic Books; Chinese (s): China Machine Press; German: Junfermann Verlag; Korean: Open Books; Serbian: Psychopolis Institute; Turkish: Literatur

Yayincilik; Ukrainian: Vydavnctvo Starogo Leva

### Stephen Mitchell and Margaret Black

### Freud And Beyond: A History of Modern Psychoanalytic Thought

"An excellent starting place for anyone unfamiliar with the radical shift psychoanalytic thinking has undergone since Freud."—*Kirku*s

This new edition of this backlist classic (over 75,000 copies sold) introduces us to the enormous expansion and transformation that psychoanalytic thinking has undergone over the past fifty years. With Freud and Beyond, Stephen A. Mitchell and Margaret J. Black make contemporary psychoanalytic thinking—the body of work that has been done since Freud—available for the first time. Richly illustrated with case examples, this lively, jargon-free introduction makes modern psychoanalytic thought accessible at last. And this new edition incorporates a new preface. • Stephen A. Mitchell was a leader in the field of modern psychoanalysis. An adjunct professor and clinical supervisor at New York University's postdoctoral program in psychotherapy and psychoanalysis, he shaped the way that American psychoanalysts practice their profession. He was the founding editor of the journal Psychoanalytic Dialogues and the author of several influential books, including Object Relations in Psychoanalytic Theory and Hope and Dread in Psychoanalysis. •Margaret J. Black, LCSW, is founding board member of the Stephen Mitchell Center for Relational Studies. She is also a board director of the National Institute for the Psychotherapies, a founding board member and vice president of International Association for Relational Psychoanalysis and Psychotherapy, and an associate editor of Psychoanalytic Dialogues. She holds a BA from the University of Michigan and an MS from Columbia University, and is a graduate of the Analytic Institute, Postgraduate Center.

May 2016 • Psychology • 336 pages

World Rights: Basic Books; Licenses: Chinese (c): Psygarden; Chinese (s): Commercial

Press; Italian: Bollati Boringheieri Editore; Romanian: Editura Trei

Leonard Sax

# The Collapse of Parenting: How We Hurt Kids When We Treat Them Like Grownups

Since the 1950s the success and psychological health of children has been on the decline generation after generation. But why? In The Collapse of Parenting, Leonard Sax identifies the root of the problem as the transfer of authority from parents to children, a shift that has been occurring over the last 50 years and is now impossible to ignore. Sax uncovers some of the causes of this shift, but, more crucially, he pinpoints its effects, arguing that the rising levels of obesity, cheating, depression, and anxiety among young people—as well as their parents' widespread dependence on psychiatric medications to fix such problems—can all be traced back to a corresponding decline in adult authority. But Sax insists there is hope. Parents need to regain the central place in their children lives, displacing same-age peers who cannot provide the kind of guidance and stability parents can. Parents also need to learn that they can't be a best friend and a parent at the same time, and in fact they'll make their children's lives easier if they focus not on pleasing them but instead on giving them the tools they'll need to lead happy, healthy lives. With anecdotes from clinical experience and personal visits and interviews with children, teachers, and parents, Sax provides concrete strategies for all parents. • Leonard Sax, MD, PhD, is a family physician, psychologist, and author of Girls on the Edge, Boys Adrift, and Why Gender Matters.

October 2015 • Psychology/Parenting • 304 pages

World Rights: Basic Books

John H. Miller

# A Crude Look at the Whole: The Science of Complex Systems in Business, Life and Society

What if the underlying organizations of honeybee hives, financial markets, and brains are essentially the same? Or, for that matter, not so different from those of other biological organisms, cities, and computer networks? An exploration into complex systems shows how simple, local actions, once connected, can result in often astounding global patterns. In A Crude Look at the Whole, social scientist and economist John H. Miller explores why standard social science—the sort that gives us equations to generate demand and supply curves as well as elaborate answers to the prisoner's dilemma—fails to give us the tools to escape such catastrophes as the 2007-2008 financial crisis, leaves us vulnerable to "flash crashes," and fails to explain how many of our elaborate mechanisms for cooperation have emerged. Miller seeks to answer these questions by linking a series of different sets of studies, including those of "power laws" describing size and function; those of evolutionary biology and game theory on the emergence of intelligent and/or cooperative behavior; those of how participants in a market actually generate supply and demand; and more. Ultimately, he argues, by understanding the complex systems that underlie the major societal issues of our time, we will be better equipped to confront and anticipate such challenges before they put an end to us. Scientifically grounded and beautifully written, A Crude Look at the Whole is a powerful exploration of the challenges that we face as a society. A pioneer in the field of complex systems, Miller presents his illuminating work and aims to answer this question: How can we humans learn enough to avoid destroying our economy, our world, and ourselves? • John H. Miller is professor of economics and social science at Carnegie Mellon University and the head of the university's Department of Social and Decision Sciences. He received his PhD in economics from the University of Michigan and serves on the faculty of the Santa Fe Institute.

December 2015 • Science/Business/Economics • 272 pages World Rights: Basic Books; Korean: Eidos; Chinese (s): Grand China Publishing

#### Steven Hatch

### Snowball in a Blizzard: Signal, Noise, and Uncertainty in Modern Medicine

This is a book about uncertainty—specifically, the uncertainty that permeates the theory and practice of modern medicine. Its premise is simple; namely, that doctors do not often "know" what they are doing with the kind of mathematical precision that we associate with rocket scientists or chemical engineers. A diagnosis is, much more often than not, an educated guess, and a prognosis is typically less certain than that. There is a good deal more murkiness in the world of medicine than most people understand from false positive HIV tests to declarations that women under 50 no longer need mammograms. Steven Hatch explores that murkiness by examining the difficulties in medicine of finding signals against a background of noise, a task that doctors perform every day when sifting through piles of data from blood tests to x rays in order to accurately diagnose a patient's condition. • Steven Hatch MD is an Assistant Professor of Medicine at the University of Massachusetts Medical School, working in the Division of Infectious Disease and Immunology. He holds a masters in Clinical Investigation, a degree focused on human-subjects research and trial design, a major focus of Snowball in a Blizzard. Prior to becoming a doctor he worked as a science writer for the Boston University School of Medicine, publishing a weekly column devoted to health care issues of interest to the general public. He writes Billy Rubin's Blog (billyrubinsblog.org) on topics relating to medicine and politics. He is the author of the self-published Blind Man's Marathon and a chapter in Science at the Frontiers.

May 2016 • Science • 284 pages World Rights: Basic Books

### John Horgan

# The End of Science: Facing the Limits of Knowledge in the Twilight of the Scientific Age, Revised Edition

Propelled by a series of interviews with luminaries of modern science such as Stephen Hawking, Thomas Kuhn, Lynn Margulis, Roger Penrose, Francis Crick, Richard Dawkins. Freeman Dyson, Murray Gell-Mann, Stephen Jay Gould, Steven Weinberg, E. O. Wilson, and Karl Popper, science writer John Horgan makes the case that science as we have known it—a source of startling revelations about heretofore unrecognized aspects of reality—is over. This was a controversial argument in 1996 and remains so today, still firing up debates in labs and on the Internet, not least because—as Horgan details in a lengthy new introduction—ironic science is more prevalent and powerful than ever. Still, while Horgan offers his critique, grounded in the thinking of the world's leading researchers, he pays homage too. If science is ending, he maintains, it is only because it has done its work so well. • John Horgan, who directs the Center for Science Writings at Stevens Institute of Technology and writes the Cross-Check blog for Scientific American, has been covering science since 1983. His other books are The Undiscovered Mind, Rational Mysticism, and The End of War. His awards include prizes from the American Association for the Advancement of Science and the National Association of Science Writers. See his website at JohnHorgan.org.

April 2015 • Science • 368 pages

World Rights: Basic Books; Italian: Adelphi; Chinese (s): Tsinghua UP

### Thor Hanson

# The Triumph of Seeds: How Grains, Nuts, Kernels, Pulses, and Pips Conquered the Plant Kingdom and Shaped Human History

"[Hanson is] jocular and entertaining in his dispensing of remarkable facts about these little vessels of life-to-be.... From high-tech, high-security seed banks bracing for climate change to the story of the gum extracted from guar seeds that is used in everything from ice cream to fracking, this upbeat and mind-expanding celebration of the might of seeds is popular science writing at its finest." —Booklist (starred review)

"[A] delightful account of the origins, physiologies and human uses of a vast variety of objects that plants employ to make more plants.... A fine addition to the single-issue science genre." —*Kirkus Reviews* 

"With light, engaging prose Hanson shows how the little spheroids we tip out of a packet are in fact supremely elegant genetic time capsules. *The Triumph of Seeds* takes you past the casing into the extraordinary inner workings of objects without which our landscapes, dinner plates, and gardens would be unrecognisable. You will never be able to look at an orange pip or a sunflower seed in the same way again."--New Scientist

World Rights: Chinese (c): Business Weekly; Chinese (s.): CITIC; Italian: Saggiatore; Japanese: Hakuyosha; Korean: Edidos

**Thor Hanson** is a conservation biologist, Guggenheim Fellow, Switzer Environmental Fellow, and member of the Human Ecosystems Study Group. Author of *Feathers* and *The Impenetrable Forest*, Hanson lives with his wife and son on an island in Washington State.

March 2015 • Science/Nature/Gardening • 224 pages • World Rights: Basic Books; Chinese (c): Business Weekly; Japanese: Hakuyosha; Korean: Edidos

#### Paul Halpern

# Einstein's Dice and Schrödinger's Cat: How Two Great Minds Battled Quantum Randomness to Create a Unified Theory of Physics

"A highly approachable book that will appeal to readers ... interested in physics, the history of science, and the human and political aspects of scientists and their work."—*Library Journal* 

"[A] fascinating book... Halpern, a professor of physics, takes the time to explain the intricacies and significance of the two men's work in wonderfully clear ways. He employs helpful analogies and metaphors to lower the reader gently into a strange new world...[written with] entertaining and evocative prose...[an] insightful book." —New Scientist

"Physicist Paul Halpern tells the entangled tale of Albert Einstein, Erwin Schrödinger and their search for a Grand Unified Theory with humour and concision"—Nature

**Paul Halpern** is a science writer and professor of physics at the University of the Sciences in Philadelphia. He is winner of numerous awards, including a Guggenheim Fellowship, a Fulbright Scholarship, and an Athenaeum Literary Award. His many books include *Collider*, *Edge of the Universe*, and *What's Science Ever Done for US?* He is a regular contributor to *NOVA's The Nature of Reality* physics blog.

May 2015 • Science • 288 pages • World Rights: Basic Books: World Rights: Basic Books; Chinese (s): Hunan Science & Tech. Press; French: Dunod; Italian: Cortina; Polish: Proszynski; Russian: Piter; Turkish: Kirmizi

### Serhi Plokhy

### The Russian Question

Vladimir Putin has made frequent headlines, both with his unabashed takeover of Crimea and his vocal pronouncements of an indivisible Russian nation. Where did this aggression and outdated sentiments come from? Serhii Plokhy, winner of the Pushkin Prize for his recent book Gates of Europe, will explore this in his next book The Russian Question. It will be a history of Russia from 1478, when the Muscovite army of Ivan III captured the city of Novgorod and created the first Tsardom, through the Romanovs, Lenin, and modern day Russia under Vladimir Putin, Along the way, Plokhy will explore the deeply entrenched Russian identity, bringing together different threads of Russian political thinking that have blurred the boundaries between empire and nation over the centuries: the myth of the Kyivan origins of the Russian dynasty, state, and religion; the vision of Russia as the last bastion and sole protector of world Orthodoxy; the idea of an overarching Russian nation viewed as an alternative to the rising nationalism of the Eastern Slavs; the marriage of the ideas of communism, empire, and Russian identity under Soviet rule; and, finally, the reassertion of traditional imperialism in today's Russia. It is only with this historical context in mind, Plokhy argues, that we can understand recent Russian geopolitics, and respond appropriately. • Serhii Plokhy is the Mykhailo Hrushevsky Professor of Ukrainian history at Harvard and the director of the university's Ukrainian Research Institute. In June 2013 he was named Walter Channing Cabot Fellow in the Faculty of Arts and Sciences. He has served on the advisory committees of the Kennan Institute at the Woodrow Wilson International Center for Scholars in Washington, D.C., the Davis Center for Russian and Eurasian Studies, and the Ukrainian Research Institute at Harvard. He also serves on the editorial boards of Russian History, East European Politics and Societies, Harvard Ukrainian Studies, and the Journal of Ukrainian Studies.

April 2018 • History/Current Events • 400 pages

World Rights: Basic Books; UK & Commonwealth: Penguin Press

### Serhii Plokhy

### The Gates of Europe: A History of Ukraine

"Finally: a compelling and concise history of a country leading the news but which too many know embarrassingly little about. There are no more excuses for ignorance." Peter Pomerantsev, author of *Nothing is True and Everything is Possible* 

"Serhii Plokhy has produced a perfect new history of Ukraine for these troubled times—authoritative and innovative, but always clear and accessible, and a delight to read." Andrew Wilson, Professor of Ukrainian Studies at University College London

"Complex and nuanced, refreshingly revisionist and lucid, this is a compelling and outstanding short history of the blood-soaked land that has so often been the battlefield and breadbasket of Europe. *The Gates of Europe* combines scholarly authority with narrative flair—essential reading for anyone who wants to understand Russia and Ukraine today." Simon Sebag Montefiore, author of *Stalin: The Court of the Red Tsar* 

"This is present-minded history at its most urgent. Anyone wanting to understand why Russia and the West confront each other over the future of Ukraine will want to read Serhii Plokhy's reasoned, measured yet passionate account of Ukraine's historic role at the gates of Europe." Michael Ignatieff, Harvard Kennedy School of Government

December 2015 • History • 432 pages

World Rights: Basic Books; United Kingdom: Penguin Press; Chinese (s): CITIC;

Romanian: Trei; Polish: Znak: Russian: Corpus; Ukrainian: FLC

### Mark Riebling

### Church of Spies: The Pope's Secret War Against Hitler

"Mark Riebling takes readers into the seldom-explored mysterious world of Vatican espionage with a deeply researched and fresh account that reads like a spy thriller. The crackling narrative of *Church of Spies* delivers an important and compelling addition to the debate over the legacy of Pius XII, the most powerful and complex Pope of modern times." Gerald Posner, author of *God's Bankers: A History of Money and Power at the Vatican* 

"A fascinating contribution to the literature on the Holocaust, the history of the papacy, and the life of Pius XII." Sam Harris, author of *The End of Faith* 

"Without minimizing the complicity of individual Christians, or the role of Christian anti-Semitism, Mark Riebling shows that the Vatican took a very powerful stance against the Nazis. It is especially important for Jewish people—and I am Jewish myself—that this information is now being gathered for all to see." Sir Martin Gilbert, official biographer of Winston Churchill

"Clandestine organizations are hard to reconstruct and Riebling has mined an impressive array of archival sources to tell this fascinating story." *Library Journal* 

October 2015 • History • 384 pages

World Rights: Basic Books; ANZ: Scribe; German: Piper; Portuguese (Brazil): Leya; Italian: Mondadori; Polish: Literackie; Dutch: Lannoo; Spanish (Spain): Stella Maris

### Simon R. Doubleday

### The Wise King: A Christian Prince, Muslim Spain, and the Birth of the Renaissance

"Simon Doubleday's *The Wise King* delves into the legend and reality of Alfonso the Wise, medieval Spain's most storied king. Doubleday skillfully locates this patron of culture, poet, crusader, would-be Roman emperor, ruler over Christians, Muslims and Jews, within the broader historical trends, cultural developments, and noble networks of a medieval Europe on the cusp of the Renaissance. It vividly brings to light a historical character who remains largely unknown to English language readers..."

— Brian Aivars Catlos, Professor of Religious Studies at the University of Colorado and author of *Infidel Kings and Unholy Warriors* 

"Sex, greed, wisdom, joy: In Simon Doubleday's deft treatment, we find the renowned medieval King Alfonso the Wise pondering the same themes that grip the modern imagination. Doubleday is a gifted writer who introduces readers to a turbulent era while inviting thoughtful reflection on our own day."— Chris Lowney, author of *Heroic Leadership* and *A Vanished World* 

**Simon R. Doubleday** is professor of history at Hofstra University, editor in chief of the *Journal of Medieval Iberian Studies*, and author of *The Lara Family: Crown and Nobility in Medieval Spain*. He received his BA from Cambridge University and his PhD in medieval history from Harvard. He has received awards for outstanding scholarly achievement from Hofstra and for teaching from the National Endowment for the Humanities. He divides his time between New York and the medieval pilgrimage center of Santiago de Compostela, in the northwestern region of Galicia in Spain.

December 2015 • History • 300 pages

World Rights: Basic Books

### Barbara Freese

### Coal: A Human History, revised edition

"Stunning... Coal, to borrow a phrase, is king."—New York Times Book Review Coal has transformed societies, powered navies, fueled economies, and expanded frontiers. It made China a twelfth-century superpower, inspired the writing of the Communist Manifesto, and helped the North win the American Civil War. Yet the mundane mineral that built our global economy has also caused death, disease, and environmental destruction. As early as 1306, King Edward I tried to ban coal (unsuccessfully) because its smoke became so obnoxious. In our own time, coal is best known as a contributor to global warming, and the coal industry is one of the main targets of environmental activists. In Coal, Barbara Freese takes us on a rich historical journey beginning three hundred million years ago and spanning the globe, from the "Great Stinking Fogs" of London to the rat-infested coal mines of Pennsylvania, and from the impoverished slums of Manchester to the toxic city streets of Beijing. Now updated with a new epilogue, Coal is a captivating narrative about the substance that has powered the modern economy—and endangered the future of our planet. • Barbara Freese was the Assistant Attorney General of Minnesota for more than twelve years, where she helped enforce her state's environmental laws. She is currently an energy policy analyst.

February 2016 • History • 320 pages

World Rights: Basic Books: Chinese (s): CITIC: Norwegian: Villrose Publishing

### George Weigel

### Letters to a Young Catholic, revised and updated

"An engaging, lucid, and informative introduction to the teachings and traditions of Catholicism." —Wall Street Journal

In this remarkable exploration of the Catholic world, the preeminent Catholic theologian George Weigel offers a luminous collection of letters to young Catholics, not-so-young Catholics, and curious souls who wonder what it means to be a Catholic today. Weigel takes readers on an epistolary tour of Catholic landmarks—from Chartres Cathedral to St. Mary's Church in Greenville, South Carolina; from the Holy Sepulcher in Jerusalem to G.K. Chesterton's favorite pub in Oxford; and from the grave of a modern martyr in Warsaw to the Sistine Chapel. Weaving together insights from history, literature, theology, and music, Weigel illuminates the beliefs that have shaped Catholicism from the start and explores the theological importance of grace, prayer, vocation, sin and forgiveness, suffering, and-most importantly-love. Letters to a Young Catholic will inspire not only the young generation of Catholics whose World Youth Day celebrations have launched an era of renewal for the Church, but also the faithful, the doubtful, and the searchers of every age. • George Weigel, a Catholic theologian and one of America's leading public intellectuals, is a Distinguished Senior Fellow at the Ethics and Public Policy Center, where he holds the William E. Simon Chair in Catholic Studies. Weigel was educated at St. Mary's Seminary College in Baltimore and at the University of St. Michael's College in Toronto. He has been an assistant professor of theology at St. Thomas Seminary School of Theology in Kenmore, a scholar-in-residence at the World Without War Council of Greater Seattle, and a fellow at the Woodrow Wilson International Center for Scholars in Washington, D.C. From 1989 until 1996, Weigel was president of the Ethics and Public Policy Center. Weigel is the author of numerous books on Catholicism and faith.

July 2015 • Religion • 368 pages World Rights: Basic Books

### Micah Zenko

### Red Team: How to Succeed by Thinking Like the Enemy

Micah Zenko describes how competitive organizations can and should mitigate risk by anticipating and understanding the personalities, values, structures, and strategies of potential opponents. What Zenko calls "the devil's advocate approach" or "red teaming" has been used for centuries in one form or another by all kinds of organizations, from the Catholic Church, to businesses, to governments and militaries, and Zenko elucidates the history and key practices behind this usage. Zenko shows how red teaming can serve efforts as varied as polio eradication campaigns, hostage crises, corporate security reviews, chess games, and football tournaments. He draws on extensive interviews with red teamers in government and business, building a strong case for the utility and even necessity of this practice for anyone who wants to remain competitive in today's interconnected, multipolar world. • Micah Zenko is a Douglas Dillon Fellow of the Center for Preventive Action at the Council on Foreign Relations and cochairman of the World Economic Forum's counterterrorism working group. He holds a PhD in political science from Brandeis University, Before working at the council, he was a research analyst at the Belfer Center for Science and International Affairs at Harvard University's Kennedy School and an analyst in the Office of Policy Planning at the State Department. He writes a weekly column for Foreign Policy and has contributed to the Financial Times, Washington Post, and Foreign Affairs.

October 2015 • Political Science/Business • 336 pages World Rights: Basic Books; Japanese: Bungei Shunju; Complex (C): Briefing Press

#### Yuval Levin

### The Fractured Republic: Our Dissolving Social Contract in the Age of Individualism

The first decade and a half of the twenty-first century has been a frustrating time for Americans. The economy continues to stagnate, and our political system seems perpetually gridlocked—suffocated by an overwhelming nostalgia for an earlier, easier age. In The Fractured Republic conservative historian Yuval Levin argues that the only way forward is to emphasize the middle layers of society—local communities with their own characters, civil society, markets—over both the individual and the nation as a whole. Only by coming to terms with the decentralizing forces at the core of our twentyfirst century experience can we see not only the risks but the enormous opportunities that this new order offers, and move past a politics of paralyzing nostalgia and towards a genuine resurgence. • Yuval Levin is the Hertog Fellow at the Ethics and Public Policy Center and the founder and editor of National Affairs. He holds a PhD from the Committee on Social Thought at the University of Chicago, and has written for the New York Times, Washington Post, the Wall Street Journal, Commentary, First Things, and the New Republic, among other publications. A contributing editor at both the Weekly Standard and National Review, and a fellow at the Ethics and Public Policy Center, Levin was a member of the White House domestic policy staff in 2005 and 2006. Levin is the author of Tyranny of Reason, Imagining the Future, and The Great Debate.

May 2016 • Political Science • 272 pages

World Rights: Basic Books

Also by Yuval Levin

#### The Great Debate

World Rights: Basic Books; Arabic: ENCT; Chinese (s): CITIC; Hebrew: Shalem; Korean: Ecolivres; Poruguese (Port): Escolar Editora; Portuguese (Brazil): Editora Record;

Spanish: Fundacion FAED

### Eric Rauchway

# The Money Makers: How Roosevelt and Keynes Ended the Depression, Defeated Fascism and Secured a Prosperous Peace

The Money Makers tells the story of how, under Franklin Roosevelt's supervision, the government took firm control of the US dollar and wielded macroeconomic policy as a powerful political tool, both in this country and abroad. Distinguished historian Eric Rauchway shows that, from the day of FDR's inauguration through the day of his death in office, he sought political control of the currency in the belief that governments could and should manage the value of their money to achieve prosperity. Together with his team of trusted advisors—Harry Dexter White, Cordell Hull, and John Maynard Keynes to name a few—FDR paved the way for economic recovery, warded off indigenous fascist movements by responding decisively to the Great Depression, ensured Allied victory in World War II, and laid the foundation for decades of peace and prosperity. The Money Makers is the history of the Roosevelt Dollar, the New Deal's most effective instrument, whose success provides a clear lesson we ignore today at our peril. Capturing the tumultuous era in which the fate of the world seemed to be in the hands of FDR's top monetary policy experts, Rauchway uncovers the roots of our postwar prosperity and shows how we can recapture the abundance of that period in our own. • Eric Rauchway is a historian at the University of California, Davis, and author of numerous books on the Progressive and New Deal eras. He has written for American Prospect, the Financial Times, and other publications.

September 2015 • History/Business/Economics • 330 pages World Rights: Basic Books

### Randall B. Woods

### Lyndon Johnson and the Great Society

During his first two years in office, Lyndon Johnson passed a host of historic liberal legislation as a part of his Great Society campaign in an attempt to force the South to accept racial justice. The Great Society was breathtaking in its scope and dramatic in its effects on the country, but it was by no means perfect. In Lyndon Johnson and the Great Society, esteemed historian Randall B. Woods takes readers inside the campaign, examining not only the success but the severe backlash it evoked—a nationwide effort mounted by whites across the country to block some of the proposed programs. Even as Americans benefited from the Great Society, millions were left disappointed—from suburban whites to the new antiwar left to urban blacks-and their disillusionment would help give rise to powerful new factions in both the Democratic and Republican parties. Woods shows readers that only by understanding the Great Society's failures as well as its accomplishments can we make sense of the conservative trends that have defined the decades since: the rise of the New Right, neoconservatism, and even today's Tea Party movement. • Randall B. Woods is author and coauthor of 10 books, including the forthcoming Shadow Warrior and the award-winning biographies LBJ: Architect of American Ambition and Fulbright: A Biography. He is a former dean of Fulbright College of Arts and Sciences.

October 2015 • Political Science/History • 464 pages World Rights: Basic Books

Steve Fraser

# The Limousine Liberal: How a Potent Image Gave Rise to Right-Wing Populism and Transformed American Politics

No political metaphor in recent American history has enjoyed the impact of the "limousine liberal." It has mobilized enduring resentment directed against everything from civil rights to women's liberation, from urban renewal to the war on poverty, from gay rights to the welfare state—and everyone from FDR to Hillary Clinton and Alger Hiss to Ben Affleck. Coined in 1969 by Mario Procaccino, a Democrat running for the mayoralty of New York City, the term took aim at what he and his largely white ethnic following considered the hypocrisy the wealthy who championed the cause of the poor, but who had no intention of bearing the costs of doing anything about their plight. In his book, acclaimed historian Steve Fraser argues that it is impossible to understand the perseverance and passion of right-wing populist politics in America without coming to grips with this metaphor, where it originated, how it evolved, why it persists, and where it may be taking us. • Steve Fraser is the award-winning author of The Age of Acquiescence, Every Man a Speculator, Wall Street, and Labor Will Rule. His work has appeared in the Los Angeles Times, the New York Times, The Nation, The American Prospect, Raritan, and the London Review of Books. He has written for the online site Tomdispatch.com, and his work has appeared on the Huffington Post, Salon, Truthout, and Alternet, among others. A onetime Basic editor, he has a PhD in American history from Rutgers,

April 2016 • Current Affairs & Politics • 288 pages World Rights: Basic Books

Harold Holzer and Norton Garfinkle

### A Just and Generous Nation: Abraham Lincoln and the Fight for American Opportunity

In A Just and Generous Nation, preeminent Lincoln historian Harold Holzer and acclaimed economist Norton Garfinkle present a bold reassessment of the beliefs that drove our 16th president into the deadliest war the nation has ever known. Rather than commitment to abolitionism or defense of the Union, Holzer and Garfinkle argue, Lincoln's guiding principle was the protection of Americans' economic opportunities —which he believed could only be safeguarded if the states were united under a strong central government. A timely and provocative work, A Just and Generous Nation offers a groundbreaking look at Lincoln's motivations during the Civil War and reestablishes his legacy as the protector not just of personal freedom but of equal economic opportunity and the American Dream. • Harold Holzer is one of the foremost authorities on Lincoln and the Civil War. He is cochairman of the Abraham Lincoln Bicentennial Foundation and recipient of the Lincoln Prize, the Lincoln Medal of Honor from the Lincoln Society, and lifetime achievement awards from the Civil War Round Tables of New York and Chicago. • Norton Garfinkle, an economist, is chairman of the Future of American Democracy Foundation and senior editor of Yale University Press's Future of American Democracy series.

October 2015 • Biography/History • 256 pages

World Rights: Basic Books

### Ted Gioia

#### How to Listen to Jazz

From acclaimed music scholar Ted Gioia comes an accessible introduction to the art of listening to jazz, the first in a series of Basic guides to art, culture, and the good life. Both beginners and more experienced jazz fans can benefit from a patient and informed guide to the music and this one will please both. Gioia will take readers through the question of what jazz is and its history to a look at 20 of its finest artists—from Louis Armstrong to John Coltrane—and their not-to-be-missed recordings. Gioia reveals the inner workings of the main jazz styles and how to approach the work of the leading jazz innovators. But above all he teaches about the listening process itself and how carefully cultivating it can enrich your musical experience for the rest of your life. • Ted Gioia is a musician and an award-winning music historian. His book The History of Jazz has sold 100,000 copies worldwide and was selected as a New York Times Notable Book of the Year. His writings have appeared in The New York Times, the Los Angeles Times, Salon, The Atlantic, the San Francisco Chronicle, American Scholar, and Hudson Review. He served on the faculty of the jazz studies program at Stanford's Department of Music, which he helped establish. Gioia is also a renowned jazz pianist, and has recorded three albums, The End of the Open Road, Tango Cool, and The City is a Chinese Vase.

Spring 2016 • Music • 224 pages

World Rights: Basic Books

#### Laura Jacobs

### How to Look at Ballet

From fashion, film, and dance critic Laura Jacobs comes a new guide to looking at and loving ballet. o some, ballet represents the epitome of the lively arts—to others, it is simply mystifying. Laura Jacobs explains ballet to all of us; from its history and language, to its most brilliant ballets and choreographers, even to a look at how the art form is evolving, to help us understand and appreciate ballet with new depth and pleasure. • Laura Jacobs is a contributing editor at Vanity Fair and is also the dance critic for The New Criterion, where she has been since 1994. She has written about dance for The Atlantic, the Chicago Reader, and Boston Phoenix, and about fashion for The New Republic and The Modern Review. She also served as editor in chief of Stagebill, the national program magazine. A collection of her New Criterion essays was published as Landscape with Moving Figures, and she is also the author or co-author of two novels and three books on fashion.

Spring 2018 • Dance/The Arts • 224 pages

World Rights: Basic Books

### Bruce Boyer

### True Style: The History and Principles of Classic Menswear

"G. Bruce Boyer has, in essence, created an encyclopedia of men's fashion and style. . . *True Style* is the most comprehensive and all-encompassing volume on the topic of men's fashion that has ever passed in front of these eyes. . . Besides the advice, the wonderful and knowledgeable narrative, Mr. Boyer offers the reader the history, an aspect of fashion and style that is so often overlooked within this genre of books." —Jeffrey Felner, *New York Journal of Books* 

"Mr. Boyer is the most important and influential menswear writer of the last forty years."—The Hogtown Rake

"True Style combines historical insight, an elegant turn of phrase and sartorial authority, all enhanced with timeless illustrations. It is the perfect complement to the connoisseur's wardrobe and book shelf."—Christopher Breward, University of Edinburgh

**Bruce Boyer** is currently a contributing fashion editor at *Town & Country* and a consulting curator at The Museum at the Fashion Institute of Technology. He has authored, coauthored, or contributed to numerous books on fashion. He has served as the men's fashion editor at *Town & Country*, and his articles have appeared in *Esquire*, *Harper's Bazaar*, *Forbes*, *New York Times*, and *New Yorker*, among other national and international magazines. Boyer has also taught English literature at Morvian College and DeSales University. Basic will publish Boyer's *All Shook Up: The 1950s and the Rise of American Menswear* in spring 2017.

September 2015 • Fashion • 256 pages • World Rights: Basic Books

### W. David Marx

### Ametora: How Japan Saved American Fashion

"W. David Marx's *Ametora* is a careful, complex, wildly entertaining cultural history of the highest caliber. This book will obviously be of immediate and considerable appeal to Japanophiles, classic-haberdashery connoisseurs, and other assorted fops, but its true and enormous audience ought to be anyone interested in the great hidden mechanisms of international exchange. In an age overrun with hasty jeremiads about the proliferation of global monoculture, Marx has given us quite a lot to reconsider. *Ametora* is a real pleasure." Gideon Lewis-Kraus, author of *A Sense of Direction* 

"W. David Marx is our most insightful observer of the pop culture traffic between Japan and the U.S.A. Focused on fashion, *Ametora* tells the fascinating, intricate story of how Japan—the most style-obsessed country on earth—has beaten America at its own game, in the process established itself as the world's leading nation for curation, simulation, and mutation." Simon Reynolds, author of *Rip it Up and Start Again*.

"This is what happens when a really smart person takes on a really interesting topic. Japanese culture and fashion come shining into view." Grant McCracken, anthropologist and author of *Culturematic and Chief Cultural Officer* 

**W. David Marx** is a writer on Japanese fashion, music, and culture. A former editor of the Tokyo-New York street culture magazine *Tokion*, his articles have appeared in *GQ*, *Harper's*, *The Fader*, and *Nylon*. He holds a bachelor's degree from Harvard in East Asian Studies and a master's degree in business and commerce from Keio University.

December 2015 • Men's Fashion • 288 pages • color illustrations • World Rights: Basic Books

# Da Capo Press

Susan Silverman

### Casting Lots: Creating a Family in a Beautiful, Broken World

What does it mean to be a mother? Professional woman? Wife and partner? Sister, daughter...? How do we discover the true meaning of identity? As a child, Susan Silverman was surrounded with a loving family—even if her parents weren't happily married, they were devoted to their kids. Not a terribly faith-based family, social justice was the religion practiced at the Silvermans' home. Silverman's vibrant, funny, imminently relatable voice tells of a family's evolution, from her parents' devastating loss of their infant son, to raising their bright, funny, riotously individual daughters. And it's also a creation story of her own family: giving birth to her own three bright, funny, wildly individual daughters, and the journey the family makes to adopt two boys from Ethiopia. A meditation on identity, faith, and belonging, the book will resonate with anyone who's struggled to find her own place in the world, what that place is, and how to create and sustain a family in a world full of chaos. • Susan Silverman is a writer, activist and speaker. She has written for and appeared in *The Forward*, *The* Boston Globe, The New York Times, The Daily Beast, The Huffington Post, The Jerusalem Post, The New York Post, Al Jazeera, and CNN, among others. She speaks on social justice issues, including partnering with her sister, comedian Sarah Silverman, to address issues and ideas of common concern, most recently at Lincoln Center as part of Tina Brown's "Women in the World" conference. She is the co-author, with her husband, of Jewish Family & Life.

March 2016 • Memoir • 256 pages World Rights: Da Capo Press

### Stephen Bown

White Eskimo: The Incredible Journeys and Timeless Stories of Knud Rasmussen "A thorough, insightful biography ... Bown emphasizes the sheer vitality and charisma of Rasmussen, who shared his celebrity spotlight with the Inuit hunters, dog-sled drivers, and others who were key to the success of the expeditions. A vivacious study that will surely revive interest in the writings of this towering explorer and ethnographer."—Kirkus Reviews

"In the history of Arctic exploration Knud Rasmussen stands alone, a brilliant anthropologist, an explorer of relentless determination, an entrepreneur of adventure, and a man who moved effortlessly between cultural worlds because he was truly a child of both. This compelling book is a marvelous tribute to an extraordinary explorer and the lands and peoples who made him great."—Wade Davis, author of *Into the Silence: The Great War, Mallory, and the Conquest of Everest* 

"At last a book about Knud Rasmussen in English...and at last readers on this side of the Atlantic can discover what a Renaissance man Rasmussen was — explorer, ethnographer, author, film-maker, and raconteur! I tip my toque to Stephen Bown for bringing the great Dane to our attention."—Lawrence Millman, author of *Last Places* and *Hiking to Siberia* 

**Stephen Bown** is the author of several books, including *The Last Viking: The Life of Roald Amundsen* and *Merchant Kings: When Companies Ruled the World, 1600–1900.* 

November 2015 • Biography/Anthropology/History • 300 pages World Rights: Da Capo Press

### Robert P. Watson

### The Nazi Titanic: The Incredible Untold Story of a Doomed Ship in WWII

Built in 1927, the German ocean liner *Cap Arcona* was the greatest ship since the RMS *Titanic*. When the Nazis seized control, she was stripped down for use as a floating barracks and troop transport. Hitler's minister, Joseph Goebbels, later cast her as a "star" in the epic propaganda film about the sinking of the legendary *Titanic*. In the Third Reich's final desperate days, when SS *Cap Arcona* was mistakenly bombed by the British Air Force, concentration camp prisoners packed the ship. Although the British government sealed many documents pertaining to the ship's sinking, Robert P. Watson has unearthed forgotten records and conducted many interviews. *The Nazi Titanic* is a riveting and astonishing story about an enigmatic ship that played a devastating role in World War II. • Robert P. Watson, a prominent historian and frequent political commentator, is the author or editor of thirty-six books, including *America's First Crisis*, which received a 2014 IPPY Gold Medal for history.

April 2016 • History • 288 pages • World Rights: Da Capo Press

### Robert Lyman

# Among the Headhunters: An Extraordinary World War II Story of Survival in the Burmese Jungle

Flying between India and China in 1943, a twin engine plane suffered engine failure and crashed over the mountains of Burma. Among the passengers and crew were celebrated CBS journalist Eric Sevareid, a Soviet double-agent posing as an OSS operative, and General "Vinegar Joe" Stillwell's personal political adviser. Against the odds, all but one of the twenty-one people on the doomed aircraft survived. But they fell from the frying pan into the fire. Disentangling themselves from their chutes the shocked survivors discovered that they had arrived in wild country dominated by the Nagas--notorious headhunters—and Japanese soldiers. Historian Robert Lyman brings us the first-ever account of this incredible true World War II story of the adventures of these men among the Naga warriors, their sustenance from the air by the USAAF, and ultimate rescue by a military expedition. • Robert Lyman is widely regarded as one of Britain's most talented military historians, with fourteen highly praised books, specializing in World War II stories. He was commissioned from the Royal Military Academy at Sandhurst into the Light Infantry in 1982 and spent twenty years in the British Army. He is an elected Fellow of the Royal Historical Society.

May 2016 • History • 288 pages • World Rights: Da Capo Press

### Simon Read

### Winston Churchill Reporting: Wartime Adventures in the Age of Empire

Many know Winston Churchill as Britain's courageous wartime leader, but few know about his time as a young war correspondent. Winston Churchill Reporting is the first Churchill biography to focus solely on the years between 1895 and 1900, when Churchill reported on the wars of empire in Cuba, India's Northwest Frontier, the Sudan, and South Africa. During this time Churchill transformed into the man he would become: a man with a masterful command of language, unwavering courage, and a love of a good cigar and the pleasant burn of a glass of whisky. While serving as a foreign correspondent, Churchill was right in the middle of warfare, often participating in combat himself. Although a work of history and biography, Winston Churchill Reporting is an enthralling tale of high-stakes global adventure, based on Churchill's newspaper articles, numerous personal letters, and the journals of other soldiers.

• **Simon Read** is an award-winning former British newspaper reporter and author of seven nonfiction books, including *The Killing Skies: RAF Bomber Command at War*.

September 2015 • Biography • 288 pages • World Rights: Da Capo Press

### Stephen Harding

### Last to Die: A Defeated Empire, a Forgotten Mission, and the Last American Killed in World War II

"This is a rarity: an entirely new World War II story. It reads like an adventure novel yet is a deeply researched work from the hand of a smart and seasoned historian. A *tour de force* of discovery and storytelling."—Donald L. Miller, author of *Masters of the Air* 

"Harding, a military-affairs journalist, has woven together letters, interviews with family and friends, and both Japanese and American military records to provide an intense, quietly moving, and, of course, sad chronicle of a young life cut short...Harding treats the youth with admiration and affection that elicits compassion without becoming cloying or melodramatic. This is a superb look at the life and death of one young man among millions of others who loved, were loved by others, and died too soon."--Booklist

"[Harding] seems to be making a specialty of the forgotten closing episodes of WWII...In a neat blend of military and technological history, Harding links Marchione's story to the development of the aircraft he staffed, a lumbering target called the Consolidated Dominator...A worthy sortie that explores a curtain-closing moment in history that might have gone very badly indeed."—*Kirkus Reviews* 

"[A] meticulously researched account of the days following Japan's surrender... [Harding] relates his gripping account of the fight between Japanese and American forces in breathless detail, and the tale is impressive and inspiring, as is Harding's determination to tell it."—Publishers Weekly

**Stephen Harding** is author of the *New York Times* best seller *The Last Battle*. He was for many years the managing editor at *Soldiers*, the official US Army magazine; he is currently senior editor at *Military History* magazine. He has contributed many articles to military, aviation, and defense-industry magazines. His other books include *Great Liners at War, Gray Ghost*, and *Voyage to Oblivion*.

May 2015 • History • 288 pages • World Rights: Da Capo Press

### Stephen Harding

### The Castaway's War: One Man's Battle Against Imperial Japan

The Castaway's War tells the miraculous account of one man's survival and heroism during the Pacific War. When the USS Strong was destroyed by a Japanese torpedo in the summer of 1943, Lieutenant Hugh Barr Miller found himself marooned on an island in the Kula Gulf of the South Pacific. Despite severe internal injuries, Miller waged a one-man war against the Japanese forces patrolling the island. Equipped with scavenged weapons taken from dead enemy soldiers, Miller bombarded the island's Japanese occupiers and cleverly evaded capture. Part military history and part gripping survival tale, Harding's rivals such enthralling narratives as Castaway and The Pacific.

May 2016 • Military History / Survival • 288 pages • World Rights: Da Capo Press

### Also by Stephen Harding

# The Last Battle: When US and German Soldiers Joined Forces in the Waning Hours of World War II in Europe

\*A New York Times best seller

World Rights: Da Capo Press; Chinese (simp.): Xinhua; Czech: Albatros; Dutch: Walburg; French: Ixelles; German: Zsolnay Verlag; Japanese: Hara Shobo; Polish: Wydawnictwo Amber

### Gregg Zaroya

### The Chosen Few

A single company of US paratroopers—75 soldiers—arrived in eastern Afghanistan in late 2007, hoping to win the hearts and minds of the local mountain people in a remote backwater valley accessible only by helicopter. Instead, they spent the next fifteen months in a desperate death struggle, living under almost continuous attack, forced into a slow and grinding retreat from the valley, and always out-numbered by Taliban fighters descending on them from all sides. They were known as C Company or Chosen Company, but they called themselves the "Chosen Few." Week after week, they fought the enemy face to face in lopsided battles where the odds were always against them; every day and night held the promise of close-quarters combat, always out-numbered, always on the defense, always with the enemy closing in from all sides, and always on the Talban's terms. In the end, those who survived came home to a different kind of victory--not of enemies destroyed or cities captured; indeed, every bit of what they fought for fell back into Taliban hands. What they came away with was the distinction of being one of the most bloodied and decorated fighting units of America's modern wars. Two among them would receive the Medal of Honor for valor in combat. All of them would be forever changed. • Gregg Zoroya is an award winning journalist for USA Today. In more than a decade of war coverage, he has made sixteen trips to Iraq and Afghanistan, covering not only breaking news from the war zone, but the broken minds and bodies that inevitably result from combat. Currently he covers the effect of war on troops and their families, and the problems Iraq and Afghanistan veterans face leaving the military for civilian life.

May 2016 • Military & History • 288 pages

World Rights: Da Capo Press

### Harlow Giles Unger

### Henry Clay: America's Best Statesman

In a startling and little known chapter of early American history, author Harlow Giles Unger reveals how a fearless Kentucky lawyer threw open the doors of Congress during the nation's early years, cleansed it of corruption, and prevented the dissolution of the infant American republic for more than fifty years. The only freshman congressman ever named Speaker of the House, Henry Clay wore an ear-to-ear grin that disguised an arsenal of some of the most powerful rhetorical weapons ever loosed in Congress. During his career, Clay was able to summon uncanny negotiating skills and bring bitter foes together at the conference table. He authored the famous "Missouri Compromise" and thwarted civil war four times "by a power and influence which belonged to no other statesman of his age and times," according to his great admirer and political protégé, Abraham Lincoln. Absorbing and richly illustrated, *Henry Clay* is the story of one of the most courageous political leaders in American history. • An acclaimed historian, **Harlow Giles Unger** is a former Distinguished Visiting Fellow at George Washington's Mount Vernon. He is the author of more than twenty books, including ten biographies of America's Founding Fathers and three histories of the early republic.

September 2015 • Biography • 320 World Rights: Da Capo Press

John Doe and Tom DeSavia

### Under the Big Black Sun: A Personal History of LA Punk

Legendary punk rocker John Doe shares his journey from downtown New York City, at now-legendary clubs like CBGBs and Max's Kansas City, to the land of sunshine, where he met his artistic counterparts Exene Cervenka, DJ Bonebrake, and Billy Zoom and formed X, the band that became synonymous with, and in many ways defined, LA punk. Along the way, Doe introduces readers to his contemporaries, from groundbreaking bands like the Germs, Black Flag, the Go-Go's, and so many others. Readers travel to the clubs—the Starwood, Whiskey-a-Go-Go, and the Masque—as well as to the street corners, empty lots, apartments, and squats that served as de facto salons for the musicians, and fringe players who met and hashed out what would define LA punk. • **John Doe** has worked as a roofer, an aluminum siding mechanic, a manager of poetry readings, a musician, and an actor. His band, X, continue to tour, most recently with Blondie and Pearl Jam. He has recorded eight solo records with numerous renowned singers and musicians and as an actor has appeared in over fifty films and television productions, including Road House, Great Balls of Fire, Boogie Nights, and Roswell. • Tom DeSavia is currently head of creative services for Songs Music Publishing, representing artists from Lorde to the estate of George Gershwin. Prior to joining Songs, DeSavia was a partner for the Los Angeles-based independent publishing company Notable Music.

April 2016 • Biography/Music • 300 pages

World Rights: Da Capo Press

#### Ken Hartman

# Goodnight L.A.: Big Hits, Fast Times, and Untold Tales from Inside Classic Rock's Legendary Recording Studios

From behind the windowless walls of a handful of well-hidden, unlikely-looking Los Angeles-area recording studios, legends-to-be such as Foreigner, Fleetwood Mac, Pat Benatar, Van Halen, Boston, the Eagles, Supertramp, Santana, and dozens more secretly created their album masterpieces: Rumours. Double Vision. Hotel California. Heaven Tonight. Hi-Infidelity. Crimes of Passion. Breakfast in America. Damn the Torpedoes. It was a time of astonishing creativity. It was a time of unprecedented fame and fortune. With access that only a longtime music business insider can provide, Goodnight, LA is filled with never-before-told stories about the most prolific and important period and place in rock and roll history. • Kent Hartman is the author of the Los Angeles Times bestseller and Amazon Top 100 The Wrecking Crew: The Inside Story of Rock and Roll's Best Kept Secret . He is a longtime music business insider and entrepreneur whose clients have included Elvis Presley Enterprises, America, Lyle Lovett, Hall & Oates, Kenny Loggins, Counting Crows, Chicago, Garbage, Kansas, Eddie Money, Three Dog Night, and many others. His official author's website can be found at KentHartman.com.

Spring 2016 • Music/History • 256 pages

World Rights: Da Capo Press

### David Browne

### So Many Roads: The Life and Times of the Grateful Dead

"An all-encompassing narrative portrait of the iconic mid-20th century band The Grateful Dead...Much has been written about the band, but nothing quite as vibrant and vivid as So Many Roads."—*Billboard* 

"Browne is to be commended for telling the Dead's story completely and not just focusing on the band's glory years of 1969–74 (or 1977, depending on whom you ask)... It's hard to imagine a better book for a Dead neophyte to start with."—*Library Journal* 

"Whether you're a tie-dyed Deadhead, late-arriving "Touch"-head or merely curious, Browne's *So Many Roads* offers an engaging account of an idiosyncratic American musical institution."-*Milwaukee Journal Sentinel* 

**David Browne** is an acclaimed journalist and author of *Goodbye 20th Century: A Biography of Sonic Youth* and the recent *Fire and Rain.* 

April 2015 • Music/Biography • 512 pages World Rights: Da Capo Press

### Jesse Jarnow

### Heads: A Subcultural Biography of Psychedelic America

The Grateful Dead spent three decades touring America with their unique brand of rock combined with an eclectic mix of other styles, from jazz to blues to reggae to folk. Their devoted fans, known as Deadheads, often followed them and kept in touch with each other even when not on tour with the band, forming a countrywide network that distributed not only drugs and bootleg music but ideas. In Heads, Jesse Jarnow traces the hippie ideology embraced and spread by the Deadheads and chronicles its history, growth, and surprising reach today—it influenced individuals ranging from Steve Jobs to the members of the Occupy movement. Light and fun in style but serious in its scholarship and research, this book uncovers how successive generations of "Heads" shaped the California hinterlands, Silicon Valley, the Internet, and ultimately the way culture and business are conducted in the United States and around the world. • Jesse Jarnow is a journalist whose writings on music, technology, and counterculture have appeared in publications including the London Times, Spin, Associated Press, Salon.com, San Francisco Chronicle, All Music Guide, Village Voice, Los Angeles Review of Books, Millions, and Rolling Stone. His first book, Big Day Coming: Yo La Tengo and the Rise of Indie Rock, was published in 2012.

September 2015 • Music • 384 pages

World Rights: Da Capo Press

### Gerard Koeppel

### City on a Grid: How New York Became New York

City on a Grid tells—for the first time—the fascinating story of the creation and long life of New York City's distinctive street grid: its many streets crossed at right angles by a few parallel avenues laid upon a rural Manhattan two centuries ago. The grid made New York what it is today, and defined the urbanism of a rising nation. When it was first conceived at the start of the nineteenth century, the grid was intended to bring order to the chaos of "Old New York"—the quaint, low-scale, but notoriously dirty and disorderly place of jumbled colonial streets that had sprouted from the southern tip of the island from its earliest days. In lively prose Koeppel tells the grid's story: the events that led to it, how the commissioners and their surveyor came up with their plan, and how the lengthening life of the city has been utterly shaped by it. Whether one loves or hates New York's grid, little has been written to explain how it came to be, who did it and why. Until now. • Gerard Koeppel is the author of Bond of Union: Building the Erie Canal and the American Empire, and Water for Gotham: A History. His writing about New York City appears in numerous books, reference works, newspapers, journals, museum exhibits, and historical signage at city parks. He lives just inside the southern boundary of the Manhattan grid.

October 2015 • History/Architecture • 336 pages

World Rights: Da Capo Press

James Guiliani with Charlie Stella

# Dogfella: How an Abandoned Shih Tzu Named Bruno Turned This Mobster's Life Around—a Memoir

How does a former mob enforcer, ex-convict, suicidal junkie, and alcoholic become a loving and passionate animal rescuer? James "Head" Guiliani served as the brawn and confidante of the infamous Gambino crime family until he was arrested on a weapons possession charge. When released, he spiraled into a debilitating addiction to drugs and alcohol. Only a chance meeting with his future wife saved his life by bringing him back from the brink of suicide. After rescuing an abused shih tzu, Guiliani dedicated his life to the protection and care of stray animals. In this inspiring tale of salvation, Guiliani tells all, from his involvement with the Gotti regime and his incarceration to his work for the Kenos Animal Rescue Shelter and the incredible animals he has rescued from maltreatment and death. • James Guiliani now spends his days caring for and rescuing animals with his wife, Lena. • Charlie Stella is the critically acclaimed author of numerous crime novels and short stories. His novel *Charlie Opera* was picked by *Publishers Weekly* as a Mystery Book of the Year in 2003.

June 2015 • Autobiography/Mafia/Animals • 256 pages World Rights: Da Capo Press

# Da Capo Lifelong Books

### Bruce Turkel

### All About Them: Why the Key to Your Greatest Success Is Not About You

Branding expert Bruce Turkel shows the reader, *All About Them* can make all the difference in the world when it comes to success in business and branding. The best companies, the most powerful politicians, and the most successful salespeople live by these three words, because when they focus their brand on their customers instead of themselves, their businesses flourish. With concrete, ingenious examples that any lay reader can appreciate—the first chapter alone covers book signings, flat screen TVs, Toyota vs Honda, and the 2008 presidential election—*All About Them* will show readers how to use this simple but extremely powerful influence technique. • Bruce Turkel studied design at the University of Florida and began his advertising career in New York City. In 1983 he founded the award-winning design and advertising firm Turkel Brands that works with household-name companies, including Discovery Channel, HBO, Bacardi, and more, to establish, protect, and expand their brands. He has lectured at Harvard, MIT, NAMM, the Travel + Leisure International Tourism Symposium and hundreds of corporate conferences around the world. He is the author of *Brain Darts* and *New Design: Miami*.

October 2016 • Business • 320 pages World Rights: Da Capo Lifelong Books

#### Chris Kornelis

### Rocking Fatherhood: How to Be a Dad—And Awesome at the Same Time

Music journalist Chris Kornelis didn't know the first thing about pregnancy or what followed when his wife Betsy became pregnant with their first child, Thomas. But he dug in and did his research, offering it up here in his hip and funny way for new dads everywhere. Kornelis offers a week-by-week explanation of pregnancy, giving new dads an understanding of what's happening to their lady, while also addressing the changing realities that men face during this time: the dreaded lack of sleep, and all of the rest. Ultimately, fathers who feel more comfortable approaching pregnancy and childcare make better, more engaged dads. And in an economic and social climate where the engagement of fathers has become necessary, not optional, clearing away the stress and anxiety surrounding pregnancy and childrearing is critical. There isn't a better time for a voice-driven, clear-headed guide for dads, covering the scientific essentials while addressing everything from swaddling to Baby Bjorns to keeping your record collection. • Chris Kornelis is a regular contributor to The Wall Street Journal, and has written for Village Voice, Seattle Times, The Atlantic, LA Weekly, Rolling Stone, and others. He recently collaborated with Duff McKagan on his memoir, How to Be A Man (and Other Illusions). Kornelis lives with his wife and their two kids near Seattle, Washington.

April 2016 • Parenting/Fatherhood • 240 pages, b&w illustrations World Rights: Da Capo Lifelong Books

### Heather Corinna

# S.E.X: The All-You-Need-to-Know Sexuality Guide to Get You Through High School and College, $2^{nd}$ Edition

A consistent #1 bestseller on *Amazon.com* for the Teen Sexuality & Pregnancy genre, *S.E.X* is also the most widely used book by those working with youths and families. Sex educator Heather Corinna discusses contraceptive methods, gender identity, and STI statistics, and includes chapters on sex readiness, and how to determine what kind of relationship one is looking for. In addition, there are separate sections for parents and educators with information on the use of technology in relationships, sexting, online relationships, and harassment. This guide provides the answers to the questions teens need to ask, and an educated look at everything one needs to know about sexuality. • **Heather Corinna** is the founder of the sex education site, *scarleteen.com*, which has been rising in popularity since its publication 17 years ago. *Scarleteen.com* has over 5,000,000 visitors each year, and her social media platforms such as *Twitter*, *Facebook*, and *Tumblr* have an incredible number of followers. Corinna has also been acknowledged for her pioneering work in the sexuality education field by being awarded The Society for the Scientific Study of Sexuality Public Service Award (2009), and the Joan Helmich Educator of the Year Award (2012), amongst others.

Spring 2016 • Personal Growth/Health • 400 pages World Rights: Da Capo Lifelong Books

### Jeffrey Bernstein

### 10 Days to a Less Defiant Child, Second Edition

Occasional clashes between parents and children are not uncommon, but when defiant behavior—including tantrums, resistance to chores, and negativity—becomes chronic, it can cause big problems within the family. In 10 Days to a Less Defiant Child, child and family psychologist Dr. Jeffrey Bernstein shares a groundbreaking 10-day program to help parents gain back control over their defiant child or teen. The updated guide addresses challenges that today's parents face (including new information on the rise of defiant behavior due to the Internet and Internet addiction and the effects of stress on family life). This guide explains what causes defiance in kids as well as why it's so destructive to the family and shows parents, step-by-step, how they can end the behavior. • Jeffrey Bernstein, PhD, a licensed psychologist specializing in child and family therapy, has helped hundreds of children and their families restore their relationships. A well-known relationship expert and author of Why Can't You Read My Mind? and 10 Days to a Less Distracted Child, he has appeared on The Today Show and Court TV, among other venues. Visit his website at DrJeffOnline.com.

June 2015 • Parenting • 320 pages

World Rights: Da Capo Lifelong Books; Chinese (c): Parenting Source Press; Chinese (s): Beijing Huanzhang Graphics; Russian: Family Leisure Book Club

### Jennifer Noonan

### No Map To This Country: One Family's Journey Through Autism

When Jennifer Noonan's child is diagnosed with autism, she decides to fight. She will end the screaming and the spinning in circles. She will end the listless stares and restore her children's ability to communicate. What follows is her gripping, but also wryly funny, multi-year journey into the latest science and treatments in order to rescue her kids and her family from autism. This book draws its title from an Emily Perl Kingsley essay "Welcome to Holland": Kingsley, a children's book author and longtime writer for Sesame Street, was the mother to a Down Syndrome child and her essay equates the experience of raising a child with a disability to planning a trip to Italy and realizing you are in Holland. If you spend your life mourning the fact that you didn't get to Italy, Kingsley says, "you may never be free to enjoy the very special, the very lovely things ... about Holland." That directly relates to Noonan's story and her son Gideon's being diagnosed with autism. • For many years Jennifer Noonan has created and maintained a website for autism parents, www.thegfcflady.com, and has been hired to speak at events in the autism community. The videos of her son's developmental progress have received over 83,000 views to date, and her family has been featured in the upcoming autism documentary, Restoring Balance. Pediatric gastroenterologist Dr. Arthur Krigsman, who has been at the cutting edge of this field for two decades and has published several groundbreaking studies and has given his full support for Jennifer Noonan's book.

March 2016 • Autobiography/Parenting• 288 pages

World Rights: Da Capo Lifelong Books

### Claudia Gold

### The Silenced Child: From Labels, Medications, and Quick-Fix Solutions to Listening, Growth, and Lifelong Resilience

Are children and adolescents being silenced, and their growth stunted in this age of labels, medication, and frantically rushed lives? Claudia Gold reveals the astonishing power of listening in parent/child and doctor/patient relationships. Through vivid and perceptive stories and new insights from neuroscience, Claudia Gold shows how being listened to relieves conflict, builds resilience and actually changes a child's brain. This happens in all kinds of relationships: parent and child, doctor and child, doctor and parent, teacher and student, in the healing of adolescent depression, and in the prevention of postpartum depression. Dr. Gold helps parents and caregivers resist the pressures of hasty diagnoses and make the time and space that children of all ages, and parents themselves, need in order to grow and to flourish. • Claudia Gold, MD practices behavioral pediatrics in Great Barrington, MA. The author of Keeping Your Child In Mind, her articles on behavioral and mental health issues, in print and online, are widely followed. She is a graduate of the scholar's program of the Berkshire Psychoanalytic Institute, and of the UMass Boston Infant-Parent Mental Health Fellowship.

April 2016 • Psychology/Child Psychology • 240 pages

World Rights: Da Capo Lifelong Books

### T. Berry Brazelton, and Joshua D. Sparrow

### Discipline: The Brazelton Way, revised edition

Discipline: The Brazelton Way shows how normal physical, emotional, and intellectual growth spurts can lead to conflicts and testing behavior. For each problem—defiance, lying, stealing, fighting and biting, and foul language—Drs. T. Berry Brazelton and Joshua D. Sparrow offer both understanding and practical solutions, coming to the rescue with empathy, warmth, and wisdom, leading parents step-by-step through these trying struggles. With the doctors' unparalleled understanding and experience, parents will emerge from the turmoil relieved, empowered, and full of new pleasure in the strength and progress of their child. • T. Berry Brazelton, MD, founder of the Child Development Unit at Children's Hospital Boston, is clinical professor of pediatrics emeritus at Harvard Medical School and professor of pediatrics and human development at Brown University. He is a famed advocate for children, and his many other internationally acclaimed books for parents include To Listen to a Child, Infants and Mothers, and, with Stanley I. Greenspan, MD, The Irreducible Needs of Children. • Joshua D. Sparrow, MD, child psychiatrist and supervisor of inpatient psychiatry at Children's Hospital Boston, is assistant professor of psychiatry at Harvard Medical School and associate director of training at the Brazelton Touchpoints Center. He is coauthor with Dr. Brazelton of Touchpoints Three to Six and several titles in the Brazelton Way series.

June 2015 • Parenting • 192 pages • World Rights: Da Capo Lifelong Books; Italian: Cortina; Polish: Gdansk Psychology; Portuguese (Portugal): Presenca; Spanish (Lat. Am.): Norma

Other titles in the Brazelton Way series
Calming Your Fussy Baby
Mastering Anger and Aggression
Sleep
Toilet Training
Understanding Sibling Rivalry

Robert H. Pantell, James F. Fries, and Donald M. Vickery

# Taking Care of Your Child, Ninth Edition: A Parent's Illustrated Guide to Complete Medical Care

More than 1 million families use *Taking Care of Your Child* to handle everything from injuries and allergies to childhood diseases and everyday worries. Easy to use, even in a crisis, this book is the indispensable, definitive guide for parents. Readers simply look up a symptom and find a complete explanation of probable causes, how serious they might be, and how to quickly alleviate the problem at home. Easy-to-follow decision charts show exactly when to see a doctor. The ninth edition is a major revision, while maintaining the original philosophy that you can do more for your child's health than your doctor can. It covers more than 100 common complaints with clear advice on understanding the latest technological advances in childhood health care. • James F. Fries, MD, is professor emeritus in the Immunology and Rheumatology Department at the Stanford School of Medicine. • Robert H. Pantell, MD, is professor of pediatrics at the University of California, San Francisco. • Donald M. Vickery, MD, founded Health Decisions International, a self-diagnosing software tool for doctors and patients. He was head of the nonprofit Self-Care Institute.

June 2015 • Health and Fitness • 304 pages World Rights: Da Capo Lifelong Books Mark Kistler

You Can Draw it in Just 30 Minutes: See It and Sketch it in a Half-Hour or Less Kistler's first book for adults, You Can Draw in Thirty Days, has become a category leader, much loved and with strong sales. With this new book he brings us more of his fun and easy art lessons. For every aspiring master artist, there are five people who want to be able to sit down and just draw something. No practice, no endless sketchbooks—just a complete drawing in one sitting. You Can Draw It in Just 30 Minutes provides 25-30 complete drawing lessons with photos and illustrations. Each drawing is designed to be completed in half an hour—and teaches you techniques and skills along the way that you can use to be a better artist. Kistler offers "art hacks"-drawing shortcuts for artists and explains it all with his irreverent and empathetic style. • Mark Kistler is the author of nineteen books. He has worked as a classroom educator, a large audience presenter, an Emmy award-winning television personality, a bestselling author/illustrator, a popular "virtual" instructor, and a respected drawing teacher for both adults and children. Each year, Mark Kistler travels to scores of schools presenting his "Drawing in 3-D" assemblies and his evening Family. His YouTube channel (youtube.com/user/MarkKistler) has been viewed by over 500,000 aspiring artists, and has more than 3,000 subscribers. Kistler will film a few free

June 2016 • Art • 256 pages

World Rights: Da Capo Lifelong Books

lessons from the book on YouTube

Also by Mark Kistler

### You Can Draw in 30 Days

World Rights: Da Capo Lifelong Books; Chinese (c): Ecus; Chinese (s): Shanghai

People's; Korean: Candy Book; Russian: Mann, Ivanov, and Ferber

Regina Leeds

## Rightsize ... Right Now! The 8-Week Plan to Organize, Declutter, and Make Any Move Stress-Free

The word "moving" can inspire dread and panic in anyone who has ever had to deal with the stress that comes with packing and unpacking a home. Even the most easygoing person can turn into a wreck on moving day. But does it have to be that way? New York Times best-selling author Regina Leeds sees moving as an opportunity to start fresh, downsize, and simplify your life. Her innovative eight-week plan outlines how you can clear clutter, organize, pack, and prepare for the new space. Whether moving into a new house, apartment, or dorm room, readers of this practical plan will be able to settle into a simpler, cleaner home and avoid the stress that comes with moving. • Regina Leeds is the New York Times best-selling author of One Year to an Organized Life. She has been a professional organizer for over 20 years and was named best organizer by Los Angeles magazine

March 2015 • Self-Help/Organizing • 256 pages

World Rights: Da Capo Lifelong Books

Also by Regina Leeds: The 8-Minute Organizer One Year to an Organized Work Life Lauren Kessler

### Raising the Barre: Big Dreams, False Starts, and My Midlife Quest to Dance the Nutcracker

When 12-year-old Lauren Kessler overheard her ballet instructor tell her mother that she would never be a dancer—the key phrases he used were "bottom heavy" and "thighs"—it seemed the end of her ballet ambitions, though she retained a strong and lasting adoration for the art. Now at her life's midpoint, Kessler realizes that she wants to pick up where she left off and embark on the journey of becoming a ballerina good enough to dance in The Nutcracker. Between getting her body into ballet shape and finding a dance company willing to let her join its production, there is no easy road for Kessler, and she knows it. With dedication and discipline, she immerses herself in Pilates and yoga, donning toe shoes and tutus, all while discussing the language and history of ballet. In this real-time work of immersive journalism, Kessler details her transformation from a relatively fit middle-aged woman into a graceful ballet dancer and explores the cultural fascination with ballet and society's expectations of women's bodies. This narrative is an inspirational saga of battling the voices in your head telling you that you're "too fat" or "too old" or just plain saying "no." Kessler leads by example, overcoming these voices entirely to fulfill her childhood dream. • Lauren Kessler is director of the University of Oregon's narrative journalism graduate program and has appeared in the New York Times, Los Angeles Times, and Ladies' Home Journal. She most recently authored Counterclockwise.

November 2015 • Self-Help/Memoir • 240 pages

World Rights: Da Capo Lifelong Books

Barry J. Jacobs and Julia Mayer

### AARP Time for Me: Mindfulness Meditations for Caregivers

Being a caregiver brings strain, including burnout, depression, anxiety, missed work, adult sibling conflicts, and marital issues; but caregivers can often also grow personally and spiritually through providing care to a loved one. Clinical psychologists Barry Jacobs and Julie Mayer blend emotional and spiritual inspiration to minimize caregiving's strains and maximize the gains. Hopeful and supportive, they help readers understand caregiving as a mission and encourage them to keep their values in mind even in the midst of caregiving stress. • Barry Jacobs and Julie Mayer have done extensive writing and public speaking in the caregiving field for more than 20 years. In addition to his practice helping individuals and families cope with serious and chronic illnesses, Jacobs is the national spokesperson on family caregiving for the American Heart Association/American Stroke Association. He is also on the expert panel for the AARP Advisory Panel and writes a monthly caregiving column for AARP.org. Julie Mayer teaches psychology and creative arts therapy and is the author of the novel A Fleeting State of Mind. Dr. Mayer has a private practice is in Media, Pennsylvania, where she specializes in women's issues, including caregiving and other relationship concerns.

June 2016 • Self-Help/Elder Care • 224 pages

World Rights: Da Capo Lifelong Books

Ellen Langer

### The Power of Mindful Learning, revised with a new introduction

A path to relief.... A fresh, thoughtful plea—notably free of 'edubabble'-- for exploring strategies of teaching and learning. —New York Times Book Review This radical and important work changed our understanding of the nature of learning and Dr. Langer's work continues to garner attention today. In The Power of Mindful Learning, Ellen Langer uses her innovative theory of mindfulness, introduced in her influential earlier book, to dramatically enhance the way we learn. In business, sports, laboratories, or at home, our learning is hobbled by certain antiquated and pervasive misconceptions. In this pithy, liberating, and delightful book she gives us a fresh, view of learning in the broadest sense. Such familiar notions as delayed gratification, "the basics," or even "right answers," are all incapacitating myths that Langer explodes one by one. She replaces them with her concept of mindful or conditional learning, which she demonstrates with fascinating examples from her research. With stunning applications to skills as diverse as focusing attention, CPR, investment analysis, psychotherapy, or playing a musical instrument, The Power of Mindful Learning is for all who are curious and intellectually adventurous. • Ellen J. Langer, Ph.D., Ellen Langer is Professor of Psychology at Harvard, and the recipient of a Guggenheim Fellowship, three Distinguished Scientist Awards, the World Congress Award, the NYU Alumni Achievement Award, and the Staats award for Unifying Psychology. She is recognized as having brought the concept of mindfulness into Western psychology, and has been called "the mother of mindfulness."

March 2016 • Psychology/Creativity • 208 pages

World Rights: Da Capo Lifelong Books: Chinese (s): Cheers Publishing; Korean: Gilbut

Ellen J. Langer

## Mindfulness, 25th Anniversary Edition with a new introduction \*Over 250,000 copies sold.

"The mindless following of routine and other automatic behaviors leads to much error, pain and a predetermined course of life, contends [Ellen J.] Langer, Harvard professor of psychology, in this thought-provoking study in which she 'translates' for lay readers the findings of her research. With anecdotes and metaphors, she explains how the mindless—as opposed to the mindful—develop mindsets of categories, associations, habits of thought born of repetition in childhood and throughout schooling. To be mindful, she notes, stressing process over outcome, allows free rein to intuition and creativity, and opens us to new information and perspectives. Langer discusses the negative impact of mindsets on business and social relations, showing special concern for the elderly, who often suffer from learned helplessness and lack of options. Encouraging the application of mindfulness to health, the author affirms that placebos and alternative, mind-based therapies can help patients and addicts move from unhealthy to healthy contexts." —Publishers Weekly

**Ellen J. Langer**, PhD, professor of psychology at Harvard University, is author of *The Psychology of Control, Mindfulness, The Power of Mindful Learning, On Becoming an Artist*, and *Counterclockwise*. Her work has been translated into a dozen languages. She has received a Guggenheim Fellowship and numerous awards, including the American Psychological Association's Award for Distinguished Contributions to Psychology in the Public Interest.

October 2014 • Psychology/Self-Help/Creativity • 272 pages • World Rights: Da Capo Lifelong Books; Chinese (c): Ecus Publishing House; Chinese (s): Cheersbooks; French: Dunod; German: Vahlen Verlag; Italian: Corbaccio; Japanese: PHP Institute; Korean: Gilbut Publishing; Turkish: Pegasus Yayinlari

### Meg Keene

### A Practical Wedding: The (Practical) Planner

Since its release in 2012, Meg Keene's rational look at wedding planning in A Practical Wedding has consistently remained one of the top-four best-selling books on Amazon. Now, this companion book provides the tools and details to transform her overview into reality. Here to help couples who are drowning in an Internet full of wedding ideas, A Practical Wedding: The (Practical) Planner gives no-nonsense logistical advice on how to turn readers' Pinterest boards into reality. This planner walks couples from start to past the finish line, hitting on topics like realistic budgeting, tips for finding wedding venues. and narrowing down DIY ideas into manageable projects to reduce stress and mess. Perfect for any modern bride and crammed with ideas inspired by the successful website APracticalWedding.com, this companion book helps readers plan their weddings in the real world. • Meg Keene is editor in chief and founder of APracticalWedding.com, now widely considered one of the top indie wedding brands. After writing her first book, A Practical Wedding: Creative Solutions for Planning a Beautiful, Affordable, and Meaningful Celebration, Keene has been quoted in the New York Times and Wall Street Journal and on NPR. Her website is routinely mentioned on sites like Jezebel, Refinery 29, and Daily Candy.

Fall 2015 • Reference/Weddings • 256 pages World Rights: Da Capo Lifelong Books

Dana Trentini and Mary Shomon

# Your Healthy Pregnancy with Thyroid Disease: A Guide to Fertility, Pregnancy and Postpartum Wellness

From a go-to thyroid expert and bestselling author of thyroid books and founder of hypothyroidmom.com, a book addressing the myriad concerns and issues for women with thyroid disease who are trying to conceive or are pregnant. Author Dana Trentini miscarried due to undiagnosed hypothyroidism. In tribute to the baby she lost, she launched the blog Hypothyroid Mom. Since its launch in 2012, it has 547,000 monthly page views, 158,000 of which are from 180 countries. Joined by Mary Shomon, one of the most prominent thyroid and health activists in the world they speak to both thyroid patients and those who can't conceive but don't know why. They will address how to recognize the risks, signs, and symptoms of thyroid problems, how to overcome thyroidrelated infertility, how to successfully manage thyroid problems during pregnancy, and how to deal with postpartum thyroid-related health challenges. Underpinning the narrative and personal storytelling are extensive references to scientific literature, guidelines for pregnancy, cutting-edge medical advice and the world's top voices in holistic and integrative health. • Dana Trentini has a Bachelor of Science degree in Neuroscience from the University of Toronto with High Distinction as well as a MA in Organizational Psychology and Ed.M in Counseling Psychology from Columbia University. • Patient advocate and author Mary Shomon transformed her 1995 thyroid diagnosis into a mission to educate and empower others struggling with thyroid and hormonal conditions. She has written a number of best-selling books on thyroid disease, hormones and weight loss, including the New York Times best-seller The Thyroid Diet and is a nationally-known patient activist. Shomon founded Thyroid-Info.com and started the popular Sticking Out Our Necks thyroid newsletter in 1997.

March 2016 • Health/Fertility • 290 pages • World Rights: Da Capo Lifelong Books

Natalie Jill

# Natalie Jill's 7-Day Jump Start: Unprocess Your Diet and Lose Up to 7 Pounds in 7 Days

What if eating an unprocessed diet for a week was made easy and delicious for even the busiest of dieters? And what if you only had to commit to an unprocessed lifestyle for 7 days to drop up to 7 pounds? When Natalie Jill was diagnosed with celiac disease and gaining weight fast from processed GF foods she turned to unprocessed foods as a way to beat her symptoms and lose weight. When she shared her experiences on social media, she found out how many people were going through the same thing, and how many thousands more were hungry for easy-to-understand tips and recipes. Most of her followers lose 5-7 pounds in the first week and achieve their total weight loss goals in 12 weeks. Now, this book combines Jill's best rules, recipes, and tools, addressing every question, concern, need, and solution. Readers will get practical meal plans, shopping lists, and guidelines, and inspirational stories and mindsets that work. • Natalie Jill, LMSN, is the founder, owner, and CEO of Natalie Jill Fitness. She holds a degree in Health and Human Performance from the University of Maryland and is a Licensed Master Sports Nutritionist and Functional Fitness Trainer. Jill is also a social media powerhouse with 425,000 followers on Instagram, 930,000 Facebook likes, and over 21 million views for her website and videos. Visit her at nataliejillfitness.com

April 2016 • Diet/health/Gluten Free • 256 pages World Rights: Da Capo Lifelong Books

Charles Nguyen, M.D., and Tu Nguyen, M.D., with Mary Ann Marshall **Thinsulin: The Doctors' Two-Stage Program to Help You Lose Up to 50 Pounds in 50 Days** 

This simple, easy-to-follow program targets the true culprit behind obesity: insulin levels. Dr. Charles Nguyen and Dr. Tu Nguyen explain how insulin levels affect weight, and reveals that many diets (Atkins, South Beach, Paleo) actually work by naturally lowering insulin levels. Through a focus on managing insulin rather than counting calories their plan combats the "weight-loss plateau," the discouraging lack of progress that many dieters experience after an initial period of weight loss. This medically vetted program, the product of the authors' 30 years of combined medical and psychiatric experience, explains how to manipulate the body's natural rhythms to promote continuous, healthy weight loss. • Charles Nguyen, M.D., is the medical director of the Lorphen Medical Weight Loss Clinic. His extensive research, clinical experience, teaching, and training in psychiatry offer a unique perspective to help his patients lose weight. His work on weight issues has appeared in various journals, and he frequently speaks at conferences. • Tu Nguyen, M.D., is the medical director of N.N. Medical, which provides medical management of weight loss with an emphasis on behavior modification. He is a diplomate of the American Board of Internal Medicine and has more than 15 years of experience as a bariatric internist. • Mary Ann Marshall is an author, editor and journalist. Marshall has been a regular contributor to Glamour, Ms., Cosmopolitan, and many other magazines. Visit her website at maryannmarshall.net.

Spring 2016 • Health and Fitness/Diet and Nutrition/Weight Loss • 272 pages World Rights: Da Capo Lifelong Books

### Allyson Kramer

# Light and Lean Gluten-Free Vegan: 125 Nourishing Whole Foods Recipes that are Low in Fat and High in Flavor

Allyson Kramer is a popular blogger and author of three books including *Sweet Eats for All.* This new title will be the go-to book for decadent dishes that you can feel good about eating. Many times, gluten-free and vegan cuisines can be loaded with sneaky fillers and not-so-nutritious ingredients. This book is packed with 125 recipes that are not only suitable for gluten-free vegans, but nutritious to boot, with chapters focusing on whole food ingredients. With no fillers, no added or refined sugars, no sketchy ingredients, and low calorie counts per servings, this is a must have for the health conscious foodie. • **Allyson Kramer**'s blog, ManifestVegan.com, has 160,000 unique monthly visits and 350,000 monthly page views with over 6,000 subscribers. Kramer has a degree in fine arts and she has become an authority on gluten-free vegan cuisine. Kramer's work has appeared in *Vegetarian Times*, *Huffington Post* and the *Philadelphia Inquirer*, as well as on the websites for *Bon Appétit* and *All You*, *Fine Cooking*, and *Bust*.

February 2016 • Gluten-Free/Vegan • 300 pages • World Rights: Da Capo Lifelong

Joe Tatta, DT, DPT, CCN

## The Healing Pain Diet: The Revolutionary Program to Conquer Weight-Loss Resistance, Treat Persistent Pain and Return to an Active Life

A doctor of physical therapy and clinical nutritionist shares a program to treat the link between pain and weight gain and conquer both. Dr. Joe Tatta has worked with thousands of clients helping them not only with physical care to reduce their pain but also nutritional information and a more holistic approach that takes into account each individual's emotional and mental barriers. In *The Healing Pain Diet*, Dr. Tatta shares his powerful three-pronged program, which includes a unique three-phase nutrition cleanse for weight loss and nutritional healing, a three-phase physical therapy and exercise program to strengthen and rejuvenate the body and a clear set of mind training to clear away fear and negative thought patterns. • Joe Tatta, PT, DPT, CCN is a Doctor of Physical Therapy and Certified Clinical Nutritionist and board certified in Orthopedics from the American Board of Physical Therapy Specialties. He is Co-Founder of Premier Physical Therapy & Wellness, one of the largest outpatient physical therapy providers in the New York Tri-State area.

September 2016 • Health and Diet • 304 pages • World Rights: Da Capo Lifelong Books

### Mark Reinfeld

### Healing with Vegan Foods: World Class Cuisine for Optimal Health

With all of the conflicting nutritional theories out there, it's hard to decide which foods and meals are truly healthy. Luckily, award-winning chef and author Mark Reinfeld can help show the way. In Reinfeld's latest book, *Healing with Vegan Foods*, he reveals a clear and simple path through the confusion, incorporating the latest medical findings and his own tips to help optimize readers' health. Once readers have mastered *Healing with Vegan Food*'s 25 basic template recipes, they will discover the secrets of how to create hundreds, even thousands more. An essential guidebook for every vegan, it includes advice for a healthy lifestyle, clear and concise explanations of nutritional theories, vegan travel tips, suggested cleanses, and easy world class recipes, from creamy vegan soups to scrumptious no bake cookies. • Mark Reinfeld has a MA in Holistic Nutrition and is the author of the acclaimed 30-Minute Vegan series. He is the founding chef of the Blossoming Lotus Restaurant. He is also the recipient of a Platinum Carrot Award for living foods.

April 2016 • Cooking /Vegan • 352 pages • World Rights: Da Capo Lifelong Books

### Staci Billis

# Make It Easy: One Hungry Mama's Guide to Cooking from Scratch—with Smart Store-Bought Shortcuts When You Need Them

The voice behind popular website OneHungryMama.com offers 3 simple rules and 120 mix-and-match recipes for making easy, healthy, family-friendly meals even when you don't have the time to do it all from scratch. Many family-friendly cookbooks seem to say that you have to be a scratch cook or a convenience cook. But in the real world—in real kitchens—the home cook is both. Sometimes you need a 20-minute, semi-homemade meal that is kid-approved, and other times you can slow down to make a dinner that everyone will enjoy. Offering 120 flexible recipes that fit real family life, from fast weeknight meals like a simple Salmon Avocado Rice Bowl to food projects like making Homemade Ricotta Cheese that you can do with the kids on a rainy day Billis is the real voice of home cooks—no judgment, just good food your family will love. • Stacie Billis is the founder of OneHungryMama.com, which receives over 40,000 unique visitors/month. A Food Editor at Cool Mom Picks, a site with 850k monthly page views and an estimated half million unique visitors/month (444k twitter followers), Stacie is now the Managing Editor of a new site, Cool Mom Eats.

April 2016 • Cooking • 272 pages World Rights: Da Capo Lifelong Books

### Terry Hope Romero

## Protein Ninja: 100 Plant-Based Recipes for Hardcore Soups, One-Pot Meals, and Saucy Bowls That Pack a Protein Punch

As vegan cuisine continues to evolve, more people are looking for healthier, protein-rich plant-based meals. Weeknight kitchen ninjas, everyday athletes, and busy people of the world deserve something better than another bean burger or protein shake for dinner. Terry Hope Romero leads the charge with 100 lean, mean recipes using a wide range of ingredients—from supermarket friendly staples to cutting-edge superfoods—along with an arsenal of gluten- and soy-free options. Recipes include soups, sauces and spreads, casseroles and salads. • **Terry Hope Romero** is author of several best-selling and award-winning cookbooks. In 2011 she was named Favorite Cookbook Author by *VeqNews*.

December 2015 • Cooking/Vegan • 208 pages • 50 color photos throughout World Rights: Da Capo Lifelong Books

### Charlyne Mattox

### Cooking with Seeds: 100 Delicious Recipes for the Foods You Love Made with Nature's Most Nutrient-Dense Ingredients

Seeds, plants' building blocks, contain the vitamins, minerals, proteins, essential oils, and enzymes needed to start a new life. Long hidden in granola and energy bars, seeds are moving into the spotlight, as scientists and health professionals discover their incredible nutritional and healing properties. Oil-rich varieties of seeds can boost energy; reduce cholesterol; promote heart, brain, and immune function; and even inhibit tumor growth. Incorporating nutrient-dense seeds into one's diet is a great way to boost nutrition without having to give up favorite foods. In *Cooking with Seeds*, Charlyne Mattox shares vital information about the unique nutritional profiles of pumpkin, chia, flax, hemp, poppy, sesame, and sunflower seeds, along with 100 recipes that reap each seed's health benefits and highlight its delicious flavor. • **Charlyne Mattox** is currently food and craft director at *Country Living* magazine. Previously, she was food editor at *Martha Stewart* and *Real Simple*.

September 2015 • Cooking • 220 pages • full-color photos throughout World Rights: Da Capo Lifelong Books

Isa Chandra Moskowitz

# Vegan With a Vengeance: Over 150 Delicious, Cheap, Animal-Free Recipes That Rock $10^{th}$ anniversary edition

Since **Vegan with a Vengeance** was originally published in 2005, it has become a classic in a cookbook category that just continues to grow. The tenth anniversary edition brings back the tasty recipes, chatty anecdotes, and money-saving tips that made the book such a hit—and it's now updated with a new foreword, new recipes, and tempting full-color photos throughout. *Vegan with a Vengeance* offers reliable, standby recipes for veteran vegans and cheap, easy ways for newbies and "part-time" vegans to get more plant-based foods into their diets. • **Isa Chandra Moskowitz** began her vegan cooking journey over two decades ago. In 2003, she created the Post Punk Kitchen community access TV show to give vegans something to watch. In conjunction with the show, she also started the PPK website to foster an online vegan cooking and baking community. Since then, she has authored and co-authored several vegan cookbooks.

May 2015 • Vegan Cookery • 304 pages World Rights: Da Capo Lifelong Books

#### Sherri Brooks Vinton

Eat It Up! 150 Recipes to Use Every Bit and Enjoy Every Bite of the Food You Buy Eat it Up! guides the reader on how to save money by fully utilizing all the ingredients, save time by getting more meals out of the food one buys, and save the planet by reducing food waste...but first and foremost, it's a book about pleasure, about mining one's fridge and cupboards for every bit of flavor available, every little morsel of great tasting stuff. Organized in an aisle-by-aisle format, Eat it Up! offers 150 recipes along with tips and tricks for using whole ingredients. Building off of the success of the popular Put 'Em Up! brand, Eat it Up! provides the essential skills you needed to create an efficient, well-run kitchen and turn out delicious, homemade meals from fresh ingredients. • Sherri Brooks Vinton is the author of the Put 'Em Up! series and her previous book The Real Food Revival: Aisle by Aisle, Morsel by Morsel teaches readers how and why to enjoy sustainably raised foods. She has been featured on numerous radio and TV programs, including Martha Stewart Radio. Sherri is a former Governor of Slow Food USA and is a member of Women Chefs and Restaurateurs, the Northeast Organic Farmers Association, International Association of Culinary Professionals, and Chefs Collaborative.

May 2016 • Cookery • 256 pages World Rights: Da Capo Lifelong Books

#### Gretchen Becker

## The First Year: Type 2 Diabetes: An Essential Guide for the Newly Diagnosed, Third Edition

After Gretchen Becker was diagnosed with type 2 diabetes, she educated herself on every aspect of this chronic condition. In 2001, she marshaled everything she had learned as a "patient-expert" into the first edition of this book. Now in its third edition, *The First Year: Type 2 Diabetes* guides you step-by-step through your first year with diabetes, walking you through everything you need to learn and do. The book covers each day of your first week after diagnosis, each subsequent week of the first month, and each subsequent month of the crucial first year. In clear, concise, accessible language, Becker covers a wide range of practical, medical, and lifestyle issues and helps newly diagnosed diabetics cope with and take charge of their condition.

• **Gretchen Becker** is author of *The First Year: Type 2 Diabetes*, *Prediabetes*, and *Stop Diabetes* and a freelance editor specializing in science and medicine. She also owns and operates Cranberry Hill Farm in Vermont. Visit her website at GretchenBecker.com

October 2015 • Health/Diabetes • 400 pages World Rights; Da Capo Lifelong Books: UK: Constable & Robinson

### Susan M. Love with Karen Lindsey

## Dr. Susan Love's Breast Book, Sixth Edition

While the amount of information regarding a breast cancer diagnosis is vaster than ever, online and off, an explanation of the options continues to be missing. Most of the data is generic and often comes from the same source. Readers go to *Dr. Susan Love's Breast Book* for a deeper understanding of how to make the best possible choices for their particular situations. It has been the go-to resource, with a comprehensive and up-to-date explanation of coping with and managing a breast cancer diagnosis, since 2005, with well over 150,000 copies sold. As treatments continue to become more complex, with variations of chemotherapy, hormonal therapies, and immunologic approaches, as well as new ways of doing surgery and radiation, women continue to sort the valid approaches from the fads to recognize when their doctor is no longer up to date and a second opinion might well be wise. • Susan M. Love, MD, MBA, is clinical professor of surgery at UCLA and president and medical director of the Dr. Susan Love Research Foundation. A founder of the National Breast Cancer Coalition, she was appointed to the National Cancer Advisory Board by President Bill Clinton. • Karen Lindsey has coauthored all editions of *Dr. Susan Love's Breast Book*.

August 2015 • Health/Cancer • 752 pages • World Rights: Da Capo Lifelong Books

**Mayo Clinic** is the first and largest integrated, not-for-profit group practice in the world. Doctors from every medical specialty work together to care for patients, joined by common systems and a philosophy that the needs of the patient come first. Over 3,600 physicians and scientists and 50,000 allied staff work at Mayo. Collectively, Mayo Clinic treats more than 500,000 patients per year. For more than 100 years, millions of people from all walks of life have found answers at Mayo Clinic. Mayo Clinic titles are now available through Da Capo Lifelong Books.

Jani R. Jensen, Ebbie Stewart, and the fertility experts at Mayo Clinic *Mayo Clinic Guide to Fertility and Conception* 

What options does a couple have when they've been trying to conceive a child but so far haven't had a baby? Mayo Clinic has brought to the subject a team of physicians whose specialties range from its physical to its emotional aspects. They offer premiere medical knowledge and advice for couples trying to have a baby, presenting available options in detail and helping readers sort out what is right for them. More than that, they give solid information about which approaches may be most suitable for which couples. In chapters addressing everything from how to get pregnant, to when it's time to seek help, to available treatments, the language is accessible and the tone companionable. There are illustrations throughout, with numerous diagrams, photos, and case studies. • Jani R. Jensen, MD, is a specialist in the Division of Reproductive Endocrinology and Infertility and director of the In Vitro Fertilization Program at Mayo Clinic. • Ebbie Stewart, MD, is the chair of Mayo's Division of Reproductive Endocrinology and Infertility.

April 2015 • Fertility/Health • 288 pages World Rights except Spanish: Da Capo Lifelong Books

**Mayo Guide to a Healthy Pregnancy**—World all languages; Chinese (c): Parenting Source Press; Chinese (s): Posts & Telecom; Russian: AST; Turkish: Ikia Yayincilik

Mayo Clinic Breast Cancer Book—World all languages except Spanish

**Mayo Clinic Diabetes Diet**—World all languages; Korean: Newcom; Greek: Pedio Publishing

Mayo Clinic Diet Diabetes Diet Journal—World all languages

**Mayo Clinic Diet**—World all languages; Portuguese (Portugal): Gradiva; Polish: Rebis; Chinese (c): Business Weekly; Korean: Newcom; Greek: Pedio Publishing; Hungarian: Vince Books; Croatian: Medicinska Naklada

**Mayo Clinic Diet Journal**—World all languages; Chinese (c): Business Weekly; Polish: Rebis; Hungarian: Vince

**Mayo Clinic Guide to Your Baby's First Year**—World all languages except Spanish; Turkish: Ikia Yayincilik; Romanian: Corint

Mayo Clinic Kid's Cookbook—World all languages except Spanish

## **Nation Books**

Delphine Schrank

## The Rebel of Rangoon

"Remarkable...What Ms Schrank has written, however, is not a conventional journalist's lament about an appalling regime. It reads like a novel.... a massive and meticulous feat of reporting." *The Economist* 

"Schrank makes a valuable contribution to the literature of pro-democratic resistance in Burma." *Washington Post* 

"Stunning.... In all its gritty detail, *The Rebel of Rangoon* is an inner-narrative of activist lives and the undulating challenges of underground organization; at a time when even the act of discussing politics and real events was deemed subversive by a paranoid military structure, and often punished with long prison terms." *The Irrawaddy* 

"This enlightening work has the potential to impact the canon of contemporary political science. It is readable, enjoyable, and destined to become a staple for anyone wishing to learn more about Asian history or the world at large." Library Journal, Starred Review

"Schrank displays an elegant style and determined journalist's diligence. A remarkable chronicle of a multigenerational struggle in Burma bringing about important change." *Kirkus, Starred Review* 

**Delphine Schrank** is an award-winning reporter, a contributing editor to the *Virginia Quarterly Review*, and cofounder of DECA Stories, a pioneering writers' cooperative for deeply reported, global journalism. She was the Burma correspondent for the *Washington Post*, where she was an editor and staff writer.

June 2015 • Current Events/Reportage • 320 pages • World Rights: Nation Books

Mark Engler and Paul Engler

This Is an Uprising: Shaping the Twenty-First Century Through Nonviolent Revolt The Arab Spring, the Occupy movement, and mass demonstrations in Turkey, Spain, and Greece are just some of the recent events that have established nonviolent action as a potent force in shaping public debate, politics, and policy. In This Is an Uprising, Mark and Paul Engler analyze key concepts in strategic nonviolent action, pulling together ideas developed by Martin Luther King Jr., Gene Sharp, Saul Alinsky, and other theorists and practitioners of unarmed uprisings. Through carefully selected historical examples and interviews with contemporary revolutionaries, environmentalists, and activists of all stripes, they show that rather than an unpredictable and spontaneous occurrence, strategic nonviolent action is a force that can be harnessed for lasting social change. • Mark Engler is a freelance journalist and a senior analyst with Foreign Policy in Focus, a network of foreign policy experts. He is a columnist for Dissent and New Internationalist. His articles have appeared in the Nation, Progressive, Newsday, Audubon, San Francisco Chronicle, Guardian, Mother Jones, Christian Science Monitor, Ecologist, and Progreso Semanal (Miami), and he is author of How to Rule the World. • Paul Engler is founding director of the Center for the Working Poor and a renowned organizer whose activities have been covered by the Los Angeles Times, New York Times, Washington Post, CNN, and local news. He has been arrested eight times to date for acts of nonviolent civil disobedience.

February 2016 • Current Affairs • 288 pages• World Rights: Nation Books

Robert McChesney and John Nichols

# People Get Ready: The Fight Against a Jobless Economy and a Citizenless Democracy

We are constantly reminded of the benefits of the technological revolution: allowing people to organize on the workplace, in politics, and many other aspects of life. However, the immediate and overwhelming consequences of this revolution will be detrimental: for example, will are losing employment opportunities as new technologies replace low-wage labor. Technology is beginning to undermine the social contract, and we need to do something about it—now. McChesney and Nichols propose a solution: a new economy in which the benefits of revolutionary technologies are shared among all the people, addressing environmental and social problems, and are used to rejuvenate and extend democratic institutions and practices. The vision explored in this book is a future in which the promise of technological change is harnessed to make our lives easier and more free. • Robert McChesney is a professor at the University of Illinois, an acclaimed media scholar, and co-author of Death and Life of American Journalism and Dollarocracy. • John Nichols, co-author of Death and Life of American Journalism and Dollarocracy, is a widely read political reporter who writes for The Nation magazine and frequently appears on MSNBC, NPR, BBC and other broadcast media outlets.

February 2016 • Technology/Futurism • 320 Pages

World Rights: Nation Books

Erin Murphy

## Inside the Cell: The Dark Side of Forensic DNA

DNA typing—the analysis of a biological sample for a person's genetic signature—has led to the unprecedented exoneration of hundreds of wrongfully convicted people. But there is a darker side to this story and in *Inside the Cell*, Erin Murphy shows how DNA typing can be subject to misuse, mistake, and error, and lead to a police state run amok. Murphy shows the perils of a society in which "stop-and-frisk" becomes "stop-and-spit," or in which police pose undercover to get a DNA sample from your discarded lunch. Already, police can collect DNA when making an arrest, sometimes before charging a person with a crime. The government is building a massive DNA database, stockpiling samples from a third of the population, and the laws regulating what they can and cannot do with them are weak. Murphy shows how this invites the riskiest kind of genetic surveillance imaginable. Just because DNA testing is good science does not mean that it is foolproof. • Erin Murphy is a professor at the NYU School of Law and an expert in DNA forensics. She is graduate of Harvard Law School and has testified before the New York City Council. Her writing has appeared in *Scientific American*, *USA Today*, *Slate*, the *San Francisco Chronicle*, and *The Huffington Post*.

September 2015 • Social Science • 352 pages

World Rights: Nation Books

## Mychal Denzel Smith

## Invisible Man, Got the Whole World Watching

This is an account of how, politically and culturally, the existing script for black manhood has been rewritten for the millennial generation. From Barack Obama's landmark speech at the Democratic National Convention in 2004 to the recent and widely reported cases of violence against women, from powerful moments of black selfdetermination like LeBron James' "decision" to the mobilization of thousands of young black men in the wake of Trayvon Martin's death, Invisible Man, Got the Whole World Watching documents of how these public milestones have challenged cultural notions of black manhood. Part memoir, part political tract, Invisible Man, Got the Whole World **Watching** is an unprecedented and intimate glimpse into what it means to be young, black, and male in America today—and what it means to be treated as a human in a society dependent on your subjugation. • Mychal Denzel Smith is a Knobler Fellow at The Nation Institute, a contributing writer for *The Nation* magazine, and a contributor to Feministing.com and Salon. He has also written for The New York Times, The Atlantic, The Guardian, The Root, the Grio, Think Progress, and The Huffington Post, and he has been a featured commentator on NPR, BBC radio, CNN, MSNBC, Al Jazeera America, HuffPost Live, and a number of other radio and television programs.

May 2016 • Memoir • 320 pages World Rights: Nation Books

#### Cecily McMillan

## The Emancipation of Cecily McMillan

The Emancipation of Cecily McMillan is the intimate, brave, bittersweet memoir of a remarkable young millennial, chronicling her journey from her trailer park home in Southeast Texas, her loving family broken up by poverty and mental health issues, her emancipation from her parents as a teenager, when she went to live with one of her teachers in a black neighborhood in Atlanta, through graduate school, to a pivotal night in Zuccotti Park, her ordeal at New York's most notorious prison, and ending back in Atlanta, where she lives now. One of the most iconic images of the Occupy Wall Street protests is a nighttime shot of a slightly disheveled young woman, dressed in bright yellow and green for St. Patrick's Day, running, curly hair flying, mouth open mid-gasp as a grimacing cop in uniform reaches out to grab her from behind. That woman was Cecily McMillan. Soon after the picture was taken, she was arrested. After enduring a Kafkaesque trial, and in spite of public outcry, she was convicted of second-degree assault of an officer and sent to Rikers Island prison, where she spent 58 days. Upon her release, she immediately began to give voice to the concerns of her fellow prisoners, women of color with precarious lives who had taken her under their wings and taught her how to navigate life in prison. She then moved to Atlanta where she resumed her work as a vibrant organizer, and currently helps organize Moral Mondays Atlanta, all while remaining a strong voice for prison reform and working to appeal her verdict. • Cecily McMillan is an activist, union organizer, and advocate for prison reform whose participation in and arrest during the Occupy Wall Street movement, along with her trial and conviction, have been widely covered by the national media, including Vanity Fair, the New York Times, Cosmopolitan, and Rolling Stone, among others. Her own writing has appeared in the New York Times and Alternet.

May 2016 • Memoir • 256 pages World Rights: Nation Books

#### Norm Stamper

#### To Protect and To Serve: How to Fix America's Police

American policing is in crisis. The last decade witnessed a vast increase in police aggression, misconduct, and militarization, along with a corresponding reduction in transparency and accountability. Nowhere is this more noticeable and painful than in African American and other ethnic minority communities. Racism—from raw, individualized versions to insidious systemic examples—appears to be on the rise in our police departments. Overall, our police officers have grown more and more alienated from the people they've been hired to serve. In To Protect and To Serve, Norm Stamper offers new insights into the conditions that have created this crisis, reminding us that police in a democratic society belong to the people-and not the other way around. To Protect and To Serve also delivers a revolutionary new model for law enforcement: the community-based police department. It calls for citizen participation in all aspects of police operations: policymaking, program development, crime fighting and service delivery, entry-level and ongoing education and training, oversight of police conduct, and, especially relevant to today's challenges, joint community-police crisis management. Nothing will ever change until the system itself is radically restructured, and here Norm Stamper shows us how. • Norm Stamper was a cop for 34 years, the first 28 in San Diego, the last 6(1994-2000) as Seattle's police chief. He is credited as the architect of the nation's first community policing program and has a PhD in leadership and human behavior. He is the author of Breaking Rank: A Top Cop's Expose of the Dark Side of American Policing. He served as a founding member of President Clinton's National Advisory Council on the Violence Against Women Act, along with numerous other boards dedicated to violence prevention, drug policy reform, and social justice. He has written essays and opinion pieces for such publications as the New York Times, the Nation, Time Magazine, the Guardian (UK and US), among others.

June 2016 • Current Affairs • 256 pages

World Rights: Nation Books

#### Dilip Hiro

### The Longest August: The Ongoing Alienation of India and Pakistan

"[A] deeply researched book about partition and its consequences...The adversarial relationship between the homespun Mahatma [Gandhi] and the Anglicized barrister [Jinnah] is recounted in novelistic detail... This is a reliable, insightful and, for so partisan a subject, admirably evenhanded examination." —Wall Street Journal

"A history that spans a century of antagonism, skullduggery and war...It is a tale of broken bloodlines, fatal miscalculations and mutual paranoia that has placed a bitter parting at the center of the destiny of a subcontinent. And it is timely... Hiro also offers fascinating accounts of the espionage wars between the two countries." —The New York Times Book Review

"Brisk and clear history of partition and its effects... Mr. Hiro has written a highly readable account of a complicated history... A dispassionate chronological narrative, it is an excellent introduction to a bitterly contested topic." —The Economist

**Dilip Hiro** is a leading authority on the Middle East and petro-politics. He has appeared on every major English-language news channel in the world and is a regular commentator on Al Jazeera. His op-eds have appeared in the Observer, New York Times, Guardian, and Washington Post, among others. His many books include After Empire, Iraq in the Eye of the Storm, and The Longest War. He lives in London.

February 2015 • Current Affairs • 528 pages World Rights: Nation Books

## **PublicAffairs**

Shoshana Zuboff

## Master or Slave: The Fight for the Soul of an Information Civilization

Shoshana Zuboff, named "the true prophet of the information age" by the Financial Times, provides the defining book on the tipping point we face as an information civilization. She asks: Will machines be the masters and people the slaves? Will the vast power of the giant high tech companies - through the hidden economic logic of "surveillance capitalism" and the propaganda of machine supremacy - shape and control human life? Will they create wealth through brazen new methods of social engineering and behavior modification that threaten individual autonomy and democratic rights while also introducing extreme new forms of social inequality? Zuboff, in this provocative and closely reasoned book, provides the positive alternative to this bleak future: an information civilization based on a capitalism that uses the profound capabilities of the digital age to satisfy surging global aspirations for dignity, prosperity, and democracy. Master or Slave makes the case for why people, not machines, will make our civilization great and offers a evocative examination of the contests over the next chapter of capitalism. • Shoshana Zuboff is the Charles Edward Wilson Professor at Harvard Business School (Emerita) and a faculty associate at the Berkman Center for Internet and Society at Harvard University. She joined the HBS faculty in 1981, was one of the first tenured women at HBS and the youngest professor to receive an endowed chair. Her PhD is in social psychology from Harvard University; her B.A. in philosophy is from the University of Chicago. In the Age of the Smart Machine was characterized on the front page of the New York Times Book Review as "a work of rare originality". Strategy+business magazine named Zuboff as one of the eleven most original business thinkers in the world.

May 2016 • Technology/Business • 296 pages • World Rights: PublicAffairs; UK and Commonwealth: Profile Books; German: Eichborn; Chinese: CITIC

Andrei Soldatov and Irina Borogan

# The Red Web: The Struggle Between Russia's Digital Dictators and the New Online Revolutions

"[Andrei Soldatov is] the single most prominent critic of Russia's surveillance apparatus." —Edward Snowden

The Red Web is a "gripping book about of the internet and its censorship in post-Soviet Russia... Having covered technology and the security services from the start of their careers in the 1990s, the two Russian journalists have accumulated expert knowledge few can match. And yet they have written a book not for geeks but for anyone who wants to understand how their country works." - The Financial Times

"A well researched and disturbing book by two brave Russian authors." —*The Economist* 

"A masterful study of the struggle between the Kremlin's desire to control information and the unruly world of ordinary digital citizens." —*The Guardian* (UK)

"If you want to know the history of Russian intelligence, look no further. Revealing, new, and rich in detail. From simple surveillance to electronic snooping Russian-style, a gripping and important study. This is a book you hope Russian officials don't find in your luggage." —Richard Engel, chief foreign correspondent, NBC News

August 2015 • Current Affairs/Politics • 400 pages • World Rights: PublicAffairs

Antoine van Agtmael and Alfred Bakker

## The Smartest Places on Earth: Why the Rustbelts Are the Emerging Hotspots of Global Innovation

Antoine van Agtmael coined the term "emerging markets" and built a career and a multibillion-dollar investing firm centered on these surging economies that would, over time, supplant the West as engines of wealth and prosperity. The trend held for decades, but a few years ago van Agtmael and Alfred Bakker, a renowned European journalist, began seeing signs that the tide might be turning and so they began to reassess the conventional wisdom that the US and Europe are vesterday's story. In **The** Smartest Places on Earth, van Agtmael and Bakker present a truly hopeful and inspiring investigation into the emerging sources of a new era of competitiveness that are coming from unlikely places—those cities that have, from an economic perspective, been written off. In these previously depressed communities, a combination of forces including visionary thinkers, government initiatives, start-ups making real products, and even big corporations—have succeeded in creating what van Agtmael and Bakker call a "brainbelt." The tide has now turned, they argue, and the next emerging market, may, in fact, be the West. • Antoine van Agtmael is senior adviser at Garten Rothkopf, a public policy advisory firm in Washington, DC. He was a founder, CEO, and CIO of Emerging Markets Management LLC; previously he was deputy director of the capital markets department of the International Finance Corporation ("IFC"). Mr. van Agtmael is a trustee of The Brookings Institution and a member of the Council on Foreign Relations among many other prestigious affiliations. • Alfred Bakker, until his recent retirement, was a journalist specializing in monetary and financial affairs with Het Financieele Dagblad, the "Financial Times of Holland," serving as deputy editor, editorin-chief and CEO. In addition to his writing and editing duties he helped develop the company from a newspaper publisher to a multimedia company, developing several websites, a business news radio channel, and a quarterly business magazine.

March 2016 • Business • 288 pages • World Rights: PublicAffairs

Ali Shan Khan, M.D., M.P.H.

The Next Pandemic: On the Front Lines Against Humankind's Gravest Dangers This gripping memoir confronts the most urgent question facing our species: when, where, and how will the next major outbreak arrive? Some of history's biggest killers have been infectious diseases: The Black Death, Spanish Flu and the AIDS pandemic, to name a few. There is no guarantee that we can prevent another such disaster, but whenever a new scare emerges, Dr. Ali Khan is sent to try. This book is Dr. Khan's story of 25 years of containing these near misses, in his long career at the Center for Disease Control. During the 1995 Ebola outbreak in Zaire, Khan worked among Red Cross workers and ultimately found Patient Zero. In 2002, he was called to Hong Kong to quarantine victims of SARS. In each of these stories, Khan reconstructs the chaos of those first moments on the ground, making life-and-death decisions on limited and conflicting information, to contain both the virus and the panic. Through these and other stories, Khan breaks down the sources of the next pandemic: mutation; spillover from other species; lab accidents; bioterrorism; and natural disasters. He shows that the danger of an outbreak is more real than ever in a world of climate change and global commerce, but that we need not only live in fear. The Next Pandemic is a vivid and necessary book about rampant and violent diseases, and disasters narrowly averted and the tools we have to keep them at bay. **Dr. Ali S. Khan** is the former director of the Office of Public Health Preparedness and Response (PHPR) at the Centers for Disease Control and Prevention. In more than 20 years at the CDC, his professional career has focused on emerging infectious diseases, bioterrorism, and global health security. He is now dean of the College of Public Health at the University of Nebraska.

May 2016 • Health/Current Affairs • 350 pages • World Rights: PublicAffairs

Adam Segal

# The Hacked World Order: How Nations Fight, Trade, Maneuver, and Manipulate in the Digital Age

The myth of cyberspace as a digital utopia has long been put to rest. Governments are increasingly developing smarter ways of asserting their national authority in cyberspace in an effort to control the flow, organization, and ownership of information. Israel is intent on derailing the Iranian nuclear weapons program. India wants to prevent Pakistani terrorists from using their Blackberries to coordinate attacks. Brazil has plans to lay new fiber cables and develop satellite links so its Internet traffic no longer has to pass through Miami. China does not want to be dependent on the West for its technology needs. These new digital conflicts pose no physical threat but they serve to both threaten and defend the integrity of complex systems like power grids, financial institutions, and security networks. Adam Segal exposes how the internet has ushered in a new era of geopolitical maneuvering and reveals the tremendous and terrifying implication on our economic livelihood, security, and personal identity. • Adam Segal is the Maurice R. Greenberg senior fellow for China studies and director of the Program on Digital and Cyberspace Policy at the Council of Foreign Relations (CFR). Previously Dr. Segal was an arms control analyst for the China Project at the Union of Concerned Scientists. He has been a visiting scholar at the Massachusetts Institute of Technology's Center for International Studies, the Shanghai Academy of Social Sciences, and the Tsinghua University in Beijing. He has taught at Vassar College and Columbia University. An expert on security issues, technology development, and Chinese domestic and foreign policy, Dr. Segal was the project director for the CFR-sponsored Independent Task Force report Defending An Open, Global, Secure and Resilient Internet. His work has appeared in all the leading newspapers and journals. Dr. Segal has a BA and a PhD in government from Cornell University, and an MA in international relations from the Fletcher School of Law and Diplomacy, Tufts University.

January 2016 • Technology/Current Affairs • 320 pages • World Rights: PublicAffairs

Richard Dobbs, James Manyika, and Jonathan Woetzel

**No Ordinary Disruption: The Four Global Forces Breaking All the Trends** "Danger! Opportunity! In this snack from the business-class galley, three McKinsey Global Institute researchers serve up a view of a future that 'presents difficult, often existential challenges to leaders of companies, organizations, cities, and countries.'... Libertarians may squall, but investors just beginning to look at emerging market trends may find value in this book."—*Kirkus Reviews* 

"What's unique is how the book ties these four major forces together in a book that's packed with insights and anecdotes while remaining free of management-speak...What this book excels at is quickly summarizing these forces and the challenges they pose to businesses and policy makers. And using real-world examples to illustrate these forces."—*Global by Design* 

"Richard Dobbs, James Manyika and Jonathan Woetzel offer a stimulating analysis of the major trends that might make or break nations. By combining data from disparate fields, they make a compelling argument about the disruptive forces that are re-shaping the world before our eyes." –BusinessWorld

**Richard Dobbs**, **James Manyika**, and **Jonathan Woetzel** are directors at McKinsey Global Institute, the flagship think tank of the world's leading consulting firm, McKinsey & Company, which counts 90 percent of Fortune 500 companies as clients.

April 2015 • Business • 288 pages • World Rights: PublicAffairs; Chinese (complx): Briefing Press; Chinese (simpl.): Grand China Publishing; Korean: Chungrim

Jason Zweig

## The Devil's Financial Dictionary

Definitions in this witty and enlightening guide to the facts, fads, follies, and fiction of business and investing include "DAY-TRADER, n. See IDIOT"; "FEE, n. A tiny word with a teeny sound, which nevertheless is the single biggest determinant of success or failure for most investors. Those who keep fees as low as possible will, on average, earn the highest possible returns"; "RUMOR, n. The Wall Street equivalent of a fact"; "STOCK MARKET, n. A chaotic hive of millions of people who overpay for hope and underpay for value." In The Devil's Financial Dictionary Jason Zweig posits that the stock market serves not to redistribute capital efficiently from those who have a surfeit to those who can put it to productive use in corporate enterprises; rather, it serves to humiliate those who think they know what the future holds. The stock market is a mechanism for putting a price tag on surprises. Those who "play" the stock market like a game will lose. Those who respect it as a force of nature will prosper—but only so long as they remain humble and patient. • Jason Zweig became a personal finance columnist for the Wall Street Journal in 2008. He was a senior writer for Money and author of Your Money and Your Brain, one of the first books to explore the neuroscience of investing. Zweig is also editor of the revised edition of Benjamin Graham's The Intelligent Investor, a classic text described by Warren Buffett as "by far the best book about investing ever written." Before joining Money in 1995, Zweig was mutual funds editor at Forbes. Earlier, he was a reporter-researcher for the Economy and Business section of *Time*. Also a popular public speaker, Zweig has addressed the Aspen Institute, the CFA Institute, and university audiences at Harvard, Stanford, and Oxford.

September 2015 • Business/Economics • 224 pages World Rights: PublicAffairs

Robin Chase

# Peers, Inc.: The Game-Changing Business Model Putting People and Platforms to Work

"Peers Inc is perfectly timed and convincingly argued."—Financial Times

"Chase gives historical insight into her cofounding of ZipCar and how the flexibility and ingenuity of the public allows for new business models to be developed...An engaging and quick read on collaboration and the new capitalism."—*Library Journal* 

"A provocative discussion of how public investment and private entrepreneurship can combine to shape future advantages from existing used and unused capacities."— *Kirkus Reviews* 

"Peers Inc will change our ideas about how the economy is shaped and will transform how we work, build businesses and crack pressing societal problems." — Chris Anderson, author of *The Long Tail* 

**Robin Chase** founded Zipcar and cofounded Buzzcar (in France) and Veniam Works; her two TED talks have been viewed 1 million times. She has been named one of *Time* magazine's 100 Most Influential People, *Fast Company*'s Fast 50 Innovators, and *Businessweek*'s Top 10 Designers. A graduate of MIT's Sloan School of Management, she was also a Loeb Fellow at Harvard University.

World Rights: PublicAffairs; Chinese (complx): Acorn; Chinese (simpl.): China Renmin UP; English: Headline; Korean: Sinbad; Portuguese: HSM Publishing

## Marc Lynch

#### The New Arab Wars

From the author of *The Arab Uprising* comes a new look at why the Arab Spring led to the unrayeling we are watching today in the Middle East. With his tremendous expertise on the subject and incisive prose Marc Lynch explores the roots of ISIS and explains how we got where we are today across the whole region, including Syria and Turkey. This book lays out a regional perspective on these events and trends that goes beyond the headlines to show the underlying driving forces in this new stage of the politics of the Middle East. Many of the recent books on the region focus on a single country or on a single theme: Egypt, Syria, the Muslim Brotherhood, al-Qaeda. This book brings all of these together into a coherent account of how regional politics now work, how they got that way, and how they are likely to develop. • Marc Lynch is professor of political science and international affairs at George Washington University, where he is the director of the Institute for Middle East Studies and of the Project on Middle East Political Science. He is a non-resident senior fellow at the Center for a New American Security and a contributing editor at the Monkey Cage blog for the Washington Post. He is the co-director of the Blogs and Bullets project at the United States Institute of Peace. The Arab Uprising was called "the most illuminating and, for policymakers, the most challenging" book yet written on the topic by the Economist. Lynch received his MA and PhD in government from Cornell University. He taught at Williams College and joined the faculty of The George Washington University in 2007. His influential blog on Middle Eastern affairs is Abu Aardvark.

February 2016 • Current Affairs/Middle East • 300 pages • World Rights: PublicAffairs

#### Susan Williams

## Spies in the Congo: America's Atomic Mission in World War II

Spies in the Congo tells the fascinating story of America's efforts to secure the uranium supply in the Shinkolobwe Mine in the Belgian Congo. The mine was described by a 1943 Manhattan Project intelligence report as the 'most important deposit of uranium yet discovered in the world.' So long as the USA remained in control of this mine and its supply, it had a world monopoly on the primary material needed to build an atomic bomb. Given the possibility that the Germans were also working on an atomic bomb, it was a priority to prevent Congo's uranium from being smuggled to Germany. This task was given to the newly created Office of Strategic Services, later the CIA, which sent some of their best agents to West and Central Africa, under the cover of an investigation into diamond smuggling. Although much has been written about ALSOS, the secret intelligence mission created to investigate the German atomic project, so far nothing has been written about the intelligence mission at the source of uranium-the Belgian Congo. Spies in the Congo is based on a mass of newly-released (and formerly top secret) archive material in the US, the UK, and Belgium; personal testimonies; and a range of audio visual materials, including a set of eight mm films taken by the lead spy. This is a dynamic historical narrative of a secret front in World War II, with a memorable cast of characters at once furtive and flamboyant. • Dr. Susan Williams is a senior research fellow at the Institute of Commonwealth Studies, University of London. Williams's research is archive based; her research has taken her to many countries in Africa, Europe and North America. She served as historical adviser to the independent Hammarskjöld Commission, which was founded in direct response to her previous book, Who Killed Hammarskjöld and released its report at the Peace Palace in The Hague in September 2013. She has published widely on Africa, decolonization, and the global power shifts of the twentieth century. She is the author of Colour Bar, The People's King and Ladies of Influence.

May 2016 • History • 320 pages • World Rights: PublicAffairs

#### Kevin McNamara

# Incident at Chelyabinsk: The Mutinous Army that Threatened a Revolution, Destroyed an Empire, Founded a Nation, and Made the Map of Europe

On May 14, 1918, two men died on a train platform at Chelyabinsk station, part of the Trans-Siberian Railroad. Leon Trotsky admitted that this catalyst could have derailed the Russian Revolution. The ad hoc army that emerged from this conflict went on to encourage the most brutal fighting in the Russian Civil War, spurred the Soviet Red Army, undermined the regimes of the Russian Romanovs and the Austro-Hungarian Empire, and lead to the formation of Czechoslovakia. This social history is based off the accounts of ordinary people with more than 100 personal accounts translated into English for the first time, gathered from memoirs, diaries, and letters of those affected. The publication of this book coincides with the 100th anniversaries of World War I (1914-1918), the completion of the Trans-Siberian Railroad (1916), the Russian Revolution (1917), the murder of Tsar Nicholas II and his family (1918), the Treaty of Versailles and the founding of the League of Nations (1919), and the Russian Civil War (1918-1920). • Kevin McNamara is an Associate Scholar of the Foreign Policy Research Institute, and was awarded fellowships and grants by the Earhart and Tawani Foundations to translate firsthand accounts of the Czecho-Slovak Legion's feats. He earned a Master of Arts in international politics from Temple University (where he was a student of noted military historian Russell F. Weigley), as well as a certificate from the Center for National Security Law at the University of Virginia Law School.

March 2016 • History • 464 pages

World Rights: PublicAffairs

#### Gerard O'Neill and Dick Lehr

### Black Mass: The Irish Mob, the FBI and a Devil's Deal

A gripping, epic, true story of violence, betrayal, and corruption, the movie tie-in film is currently being released globally to great reviews. John Connolly and James "Whitey" Bulger grew up together as two boys coming of age on the bare-knuckle streets of South Boston. Decades later, Connolly was a major figure in the FBI's Boston office, while Bulger had become a godfather in the Irish Mob. Connolly hatched an audacious plan to use Bulger as a top-secret snitch in the FBI's war against the Mafia. But over time the information started flowing the opposite way, and the lines between good and evil blurred. Gerard O'Neill and Dick Lehr take us deep undercover to expose one of the worst scandals in FBI history, the chilling true story of a dark deal between two old friends that spiraled out of control. • Gerard O'Neill and Dick Lehr are award-winning journalists. O'Neill has won the Pulitzer Prize and the Hancock and Loeb awards; Lehr, a Pulitzer finalist, has also won the Hancock and Loeb awards.

#### Published • True Crime • 288 pages

World Rights: PublicAffairs; United Kingdom: Canongate; Chinese (simp.): Beijing Ruyixinxin; German: Goldmann; Italian: Rizzoli; French: Hugo et Cie; Japanese: Kadokawa; Polish: Portuguese (Port.): Marcador; Portuguese (Bra.): Intrinseca;

Marginesy; Russian: AST; Spanish: Stella Maris; Thai: Amararin

## Roger Thurow

1.000 Daus: A Revolutionary Movement to Save Mothers. Children and the World Based on compelling new scientific and social science research on early childhood malnutrition, a new generation of activists have been inspired to re-think old approaches to 'feeding the world.' The new target in the assault on malnutrition: the first 1,000 days of a child's life, starting from gestation. Proper nutrition during the 1,000 days can profoundly influence an entire life, particularly an individual's ability to grow, learn and work. It can also determine a society's long-term health and prosperity. The 1,000 days is where everyone starts out equal, and where the world's inequalities begin. In 1,000 Days, award-winning journalist and world hunger advocate Roger Thurow examines the importance of the 1,000 days and the progress of the new global movement to end early childhood malnutrition. Thurow zeroes in on particular initiatives involving a small group of mothers and children in four diverse places—a small village in northern Uganda, Uttar Pradesh in India, Quetzaltenango in the western highlands of Guatemala, and Chicago, Illinois. The narrative will open a new front in the great aid debate, providing a fresh answer for the contentious question: Why haven't the hundreds of billions of dollars spent on development aid been more effective? Through the inspiring and heartbreaking stories of mothers, and activists, trying to surmount the odds. Thurow reveals the stumbling blocks on our path to a better future. • Roger Thurow is a Senior Fellow for Global Agriculture and Food Policy at the Chicago Council on Global Affairs. He was a reporter at the Wall Street Journal for 30 years. He is, with Scott Kilman, the author of Enough: Why the World's Poorest Starve in an Age of Plenty, which won the Harry Chapin Why Hunger book award and was a finalist for the Dayton Literary Peace Prize and for the New York Public Library Helen Bernstein Book Award. He is a 2009 recipient of the Action Against Hunger Humanitarian Award.

April 2016 • Family and Childcare • 336 World Rights: PublicAffairs

Andi Zeisler

## We Were Feminists Once

Feminism has gone mainstream, but true equality is never an easy sell. Drawing on almost 20 years of experience covering popular culture from the frontlines of the feminist movement, Andi Zeisler, the founding editor and creative director of Bitch magazine will tell a cultural history through the stories of institutions and real women, feminists and otherwise. She exposes how feminism has transformed into something barely warranting the name, ignoring the many for the one, shamelessly colluding with market forces and popular culture. This kind of feminism is not particularly nuanced, and it doesn't challenge identities and hegemonies as much as it offers nips and tucks. It is no longer a collective action on behalf of all women and those traditionally marginalized, but more about self-actualization of the few. Witty and fearless, We Were Feminists Once is story of how we could have let this happen, and where we go from here. Andi Zeisler is a writer, editor, and cultural critic. She is the cofounder of Bitch Media, the nonprofit best known for publishing the award-winning quarterly magazine Bitch: Feminist Response to Pop Culture, which has over 50,000 subscribers. Her writing on feminism, popular culture, and media has appeared in newspapers and magazines including Ms., Mother Jones, BUST, the San Francisco Chronicle, the Los Angeles Review of Books, and the Washington Post.

April 2016 • Women's Issues • 320 World Rights: PublicAffairs Jo Ann Jenkins

## Disrupt Aging: Fearless at 50+

Aging is not about getting old—it's about living. Today, people don't need to let their age define them. They can embrace their age and look forward to the future. Jo Ann Jenkins is on the front lines of modern aging as the CEO of the American Association of Retired Persons (AARP) Foundation, a group with 17 million members that advocates for older adults. In this book she looks at key aspects of aging: the new reality, health, finances, and society. Jenkins describes how one can disrupt their own aging, break down stereotypes, and be fearless after 50 on a personal level. She also explores public roles society must take on in order to break down stigmas against aging, and create innovations in our social structures. Living longer and healthier lives is an accomplishment of mankind; *Disrupt Aging* celebrates this achievement and helps readers live their later years to their full potential. • **Jo Ann Jenkins** joined AARP in 2010 as the President of the foundation, then rose to Chief Operating Officer, and now is the Chief Executive Officer. Prior to this opportunity, she served as the Chief Operating Officer at the Library of Congress, with a 4,000-person staff and a budget of over one billion dollars.

April 2016 • Personal Growth • 240 pages • World Rights: PublicAffairs

Jonathan R. Cole

## Toward a More Perfect University

Education has been disrupted dramatically by culture, technology, and economics. The only certainty about the universities of the future is that they will not thrive if left unchanged. Jonathan Cole is one of the country's leading academic researchers into higher education. A fierce champion of the merits and benefits of the great American research university, Cole identifies the potential fault lines that threaten the future of universities and the strategic changes that successful colleges will have to make in order to preserve their intellectual relevance, economic viability, and social mission.

• Jonathan R. Cole, currently the John Mitchell Mason Professor at Columbia University, is widely known throughout the United States for his 14 years (1989–2003) as Columbia's provost with the second-longest tenure in the university's 250-year history. He has also served as dean of faculties and vice president for arts and sciences.

January 2016 • Education • 400 pages • World Rights: PublicAffairs

Derek Chollet

## The Long Game: How Obama Defied Washington and Redefined America's Role in the World

Authoritative and original, *The Long Game* is a controversial assessment of President Obama's foreign policy legacyHere, consummate White House insider Derek Chollet corrects common misperceptions to show how President Obama has done more to alter American foreign policy than any Democratic president since Kennedy. Ultimately, Obama's policies at home and abroad have been restoring American power, not squandering it. And by redefining American foreign policy, Obama has defied official Washington. *The Long Game* boldly sums up the core tenets and names Obama's highly successful doctrine: to position the US to win "the long game." • **Derek Chollet** is counselor and senior advisor for security and defense policy at The German Marshall Fund of the United States, an advisor to Beacon Global Strategies, and an Adjunct Senior Research Scholar at Columbia University's Saltzman Institute of War and Peace Studies. From 2012 - 2015, Chollet was the U.S. Assistant Secretary of Defense for International Security Affairs He is the author of several books including *The Unquiet American: Richard Holbrooke in the World* with Samantha Power.

June 2016 • Current Affairs & Politics • 256 pages • World Rights: PublicAffairs

Sam Schwartz with William Rosen

### Street Smart: A Fifty-Year Mistake Set Right and the Great Urban Revival

With wit and sharp insight, former New York City traffic commissioner Sam Schwartz, aka "Gridlock Sam," one of the most respected transportation engineers in the world and a consummate insider in NYC political circles, uncovers how American cities became so beholden to cars and why the current shift away from that trend will forever alter America's urban landscapes, marking nothing short of a revolution in how we get from place to place. • Sam Schwartz began his professional transportation career as a NYC taxi cab driver while obtaining his BS in physics at Brooklyn College; he later obtained an MS in civil engineering at the University of Pennsylvania, His expertise extends to urban infrastructure, traffic safety, transportation systems, regional planning and development, urban design, and civil engineering. He served as New York City's traffic commissioner and the NYC Department of Transportation's chief engineer/first deputy commissioner. In the summer of 1995, he opened Sam Schwartz Engineering, which now employs a staff of more than 100 professional engineers, planners, designers, and pedestrian traffic managers in six offices throughout the country. • William Rosen is a former editor and publisher at Macmillan, Simon & Schuster, and the Free Press. He has contributed to the Wall Street Journal, Washington Post Book World, and Bloomberg, among others, and is author of several books, including The Most Powerful Idea in the World: A Story of Steam, Industry, and Invention and The Third Horseman: Climate Change and the Great Famine of the 14th Century.

August 2015 • Transportation • 304 pages

World Rights: PublicAffairs

#### Robert Teitelman

# Bloodsport: When Ruthless Dealmakers, Shrewd Ideologues, and Brawling Lawyers Toppled the Corporate Establishment

Bloodsport is the story of the creation of America's deal culture and the battle for control of America's corporations. Told through the fascinating, complex, and oftenflawed characters who created a new era, it begins as the '60s are ending with the rise of the conglomerates, those vast assemblages of corporate assets. It rolls through the crisis-wracked '70s and the birth of the hostile deal, then careens into the '80s when the deal culture of mergers and acquisitions is truly unleashed, producing a Hobbesian corporate landscape that threatened the most formidable of corporations. The '90s see backlash, retrenchment and rethinking. The new century brings bubbles and deregulation, ending in disaster. And following a quiet period after the financial crash of 2008, we are witnessing the full-throated battle once again as companies and peoples' lives are moved around as casually as piece on a Monopoly game board. • Robert **Teitelman** has worked in financial journalism for 25 years. He was the founding editor in chief of The Deal, a media company founded to report on the deal culture of the mergers and acquisitions business where he was responsible for many of the strategies of that pioneering news operation. Prior to The Deal, Teitelman had been a reporter and writer at Forbes and Financial World magazines. He was senior editor then US managing editor and editor of Institutional Investor magazine, long the favorite long-form publication of Wall Street and the money management industry. He now blogs and reviews books on finance for the Huffington Post and Slate. He is a graduate of the College of William & Mary, and has Masters degrees in international affairs and journalism from Columbia University.

March 2016 • History/Business • 336

World Rights: PublicAffairs

# **Running Press**

#### Clara Bensen

## No Baggage: A Minimalist Tale of Love and Wandering

What happens when you welcome the unknown instead of attempting to control it? This memoir of travel and romance that blossomed on a luggage-free, city-hopping voyage from Istanbul to London explores that question. Clara Bensen created an OkCupid dating account where she met Jeff, an intriguing and handsome professor who shared her penchant for exploration and experimentation. Eight weeks later, the two were off to begin their 21-day minimalist travel experiment with no luggage, no reservations, and no plans. They set off with just the clothes on their backs and a very limited supply of other essentials. They slept where they could—on couches, floors, park lawns, and the occasional real bed—jumping from city to city by foot, car, ferry, train, and almost every mode of transportation on earth. Clara's inspiring story has been optioned for film by New Line Cinema. • Clara Bensen is a freelance writer based in Austin, Texas. Her article "The Craziest OkCupid Date Ever" about this trip on Salon.com was the 10th most viewed article of 2013.

"Bensen's story of an unexpected—and unexpectedly meaningful and at times magical—romance that developed from a chance online encounter is charming. Yet it is also insightful for the author's observations about the conflicting desires for freedom and commitment that are the hallmarks of modern romance. An engaging memoir of travel, love, and finding oneself." –Kirkus Reviews

December 2015 • Travel/Memoir • 325 pages

World Rights: Running Press; ANZ: Hardie Grant; Chinese (c): Locus; Chinese (s): United Sky; Czech: Metafora; Dutch: Nijgh; French: Editions Jean-Claude Lattes; Italian: Rizzoli; German: Bastei Lubbe; Polish: Czarna Owca; Portuguese (Brazil): Leya; Hungarian: GABO

Jen Sincero

# You Are a Badass: How to Stop Doubting Your Greatness and Start Living an Awesome Life

\*New York Times Bestseller

This bestselling, refreshingly entertaining how-to guide serves up 27 bite-sized chapters full of hilariously inspiring stories, sage advice, easy exercises, and the occasional swear word, helping readers to: Identify and change the self-sabotaging beliefs and behaviors that stop you from getting what you want, Create a life you totally love. And create it NOW. And Make some damn money already! The kind you've never made before. By the end of *You Are a Badass*, you'll understand why you are how you are, how to love what you can't change, how to change what you don't love, and how to use The Force to kick some serious ass. *Badass* has sold over 230,000 copies and is going strong. • Jen Sincero is a bestselling author and success coach who has helped countless people transform their personal and professional lives.

"You Are A Badass is a phenomenon!"—Liesl Freudenstein, Boulder Book Store

Published • Self-help/Advice • 256 pages

World Rights: Running Press; Chinese (c): Morning Star; Chinese (s): Beijing Fonghong Books; Czech: Euromedia; Dutch: Meulenhoff; Turkish: Olimpos Yayinlari; German: Ansata; Romanian: Act Si Politon; Thai: WeLearn

Jason Oberholtzer, Jessica Hagy

### Hustle Economy: Transforming Your Creativity into a Career

This motivating collection of essays is for creative types in their 20s and 30s, rising business owners, entrepreneurs, and anyone interested in launching or being a part of a start-up. Featuring 25 essays from founders, writers, producers, game makers and artists from every path who all share one common trait—they are self-made hustlers intent on sharing their advice on how to survive in the 'gig economy' and how to live the freelance creative life. The twenty-five contributors have a massive combined social media following of 2 million followers, which expands across Twitter, Facebook, Instagram, and YouTube. The contributors include NYC comedy writer Nick Douglas, writer, blogger, and founder of Parent Hacks, Asha Dornfest, author Emma Koenig of *Fuck, I'm in My Twenties*, and many other creative freelancers and entrepreneurs.

• Jason Oberholtzer is a content creator and strategist whose writing, charts, GIFs, and blogs appear all over the web and in print. His clients include Forbes, IBM, and The Economist. He is the author of I Love Charts. • Jessica Hagy is an artist and author of *Indexed, The Art of War Visualized*, and *How to be Interesting*.

March 2016 • Business/Advice • 244 pages • b&w illustrations throughout World Rights: Running Press

Lisa Hoehn

# You Probably Shouldn't Write That: Tips and Tricks for Creating an Online Dating Profile That Doesn't Suck

This is complete guide to creating and revamping the perfect online dating profile, from picking the right username, to choosing the right photos, to helpful hacks for being sarcastic and funny. Lisa gets down and dirty with the big and small details that make a profile stand out. (Preview: There's power in a good selfie, and too many exclamation points make you seem nuts!!!) With exercises, activities and before and after examples, Lisa will help both the dating veteran and novice write the best profile they deserve. • **Lisa Hoehn** is the founder of Profile Polish, an online dating profile makeover service which has been featured in *The Guardian, New York Magazine, Business Insider, Huffington Post, The Daily Dot, XoJane*, and *NBC News*. She lives in New York City.

December 2015 • Dating/Advice • 144 pages World Rights: Running Press

Jerramy Fine

## In Defense of the Princess

Modern women are quick to condemn plastic tiaras, fairytales, pink, and all things princess-but there is another way to view princess obsession. Princesses can actually inspire young girls to become strong, self-sufficient women. This is a collection of essays that celebrate these princess dreams, and defends every princess from Kate Middleton to Sleeping Beauty. With personal anecdotes, studies, articles, and a witty tone, Fine assures all parents that their princess-loving daughters can become smart, creative, and independent female role models. In fact, Fine's careful observations enable women of all ages to feel empowered to dream of their happily ever after without guilt or shame.

• Jerramy Fine has authored multiple titles on royalty, including Someday My Prince Will Come, which has sold over 20,000 copies. She is a self-described royalist, anglophile and wannabe princess. She lives in London.

March 2016 • Women's Studies • 224 pages • B&W photos World Rights: Running Press

## Tracy Schorn

### Leave a Cheater, Gain a Life: The Chump Lady's Guide to Surviving Infidelity

This is an empowering rescue guide for the cheated on. Instead of advocating for fixing the underlying problem or blaming the victim, this title, using humor and compassion, aims to teach the cuckolded that leaving that no-good cheater will make you a happier and stronger person. With a snarky yet kind tone, hand-drawn cartoons and experience-based advice, this hilarious and heart-felt guide is a must have for anyone considering leaving their cheater. • **Tracy Schorn** is a journalist who runs the successful infidelity blog ChumpLady.com, which has 300K views per month. She is also a regular contributor for Huffington Post Divorce, and was recognized as one of the "Top 10 Relationship Bloggers of 2013." She has also been cheated on and is happily remarried.

March 2016 • Family & Relationships • 224 pages • Color illustrations throughout World Rights: Running Press

## Running Press

### Game of Thrones: The Noble Houses of Westeros

HBO's blockbuster series has reached over 19 million viewers per episode worldwide. In collaboration with HBO, Running Press has produced this must-have guide for the show's dedicated fans and newbies alike. This guide provides a detailed look at the major houses that inhabit the *Game of Thrones* universe. Full of information on each house's sigil, home, family tree, character profiles, alliances, and more, this will be a necessity to navigate the complicated twists, turns and political machinations that keep viewers and readers hooked.

October 2015 • Television • 144 pages • full color photos and illustrations throughout World Rights: Running Press; German: Panini; Russian: Eksmo

## Robb Pearlman

#### Game of Thrones: In Memoriam

Published • Performing Arts/Television • 144 pages • color photos throughout World Rights: Running Press; French: Flammarion; German: Panini; Russian: Eksmo; Spanish: Ediciones Urano

### Mark A. Vieira

## Into the Dark: Crime and Glamor from the Classic Era of Film Noir

The year 2016 marks the seventy-fifth anniversary of the films that kicked off this celebrated genre: Citizen Kane and The Maltese Falcon. Focusing on 100 movies that define film noir, this must-have opus features hundreds of gorgeous photos that illustrate the evolution of the genre. The accessible, non-academic tone of the text will appeal to newbies and film aficionados alike-voices of contemporary reporters, artists who worked on the movies, and vintage reviews are also included to complete the year by year tour of the film noir genre. • Mark A. Vieira is a photographer and writer, and specializes in Hollywood history. He has appeared in multiple documentaries, lectured at several colleges and Universal Studios, and authored many books on film.

May 2016 • Film & Television • 304 pages • Color photos and B&W illustrations throughout

World Rights: Running Press

Manoah Bowman; forward by Anita Ekberg

#### Fellini: The Sixties

For the very first time, carefully selected imagery from all of Fellini's films of the 1960s will be showcased in this collectable book. The sixties were the director's most iconic and representative decade, a time in which he made classics such as 8 ½, La Dolce Vita, Juliet of the Spirits, and Satyricon. Filled with hundreds of never-before- seen or published photographs—and featuring an extensive interview with La Dolce Vita star Anita Ekberg, Fellini: The Sixties is a remarkable compendium of a legendary filmmaker's greatest work. • Manoah Bowman is a photography preservationist He has contributed to many publications, studios, and museums, including: Paramount, Universal, and Disney.

November 2015 • Film & Television • 304 pages • B&W and color photos throughout World Rights: Running Press

## Cindy De La Hoz

## Bogie and Bacall: Love Lessons from a Legendary Romance

A collection of tips on love and romance from legendary couple Humphrey Bogart and Lauren Bacall, this book is perfect for fans of these Hollywood movie legends, film buffs, or anyone looking for a stylish gift for their significant other. *Bogie & Bacall* celebrates the love between the actors with a rare collection of photographs and succinct tips on to have your own legendary romance. • **Cindy De La Hoz** is a film historian and the author of several books including *So Audrey, Marilyn Monroe: Platinum Fox*, and *Lucy at the Movies*.

January 2016 • Film & Television • 128 pages • photos throughout World Rights: Running Press

## Cindy De La Hoz

## Audrey and Givenchy: A Fashion Love Affair

Audrey Hepburn, the fashion icon, got her start in the early 1950s, just as a young French designer, Hubert de Givenchy, was beginning his legendary career. Together Audrey and Givenchy were a brilliant meeting of minds. Audrey and Givenchy is a celebration of their work both onscreen and off, featuring fashion profiles on such classics as Sabrina, Breakfast at Tiffany's, Charade, How to Steal a Million, and perhaps greatest of all, Funny Face. Also covering their greatest off-screen fashion hits for awards shows and events and featuring photos throughout, this is a stunning showcase of the most influential teaming of star and designer in fashion history.

April 2016 • Film/Fashion • 244 pages • B&W and full color photos throughout World Rights: Running Press

## Jay Jorgensen

#### Hollywood Costume Design: A Century of Fashion on Film

This book is a complete directory of fashion on film from the silent era to modern-day blockbusters. Full of color photos, illustrations, never-before-seen images, unpublished stories from some of the greatest films in history, and profiles on the greatest creative talent that worked behind the scenes. This is a must-have guide for all film and photography buffs, fashion students and enthusiasts, and classic Hollywood fans. • Jay Jorgenson is a fashion and film historian and collector. His photographs have been showcased in People and the TV Guide. He is also the author of *Edith Head: The Fifty-Year Career of Hollywood's Greatest Costume Designer*.

November 2015 • Film & Television • 432 pages • B&W and full color photos throughout World Rights: Running Press

## Jeremy Arnold

#### Turner Classic Movies: The Essentials

A movie bucket list worth completing, this title offers viewers 52 movies-a movie a week for a year- that are essential viewing. Movie fans will enjoy the opportunity to expand their knowledge of must-see movies and revisit landmark films. From the silent era to modern times, this title covers eight decades of cinema, with a profile on why it's an Essential. In addition to a forward by TCM host Robert Osborne, there's commentary by Sally Field, Drew Barrymore, Alec Baldwin, Rob Reiner, Sydney Pollack, and more. •

Jeremy Arnold is a writer and film historian, who has written more than 500 articles for TCM.com and other film publications. He has also contributed to audio commentary and written essays for the release of films on DVD.

April 2016 • Film & Television • 304 pages • Color and B&W photos throughout World Rights: Running Press

#### Lois Joy Johnson

The Woman's Wakeup: How to Shake Up Your Looks, Life, and Love After 50 Whether navigating a new career path, dating in the digital age, or just in need of a beauty and fashion makeover, this book offers solutions for women over 50. Readers will feel inspired to push the reset button, and feel more evolved, stylish, and motivated than ever before. Each chapter has a specific theme—work, relationships, fitness, and beauty—and includes interviews and photographs of women who defy and redefine what it means to be 50 and over. • Lois Joy Johnson is an award-winning journalist, and fashion and beauty editor. Her work consists mainly of changing the sociological attitude towards age, and has been a guest on news and entertainment programs. She is the author of The Make-up Wakeup and The Wardrobe Wakeup.

January 2016 • Women's Issues • 288 pages • color illustrations throughout World Rights: Running Press

#### Alexis Wolfer

Radiant Bride: The Beauty, Diet, Fitness, and Fashion Plan for Your Big Day
Many brides get glammed up for their wedding day in all the wrong ways. Crash diets
combined with stress can leave hair dull and lifeless and skin broken out. Wolfer helps
every bride look and feel her best with many tips, including advice on detoxing and diet
plans personalized to the bride, dress-flattering fitness routine suggestions, gown
shopping tips, hair and makeup ideas for the big day, and much more. • Alexis Wolfer
is the founder and editor-in-chief of TheBeautyBean.

December 2015 • Weddings • 208 pages • color illustrations throughout World Rights: Running Press

## Jordan Reid

#### Carrying On: (Mis)Adventures in Pregnacyland

Part memoir, part how-to, this book offers an irresistibly entertaining, and practical, read for soon-to-be moms. Filled with realistic advice, wit, and unrelenting candor, *Carrying On* will make an appealing gift for parents and friends to give to the mom-to-be in their lives. With colorful illustrations and straightforward tips, readers will feel empowered to take on the challenge of parenthood and plan their lives post-baby • **Jordan Reid** studied neuroscience at Harvard University before refocusing on fashion, beauty, entertaining, and home décor. She's an online lifestyle expert for her website, hosts an online series, and has recently added book author to the list.

January 2016 • Women's Issues • 224 pages World Rights: Running Press

## Ben Uyeda

### HomeMade Modern: Smart DIY Designs for a Stylish Home

From the cofounder of HomeMade-Modern.com, which focuses on affordable and sustainable design alternatives to pricey designer home goods, comes a book filled with ideas that are stylish, beautiful, and easy to construct. Showcasing 30 modern DIY projects to furnish home and outdoor spaces using recycled materials and other items, this collection of previously unseen projects is for both beginners and veteran DIYers. Projects include a concrete kitchen island, herb garden wall with ceramic pots, wood pendant lamps, plywood coffee table, and more. Also included are 150 helpful step-by-step illustrations, over 30 color photos, and information on materials and tools. • Ben Uyeda cofounded the award-winning ZeroEnergy Design (ZED), specialized in ecologically conscious housing, and he is the cofounder of FreeGreen.com, a media company that provides ecofriendly home designs on the Web.

November 2015 • Do-It-Yourself/Modern Design • 224 pages • color photos and illustrations World Rights: Running Press

#### Laura McFadden

## Knitless: 50 No-Knit, Stash-Busting Yarn Projects

Beginner-level crafters will love the left-over yarn using projects in this book! Projects range from big to small, which allows both knitters and non-knitters alike fun ways to use their left over pieces of yarn, while also making sophisticated and cozy crafts. Projects include: greeting cards, embroidery, coasters, welcome mats, jewelry, gift wrapping, and more. • Laura McFadden is an award-winning art director and craft writer. She has contributed to many books including The Artful Bride Wedding Invitations and 1,000 Handmade Greetings.

October 2015 • Crafts & Hobbies • 208 pages • full color illustrations throughout World Rights: Running Press

#### Hannah Scheidig

## Fascinators: 25 Easy and Beautiful Projects That Anyone Can Make

Fascinators and floral crowns are the new way to add flair and whimsy to every look! Hannah Scheidig has created 25 easy and beautiful projects that anyone can make, plus variations to match any outfit. These crafts rival any Etsy purchase, while also becoming an instant treasure and addictive hobby. • **Hannah Scheidig** is the founder of ArabellaBridal.com and MadeByCraftParties.com. She was recommended by *Vogue* UK in 2013 and has been featured in a number of top bridal magazines.

March 2016 • Crafts & Hobbies • 208 pages • Color photos throughout World Rights: Running Press

## Jason Rekulak

#### Writer's Block

Most writers have writer's block every once and awhile; this book works to combat that with over 600 pages of inspiration and writing prompts, all in a "block" format. In addition to images and ideas that will jumpstart one's imagination, *Writer's Block* also includes advice from legendary writers like Ernest Hemingway, Mark Twain, Tom Wolfe, Amy Tan, and many others. This is a revised edition of the original title that has sold more than 114,000 copies since 2001. This edition has an updated and refreshed packaging with new photographs and content. • **Jason Rekulak** is a writer and the editorial director of Quirk Books.

Fall 2015 • Writing/Self-help • 600 pages World Rights: Running Press

Margarita Restrepo, Michele Lastella

### The Master Plants Cookbook: Ancient Nutrition Wisdom for Today's World

Food is medicine! A plant-based, whole food diet can help prevent and even reverse chronic diseases such as cancer, diabetes, and heart disease, while also promoting a healthy weight. This extensive cookbook, complied by the founder and editor of *Naked Food* magazine, features 33 essential superfoods. Even better, it also offers more than 100 mouthwatering and easy recipes that are detoxifying, anti-allergen, immune-boosting, and promote weight loss. From avocados and beets to sweet potatoes and spinach, *The Master Plants Cookbook* will spark a new love for real, organic cuisine. • **Margarita Restrepo** is the founder and editor-in-chief of Naked Food magazine, which empowers readers to adopt a sustainable, plant-based, whole food diet for prevention and reversal of chronic disease. Naked Food is supported by leaders in the whole food, sustainable movement including T. Colin Campbell, John Robbins, Caldwell Esselstyn, Michael Pollan, and Dean Ornish. • **Michele Lastella** is a plant-based cuisine chef and founder of Sustainable Society, a media organization focused on developing innovation through ancient knowledge. Both authors reside in Rome, Italy.

March 2016 • Cooking & Health • 288 pages

World Rights: Running Press

Blaine Wetzel, Joe Ray

## Sea and Smoke: Flavors from the Untamed Pacific Northwest

Inspired by his time cooking at the renown Noma in Denmark, James Beard award winner Blaine Wetzel came on as the executive chef at the Willows Inn, on the remote Pacific Northwest Lummi Island. Wetzel transformed the Inn into a hyper-local culinary destination for serious diners, who fly or ferry in for the best meal of their lives. A smokehouse, several fishermen, a farmer, and a dedicated staff who forage for mushrooms and shellfish yield a colorful playground of ingredients for the restaurant's nightly 16-course prix fixe. Recipes include Smoked Mussels, Herring Roe on Kelp with Charred Dandelions, Aged Venison Legs and Wild Lettuce with Seeded Bread, Warm Blueberries and An Ice Cream Made from Sweet Woodruff. If you can't hop the ferry or charter a plane to Lummi, this book is the next-best thing. • Joe Ray, who immersed himself in the Willows Inn's kitchen for a year, has been writing and shooting food and travel stories around the world for more than fifteen years. His work has appeared in *The New York Times* and *The Guardian*. • Chef Blaine Wetzel was chef-de-partie at Noma in Copenhagen. He won the James Beard Rising Star Chef of the Year award in 2014 and in 2015 is the James Beard Winner Best Chef: Northwest.

November 2015 • Cooking/travel • 240 pages • color photos throughout World Rights: Running Press

Helene and Jacqueline An

#### Secret Kitchen

For the first time, master chef Helene An of Crustacean restaurant is releasing the recipes for the dishes that got her inducted into the Smithsonian Institute. Her recipes, brilliant combinations of Vietnamese tradition with French and California flavors, serve as a backdrop for the chronicle of her life from French Colonial Vietnam to refugee to restauranteur. Until now, An kept her family's recipes in a separate kitchen within her restaurants that only her family could enter—but now every home cook can prepare and enjoy her cuisine. • **Helene An** learned to cook and blend Chinese, Vietnamese, and French flavors from her parents while growing up in Vietnam. In 1975, she fled to San Francisco where she opened the first Vietnamese restaurant in the city. She is currently the owner of five restaurants in California, including Crustacean of Beverly Hills, named one of the top 10 restaurants in the U.S. by *Esquire* magazine. • **Jacqueline An** is one of Helene's five daughters and the CFO of The House of An, a rapidly growing restaurant and lifestyle empire.

March 2016 • Cooking & Wine • 304 pages • Color photos throughout World Rights: Running Press

#### Heather Baird

### Sea Salt Sweet: The Art of Using Salts for the Ultimate Dessert Experience

Every dessert has the ability to become salty *and* sweet with this cookbook that incorporates gourmet and artisan salts into 35 recipes. From sure-to-please classics like chocolate chunk kettle chip cookies to lemon pie with soda cracker crust to exotic twists like espresso mousse souffles with fleur de sel, there's something for every baker in this unique cookbook. • **Heather Baird** is the author of *Sprinklebakes: Dessert Recipes to Inspire Your Inner Artist* and food blog, which has been twice nominated by Saveur magazine as best baking blog.

November 2015 • Cooking • 272 pages

World Rights: Running Press

#### Robin Asbell

## The Whole Grain Promise: More than 100 Recipes to Jumpstart a Healthier Diet

Whole grains offer incredible health benefits: they reduce heart disease, diabetes, obesity, and even help with fertility issues. This cookbook offers easy and delicious recipes that incorporate whole grains into one's daily life. Asbell also breaks down the major grains for readers, how best to cook them, shares specific health benefits, and includes other ways to incorporate whole grains into one's diet. • **Robin Asbell** is an established author in the healthy cooking and specialty diets world. She has published five other books, including *The New Whole Grains Cookbook*, and worked for many years as a private chef.

October 2015 • Cooking • 224 pages

World Rights: Running Press

Holly Riccardi, Miriam Harris

## Magpie: Sweets and Savories from Philadelphia's Favorite Pie Boutique

Recipes for great pies from Philadelphia's beloved pie shop, Magpie, are broken down in this book with color photos throughout. With more than 90 different pie recipes, this book shows readers that any day is a good day to bake a pie. • **Holly Riccardi** is a pastry chef with a devotion to pie since childhood. In 2012, she opened Magpie, and has since been featured in Travel + Leisure, Where Magazine, among others. • **Miriam Harris** is a food writer and editor. She has collaborated on multiple cookbooks and wrote The Bob's Red Mill Cookbook.

September 2015 • Baking • 240 pages • color photos throughout

World Rights: Running Press

## Marisa McClellan

#### Naturally Sweet Food in Jars

Preserves get a make-over by substituting refined sugar with naturally sweet foods like maple syrup, honey, agave, and more. The over 100 recipes (and 45 photos) adhere to today's popular diets including paleo, vegan, and low-carb. With Marisa's trademark flavor combinations, seasonal recipes, and small batch methods, this title will appeal to longtime canners and beginners. Recipes like sriracha-style hot sauce, cantaloupe basil jam, and marinated multicolored peppers make low-sugar irresistible, creative and seemingly indulgent. • Marisa McClellan is a writer, teacher, and blogger at FoodInJars.com. Her previous titles are Food in Jars and Preserving by the Pint.

March 2016 • Cooking & Health • 224 pages • Color photos throughout

World Rights: Running Press

Marlene Koch

#### Eat What You Love: Quick and Easy

The fourth installment of the bestselling series instructs readers on how to make the foods they love faster. There are 175 delicious new recipes for every meal of the day, with maximized taste and minimized sugar, fat, and calories. In addition to quick recipes, this title includes tips on how to cook food faster, and minimize the amount of ingredients and cooking time. • Marlene Koch is a bestselling author of several cookbooks including, *Eat What You Love* and *Eat More of What You Love*. She has been featured in numerous publications and on shows like *Cooking Light, Good Morning America*, and the *Food Network*.

April 2016 • Cooking & Health • 304 pages • Color photos & illustrations throughout World Rights: Running Press

John Carruthers, Jesse Valenciana, and John Scholl

#### Eat Street

Street food is growing in popularity because of its affordability, availability, and quick-and-easy urban style. The authors of ManBQue bring us 200 new recipes for delicious street food and beer pairings. All types of street food are covered from Philly cheese steaks to pork belly gyoza dumplings. In addition to quick recipes, this title also includes a variety of do it yourself projects that ensure readers have top quality equipment to match their top quality food. • **John Carruthers** is the managing editor of ManBQue.com and the caterer for MBQ Development, LLC.. • **Jesse Valenciana** is the founder and face of ManBQue, while also working in marketing for a brewery. • **John Scholl** is also a founding member of ManBQue, who spends his time cooking, brewing beer, and working in advertising.

April 2016 • Cooking & Beverages • 304 pages World Rights: Running Press

John Ash and James O. Fraioli

## Cooking Wild

To eat wild foods, you needn't crawl through the forest or hunt your own game. Many wild foods are as close by as your local market. This book takes a big view of "wild," including recipes and information on both foraged, uncultivated foods as well grocery store foods that are gathered rather than cultivated. Worldwide concern about where food comes from has increased the popularity of Heritage breeds, paleo diets, farmers' markets, and in foods that are natural and un-manipulated. Plants, seafood, meat, and birds are all covered in more than 150 delicious recipes, and will serve as a historical, agricultural education for your kitchen. • Chef John Ash is a James Beard award-winning author, teacher, and restaurateur. His namesake restaurant, John Ash & Company was internationally acclaimed. He is the author of four books and is a two-time James Beard Award. • James Fraioli is a full-time writer and President of Culinary Book Creations, the leader in custom published books for celebrity chefs and high end restaurants.

March 2016 • Cooking & Lifestyle • 320 pages • Color photos throughout World Rights: Running Press

#### Tim Federle

### Gone With the Gin: Cocktails with a Hollywood Twist

A perfect gift for film buffs and a terrific twist on movie nights, *Gone with the Gin* is the ultimate cocktail book for die-hard silver screen aficionados who prefer to be shaken, not stirred. Included within are 50 delicious drinks like *A Sidecar Named Desire* and *No Country for Old Fashions*—paired with winking commentary on history's most quotable films—plus an all-star lineup of drinking games, movie-themed munchies, and illustrations throughout. • **Tim Federle** is the author of *Hickory Daiquiri Dock* and *Tequila Mockingbird* which has sold over 156,000 copies and was the 2013 Goodreads cookbook of the year. He lives and drinks in New York City.

Fall 2015 • Cooking & Wine • 152 pages • Color photos & illustrations throughout World Rights: Running Press

Praise for *Tequila Mockingbird*:

"Tequila Mockingbird is a refreshing reminder that drinking is supposed to be fun, and it brings together the kind of cocktails you'll actually make into a book you'll actually use."

—DrinkSpirits.com

"You've never seen so many literary inside jokes in your whole life, which makes this little cookbook my new favorite thing... The commentary is hilarious, to boot."

—FoodRiot

### Andre and Tenaya Darlington

#### The Modern Cocktailer

Through a shared passion of serving well-made drinks, this dynamic cocktail duo has created a cookbook for creating stylish and impressive cocktails at home. More than 230 recipes are included with tasting notes, ingredient suggestions, food-pairings, and more. This title is the must have guide for any host who enjoys impressing their guests with amazing drinks. • **Andre Darlington** attended the bartender education program, BarSmarts, and has since written about the cocktail revolution. • **Tenaya Darlington** is a food writer and educator who writes the cheese blog Madame Fromage. She has also authored two other books, including *House of Cheese*, which was the first cheese guide for cocktails.

April 2016 • Cooking & Wine • 304 pages • Color photos & illustrations throughout World Rights: Running Press

#### Christian DeBenedetti

#### The Great American Ale Trail

Travelers, tourists, and beer experts no longer have to guess where to go for great beer in the United States. This title covers the best places to get great beer, with over 350 entries across the U.S., making it the most thorough and extensive guide to craft beer. This newly revised edition also includes top ten lists, including the "Best Beer Cities," and the "Best Beer Festivals." From mom-and-pop breweries to a quirky pub, this title has the must-have destinations for every beer lover. • **Christian DeBenedetti** is a beer expert, and food and travel writer who has been featured in *The New York Times, Food & Wine*, and *National Geographic Adventure*, among others. His first edition of this title has sold over 15,000 copies.

April 2016 • Cooking & Beverages • 416 pages World Rights: Running Press Off Track Planet

## Off Track Planet's Travel Guide to America for the Young, Sexy, and Broke

This guide includes all the information you'll need to take on the great nation of 'Merica, a country filled with rich culture, museums, shopping, sightseeing, partying, art and music, festivals, nightlife, and more. This edgy reference book will include information on fashion, climate, health and safety, budgeting, and where to stay, as well as show you how to navigate every mode of transportation from buses to Uber; explore the finest art museums to the most tagged urban beauty; discover bodegas, delis, corner stores, and tasting menus around the country; visit weird landmarks; take cheap must-do tours; and crash anywhere from a hostel to a couch. Complete with pre-departure suggestions, OTP Tips and Fun Facts, as well as illustrated maps and 200+ full-color photos, this comprehensive travel guide is equally as entertaining as it is informative.

• Off Track Planet has over four million readers worldwide of their website, launched in 2009, and a strong social media presence. Their first travel book, Off Track Planet's Travel Guide for the Young, Sexy, and Broke, was named one of the Top 10 Travel Books of 2013 by Publishers Weekly.

May 2016 • Travel • 224 pages • color photos throughout World Rights: Running Press

## Off Track Planet

Off Track Planet's San Francisco Travel Guide for the Young, Sexy, and Broke The second guide in Off Track Planet's city travel guide series, this book explores the most popular destinations in San Francisco—the second most densely populated city in the United States. San Francisco is known for its nightlife, restaurants, boutiques, landmarks, and beaches, and this guide explores them all with text, maps, and over 200 color photos. Divided in two sections, the first explains what to expect, and the second part is organized by neighborhood and all the fun things to do there, like partying, art and culture, shopping, eating, festivals, and more.

November 2015 • Travel • 224 pages • color photos throughout World Rights: Running Press

#### Off Track Planet

#### Off Track Planet's Brooklyn Travel Guide for the Young, Sexy, and Broke

Brooklyn is considered the hipster capital of the world. In recent years, the borough has boomed in popularity, and people are coming from all over to explore its restaurant scene, bars, art galleries, tattoo shops, and sights. The guide is divided in two parts: the first covers what to expect in Brooklyn, including climate, fashion, health and safety, budgeting, where to stay, and more; the second part is organized by neighborhood and all the fun things to do, like partying, art and culture, day trips, shopping, eating, festivals, tattoo shops, and sightseeing. None of the text or photos in this guide has been published online, and over 250 places are included.

Published • Travel • 224 pages • color photos throughout World Rights: Running Press

Off Track Planet

Off Track Planet's Travel Guide for the Young, Sexy, and Broke

Published • Travel • 224 pages • color photos throughout World Rights: Running Press; Chinese (C): Digiphoto

## Edited by Running Press

### So Björed: The Inner Thoughts of Unimpressed Tots

Inspired by babies in high-end strollers and baby carriers who appear bored and unimpressed comes a hilarious quote-and-image book that reveals what babies are really thinking. A perfect baby shower gift, this book appeals to the modern parent with wry humor and trendy packaging. With quotes that poke fun at the modern, upper-middle class, urban parent, this book features more than 100 full-color photographs of adorable but hopelessly bored babies. Soon-to-be parents of all ages will enjoy this look into what their baby will be thinking as they strap them into their over the top strollers and bjorns.

September 2015 • Humor • 128 pages • full color illustrations throughout World Rights: Running Press

#### Katherine Furman

## Brain Dump

For all those people that have million dollar ideas while nature is calling, this guide is a completely essential bathroom companion. Part activity book, part journal, with space to doodle and write important thoughts, this title is the first of its kind. Quotes, word searches, doodles, writing prompts, and more that are all poo themed make this book a stimulating way to pass the time. Meant as a funny and irreverent gift book, this title is the perfect gift for anyone with a sense of humor.

June 2016 • Humor • 144 pages • Two-color art throughout World Rights: Running Press

#### Travis Chock

#### Baseballism

This title is the perfect gift for anyone who loves America's favorite pastime—baseball. What started out as a youth camp to teach children baseball while also encouraging campers to be better members of their community, has become a household name. Baseballism is chock full of meaningful quotes with graphic illustrations that parallel both playing the game of life and baseball. The people behind the brand want to share the life lessons one can learn by playing baseball with every fan and player of all ages. • Travis Chock is one of Baseballism's founders and the company's CEO and creative director. He began playing baseball at a young age and then played for the University of Oregon's club baseball team. His career as a baseball coach has enabled him to work with a wide range of players from the youth to varsity level.

February 2016 • Sports & Lifestyle • 112 pages • Color illustrations throughout World Rights: Running Press

## **Seal Press**

Emily V. Gordon

## Super You: How to Become Your Own Superhero

"Super You is a hilarious and inspiring guide about finding, owning and having the courage to be the best you that you can be. You'll start this book as Clark Kent, and Emily will help you find your cape."—Garfunkel and Oates

"I have often imagined a life in which my only job is to do whatever Emily V. Gordon tells me. *Super You* answers all my prayers, making frustratingly abstract *being-a-person* problems totally manageable."—Tavi Gevinson, founder and editor-in-chief of *Rookie* magazine

"Super You isn't a self-help book—it's a manual for badassery. You may never fly or travel through time (drat!), but this book will help you develop your very own special set of super powers. Get ready to get awesome."—Aisha Tyler, actress, comedian, cohost of CBS's The Talk, host of Whose Line is it Anyway?, and author of Self-Inflicted Wounds: Heartwarming Tales of Humiliation

• **Emily V. Gordon** is a former couples and family therapist and current writer and producer. She has written for *Rookie*, *Hello Giggles*, *Huffington Post*, and *Daily Beast*. In addition, she hosts a podcast about video games and produces a weekly stand-up show called *The Meltdown with Jonah and Kumail*, which is also a TV series for Comedy Central.

September 2015 • Self-Help/Psychology • 224 pages World Rights: Seal Press; Spanish: Planeta Mexicana

#### Gemma Correll

#### The Feminist Coloring Book

This fun, empowering book gives readers a chance to poke fun at sexism and patriarchy while enjoying the artistic benefits of coloring. The content takes a humorous, at times sarcastic, look at all manner of feminist topics, from mocking tired women's magazine topics to portraying an ideal egalitarian world. Cartoonist Gemma Cotrell represents a wide swath of women in her hilarious illustrations that include Trends Men Hate, Fake Engagement Chicken Recipes, Women Comedians as Late-Night Host, Everyday Woman Negotiating for Equal Pay, among many others. • **Gemma Correll** is a cartoonist, writer, and illustrator. *Bustle* magazine wrote of her work: "Correll has an incredible knack for turning misogynistic fixtures of our culture into hilarious illustrations. But beyond women's issues, she addresses race, appropriation, and misguided pop culture happenings in ways both critical and witty." Correll has over 48,000 Twitter followers, 125,000 Instagram followers, and is the author *A Cat's Life*, *A Pug's Guide to Etiquette*, and *The Worrier's Guide to Life*, among others. She publishers her "Four Eyes" cartoon at GoComics.com and The Nib on Medium.com.

June 2016 • Art/Adult Coloring • 64 pages World Rights: Seal Press

Jamye Waxman

## How to Break Up with Anyone: Letting Go of Friends, Family, and Everyone In Between

Not all relationships are made to last forever. Sometimes what started as a beautiful friendship or productive partnership can turn toxic, or one-sided, or unhealthy—and the best solution for both parties is to end it. In *How to Break Up with Anyone*, relationship expert Jamye Waxman has written a much needed guide to every step of a nonromantic breakup. Drawing from her personal and professional experiences, Waxman walks the reader through the process of disengaging from a friend, family member, community, or even a former version of him- or herself, addressing both the practicalities and emotional considerations of what it means to break up. While ending a relationship might sometimes be painful, Waxman keeps the message positive, focusing on the ultimately liberating aspects of putting unhealthy relationships to rest.

• Jamye Waxman, MEd, is a sex educator, media consultant, and successful author of several books, including *Getting Off*. She has been profiled on Forbes.com and featured as an expert in magazines such as *Women's Health*, *Men's Health*, *Cosmopolitan*, and *Glamour*.

August 2015 • Self-Help/Relationships • 224 pages

World Rights: Seal Press

#### Allison Gilbert

## Forget Me Not: A Creative Workbook for Remembering Loved Ones

One of the most difficult parts of coping with the loss of a loved one is how to manage the years that follow. Most of us receive the immediate help we need when someone passes away, but consider the vacuum that happens later. A search on Amazon offers thousands of books on grieving, but hardly anything on concrete steps for remembering. Forget Me Not is a compact roadmap for discovering fun, creative, and inspiring ways to remember those closest to us. An upbeat and empowering book, Forget Me Not is a much-needed, one-of-a-kind guide that delivers 75 imaginative ideas for celebrating and honoring the family and friends we never want to forget. This book gathers the insights of readers, grief counselors, social workers, and religious leaders to offer ways to save precious items, connect our children to their grandparents, cherish the past, and keep the memory of our loved ones alive. • Allison Gilbert is an Emmy award-winning journalist and author of three books. Most recently, her book Parentless Parents garnered widespread media attention with articles appearing in various print and online publications including Reader's Digest,, Parenting, iVillage, The Atlantic, and the New York Times. The Parentless Parents organization she founded has an active Facebook page and chapters across the US and Canada.

Spring 2016 • Self-Help/Grieving • 256 pages World Rights: Seal Press

#### Amy Ferris

# Shades of Blue: An Anthology About Depression, Suicide, Sadness, and That Flicker of Hope in the Middle of Crazy

We all know something about depression, whether it's the light blue days when things go wrong to the deep indigo blue of the full-on illness. Coming at it from her own suicide attempt 40 years ago, author and screenwriter Amy Ferris attempts to break the taboo and bring frank discussions of the illness out into the open with this brave and poignant collection of essays from a broad range of people who have suffered through it. Contributors include Martha Frankel, Elizabeth Rosner, John Berendt, Caroline Leavitt, Bob Guccione Jr., Beverly Donofrio, Pete Werner, and many others. As Ferris says so well herself, "We need to say, write, scream, shout out-loud: you are not alone." • Amy Ferris is an author, screenwriter, editor, and playwright. Her memoir, Marrying George Clooney: Confessions from a Midlife Crisis, debuted theatrically (Off-Broadway) in 2012. Ruth Pennebaker of the New York Times called her memoir "poignant, free-wheeling, cranky and funny." Ferris coedited, along with Hollye Dexter, the new anthology Dancing at the Shame Prom. She has contributed to numerous anthologies, is on the faculty at the San Miguel de Allende Literary Festival and on the advisory board of the Women's Media Center, and is a founding board member of the Scranton, Pennsylvania-based Pages and Places Literary Festival.

September 2015 • Self-Help/Psychology • 256 pages

World Rights: Seal Press

#### Sheila Hamilton

## All the Things We Never Knew: Chasing the Chaos of Mental Illness

Mental illness, unlike cancer, isn't celebrated with big marches or pink ribbons. A stifling stigma surrounds it, preventing people from seeking help. Sheila Hamilton learned this lesson the hard way as her husband descended into the darkness of instability until his eventual suicide. In this gripping inside look into mental illness, Hamilton recounts the denial and fear that she experienced as her once loving husband grew more distant and more manically depressed. In detailing their unsettling descent from ordinary life into mental illness, Hamilton confronts her denial and willingness to remain quiet in the face of her husband's disorder while also celebrating the redemptive quality of choosing life over retreat, of learning to love and trust again, and the beauty of forgiveness. • Sheila Hamilton is a five-time Emmy Award–winning broadcaster who hosts a popular morning show on the number one Adult Rock radio station in the United States. Hamilton has been a political columnist for the *Portland Tribune* and has worked in television and news for over 20 years.

September 2015 • Memoir/Mental Health • 300 pages

World Rights: Seal Press

#### Shasta Nelson

### Friendtimacy: 5 Ways to Deepen the Friendships That Mean The Most

In Frientimacy, award-winning speaker and friendship guru Shasta Nelson takes on the unacknowledged epidemic of women and loneliness. Women are more networked than ever, she explains, but so much less connected in meaningful ways. Championing the positive effects of frientimacy—friendship intimacy—in women's lives, Nelson's book shows readers how to create and maintain the intimate friendships we all need. Exploring the most common complaints and conflicts facing female friendships today, Nelson lays out strategies for overcoming these pitfalls to create deeper, more supportive relationships. With a warm, engaging, and inspiring voice, Nelson shows how friendships can lead to enriched experiences, stronger and more meaningful lives, and an overall increase in happiness. • Friendship expert Shasta Nelson is the founder and CEO of GirlFriendCircles.com, the female friendship matching site where women of all ages go to make local friends, and the author of Friendships Don't Just Happen! The Guide to Creating a Meaningful Circle of GirlFriends. Shasta has appeared on The Today Show, Katie, The Early Show, and Fox Business and has been featured in Cosmopolitan, More, Redbook, Good Housekeeping, the New York Times, Chicago Tribune, and the San Francisco Chronicle.

March 2016 • Self-help/Friendship • 240 pages

World Rights: Seal Press

Julia Serano

# Whipping Girl: A Transsexual Woman on Sexism and the Scapegoating of Femininity, $2^{nd}$ edition

In the updated second edition of Whipping Girl (ranked by Ms. Magazine as #16 of the "100 Best Non-Fiction Books of All Time"), Julia Serano, a transsexual woman whose supremely intelligent writing reflects her background as a lesbian transgender activist and professional biologist, shares her powerful experiences and observations—both preand post-transition—to reveal the ways in which fear, suspicion, and dismissiveness toward femininity shape our societal attitudes toward trans women, as well as gender and sexuality as a whole. Serano's well-honed arguments stem from her ability to bridge the gap between the often-disparate biological and social perspectives on gender. In this provocative manifesto, she exposes how deep-rooted the cultural belief is that femininity is frivolous, weak, and passive, and how this "feminine" weakness exists only to attract and appease male desire. In addition to debunking popular misconceptions about transsexuality, Serano makes the case that today's feminists and transgender activists must work to embrace and empower femininity—in all of its wondrous forms. • Julia Serano is an Oakland, California-based writer, performer, activist, and biologist. She is also the author of Excluded: Making Feminist and Queer Movements More Inclusive. Julia's writings have appeared in over a dozen anthologies, and in magazines and news outlets such as the Guardian, the Daily Beast, AlterNet.org, The Advocate, Out, Bitch, and Ms. Magazine. Serano's has a PhD in Biochemistry from Columbia University and worked as a researcher at UC Berkeley for seventeen years. Her education along with her life experiences as a transgender woman give her a unique perspective on gender and sexism, and her writings have been used as teaching materials in gender and queer studies, sociology, and psychology courses.

February 2016 • Transgender/Gay & Lesbian • 440 pages

World Rights: Seal Press

Laura Holmes-Haddad

# This is Cancer: Everything You Need to Know About Getting Through It, From The Waiting Room to the Bedroom

Laura Holmes-Haddad was diagnosed with Stage IV breast cancer at age 37; she was a freelance-writer, a mother, a wife, and, on November 26, 2012, she became a cancer patient. This is Cancer is not, however, her personal tale of survival. It's the opposite. It's a voice-driven companion and guide to handling the diagnosis and the illness for anyone who has walked out of oncology and faced a whole new reality. Holmes-Haddad's winning combination of information and entertainment is refreshingly new in this category. This is Cancer is grounded in her voice, with her been-there-done-that wisdom offering practical guidance on everything from diagnosis (Welcome to Cancerland) and treatment (There is No Prize for Best Patient), to exercising and parenting. This is the book that both tells patients what's going on and keeps them company (maybe even with a few laughs) through it all. • Laura Holmes-Haddad is a former editor and cancer-patient evangelist. Health insurer Blue Shield California, has featured her in videos and at conferences where she speaks to employees about patient care and long-term strategy.

Fall 2016 • Health/Cancer • 224 pages World Rights: Seal Press

Carla Birnberg and Roni Noone

## What You Can When You Can

For readers struggling to make changes in their diet and health, fitness bloggers Carla Birnberg and Roni Noone are sharing their secret—using social media to build a community for success.

"Refreshing and straightforward, What You Can When You Can is the ultimate mindset for making health and happiness your best habits. Simple, powerful, real."
—Venus Williams

"Think you're too busy to be healthy? Read this book." —A. J. Jacobs, best-selling author of *The Year of Living Biblically* and *Drop Dead Healthy* 

"After reading this book, 'What you can, when you can' has become my new motto. It's the perfect mantra to help me be my best self, without putting unrealistic pressure on myself to be 'perfect.' If we all adopted the #wycwyc way of life, we'd all be happier—and healthier too!" —Rachel Bertsche, best-selling author of *Jennifer, Gwyneth and Me* and *MWF Seeking BFF* 

**Carla Birnberg**, also known as MizFit, is a freelance writer, healthy-living blogger, and fitness expert. Her blog *MizFit Online* was chosen to serve as part of Oprah's Virtual Digital Blogging Network and consistently receives the highest number of reader comments of any blog in the fitness genre. Birnberg has been featured in *Fitness Magazine* and written for *Runner's World*, *Yahoo!*, *Shine*, and others. • **Roni Noone** encourages lighter, healthy living through her two blogs: *Roni's Weigh* and *Green Lite Bites*. Winner of the SHAPE 2011 Blogger Awards, Noone founded and maintains a supportive online community called BlogToLose. Her writing has appeared in *Woman's World* and *Wired* and on CNN.

April 2015 • Health and Fitness/Exercise and Fitness • 160 pages World Rights: Seal Press

Dr. Elizabeth Lombardo

# Better Than Perfect: Free Yourself from Impossible Standards So You Can Live a Happier, Healthier Life

"With the goal of helping people 'before they need the couch,' clinical psychologist Lombardo explains how to combat perfectionism and stop striving for unattainable goals.... Verdict: A solid starting point for those who suffer from perfectionist tendencies." —Library Journal

"Dr. Lombardo's strategies will help you get out of your own way to create the life you want—one that's filled with happiness and success. I highly recommend *Better Than Perfect*!"—Marci Shimoff, *New York Times* best-selling author of *Happy for No Reason, Love for No Reason,* and *Chicken Soup for the Woman's Soul* 

**Dr. Elizabeth Lombardo** is a clinical psychologist who has had a thriving private practice for over a decade. She has been featured on CNN and *The Today Show*, in in *Allure, Cosmopolitan, USA Today, Health, Woman's World*, and the *Wall Street Journal*, and online at HuffingtonPost.com, Forbes.com, and Self.com, among many others.

Published • Self-Help/Health and Wellness • 268 pages

World Rights: Seal Press; Chinese (cmplx): Business Weekly; Chinese (simp.) Beijing Phoenix; Japanese: Kongo Shuppan; Russian: Mann, Ivanov, and Ferber; Spanish: Planeta Mexicana; Turkish: Yabanci

Kara Richardson Whitely

## Gorge: My 300-Pound Journey up Kilimanjaro

"In Gorge, Kara Richardson Whitely takes us where few have dared to go before: thrillingly up to the top of Mt. Kilimanjaro and profoundly down to the darkest depths of food addiction. Kara is fearlessly honest and powerfully intelligent. I was moved and inspired by every page of this beautiful book." —Cheryl Strayed, author of *Wild: From Lost to Found on the Pacific Crest Trail* 

"Gorge reminds us of just how strong the human spirit is, and how resilience and determination can, in fact, triumph over despair." —Ann Hood, author of *Comfort: A Journey Through Grief* 

April 2015 • Memoir/Fitness/Travel • 256 pages • World Rights: Seal Press

### Rupa Mehta

## The Nalini Method: 7 Workouts for 7 Moods

Based on the author's hugely popular fitness regimen that she teaches through her two studios in New York City, The Nalini Method is part work-out routine fusing Pilates, aerobics, barre work, strength and resistance training, and yoga; part spiritual guide, part eating plan—all designed to transform the body and spirit. Rupa provides specific plans based on the readers' mood that will result in physical and emotional strength: the body you've always wanted, and the newfound ability to greet every day with lightness and energy. • Rupa Mehta After graduating from NYU's Stern School of Business and studying Pilates, Yoga, and Lotte Berk, Rupa Mehta's signature fitness class was born. Rupa and her team teach fitness classes, not only in Manhattan but also in two Brooklyn schools and one of her goals is to launch a tween/teen wellness program nationally. Rupa Mehta has been profiled in Vogue, Oprah Magazine, New York Magazine, Marie Claire Womens Wear Daily, InStyle, and many more. Vogue called her "a pint-sized guru." NBC news called the Nalini Method "one of the all-time best workouts in NYC."

November 2015 • Diet and Health • 290 pages • World Rights: Seal Press

## Debby Herbenick

## The Coregasm Workout: The Revolutionary Method for Better Sex Through Exercise

"Kinsey Institute researcher and fitness enthusiast Herbenick draws on her studies of exercise-induced orgasms and arousal for a captivating guide to how exercise can help one feel more connected to one's body, ultimately improving one's sexual life... Embedded throughout are helpful quotes and carefully detailed exercises featuring refreshingly diverse exercise models, which will ensure the book's appeal to women of all body types. Going by this book, Herbenick's expertise as a sex researcher is as unimpeachable as her passion for fitness."—Publishers Weekly

"For anyone looking to start an innovative new exercise routine, *The Coregasm Workout* delivers the ultimate happy ending!"—Ian Kerner, *New York Times* best-selling author of *She Comes First* 

"As a sex therapist, clients are often surprised at the way lifestyle changes related to diet or exercise can boost their sex life. *The Coregasm Workout* shows how exercise is connected to sexual arousal and orgasm in fascinating ways."—Rose Hartzell, PhD, EdS, CHES, LMFT, and AASECT Certified Sexuality Therapist

**Debby Herbenick** is codirector of the Center for Sexual Health Promotion, an associate research scientist in the Department of Applied Health Science in Indiana University, Bloomington's School of Public Health, and the sexual health educator for the Kinsey Institute for Research in Sex, Gender, and Reproduction. She is the voice behind the Kinsey Institute's *Kinsey Confidential* column and podcast series. She has given two TEDx talks (in 2011 and 2013) and is author of *Amazing Sex* and *Read My Lips*.

April 2015 • Fitness/Sexuality • 224 pages World Rights: Seal Press

Jes Baker

## Things No One Will Tell Fat Girls

With smart and sassy eloquence, veteran blogger Jes Baker calls on women to be proud of their bodies, fight against fat shaming, and embrace a body-positive worldview. With the same straightforward tone that catapulted her to global attention when she wrote a public letter addressing the sexist comments of Abercrombie & Fitch's CEO, Baker shares personal experiences along with in-depth research in a way that is approachable, digestible, and empowering. Featuring notable guest authors, Things No One Will Tell Fat Girls is an invitation for all women to reject fat prejudice, learn to love their bodies, and join the most progressive and life-changing revolution there is: the movement to change their world, not their body. • Jes Baker is internationally known for her blog The Militant Baker, the "Attractive and Fat" campaign, and her dedication to shifting social paradigms into a place where all people are offered the opportunity to love themselves just as they are. "Attractive and Fat" drew coverage from CNN, The Today Show, and the BBC, among many other outlets. Her extensive body advocacy work has continued to garner attention from hundreds of national and international media networks. When not blogging, Baker spends her time producing the Body Love Conference, speaking, and working with clothing companies to promote more plussize fashion.

August 2015 • Self-Help/Personal Growth • 224 pages World Rights: Seal Press

#### Brett Graff

### Not Buying It

When it comes to raising kids, we're overspending—hemorrhaging money by mistaking luxuries for necessities. Why? We're afraid that not spending more means our kids will fall behind in school, sports or social activities. And in today's parenting climate, there is no room for error; academic admissions are competitive and—down the road—jobs are scarce. Former government economist and nationally syndicated columnist Brett Graff shows us that there's a better way in this lively look at saving money, saving our sanity, and raising happier children. Graff introduces low-cost alternatives for instilling in your child the very kind of achievement other parents are busy trying to buy. Then she shows readers how to use their savings to build a solid financial foundation for the future. • Brett Graff has been researching how parents spend and behave for over a decade, with her work appearing in *The Miami Herald* and then later in McClatchy newspapers across the US. Over a million people read her *The Home Economist* newsletter each month in print and on line. She has also discussed the costs of raising kids on CNN's *American Morning* and reported on the matter for the PBS show *Nightly Business Report*. She contributes regularly to a wider range of magazines.

Spring 2016 • Parenting/Personal Finance • 256 pages World Rights: Seal Press

Samantha Ducloux Waltz

## Blended: Writers on the Stepfamily Experience

Blended explores stepfamilies from the inside out from the perspectives of 30 writers who know what it's like firsthand. Sometimes funny, often poignant, and always deeply personal, the stories in Blended capture the essence of stepfamilies in all of their weird and wonderful varieties. The journeys range from the first encounters between new step-relatives to marriages, honeymoons, daily experiences, and divorces. The diverse voices in Blended reflect the realities of today's world, in which yesterday's ideas of family structures and types just don't cut it anymore. Parents, children, siblings, aunts, uncles, grandparents, cousins: all of these relationships change when families are melded, and the writers of Blended help explore the truth of what these new relationships look and, especially, feel like. Blended offers something for everyone: laughter, wisdom, empathy, and guidance, and, above all, the knowledge that you are not alone. • Samantha Ducloux Waltz sold her first story at age 11 to a local newspaper. She later worked as a guest editor and assistant editor for Mademoiselle. Her books include Parenting: Four Patterns in Childrearing, Parenting Gifted Children, and Gifted Child: Master Piece in the Making. Her personal essays have been published in the Christian Science Monitor and more than 60 anthologies.

May 2015 • Family/Child Care • 256 pages World Rights: Seal Press

## **Weinstein Books**

Dick Van Dyke with Todd Gold

## Keep Moving: And Other Tips and Truths About Old Age

Beloved Hollywood icon Dick Van Dyke will celebrate his 90th birthday in December 2015. He's an established legend, having starred in Mary Poppins, Chitty Chitty Bang Bang, and The Dick Van Dyke Show. And yet he's still keeping himself busy, entertaining us through television, movies, the theater, and social media. Everyone wonders, How does he do it? For the first time, Van Dyke shares his secrets and tips on old age: just keep moving. Keep Moving serves as an instruction manual on how to embrace old age with a positive attitude. The chapters are filled with exclusive personal anecdotes that explore various themes on aging: adapting to physical and social changes, dealing with the loss of friends and loved ones, staying current, falling in love again, and "keeping moving" every day like there's no tomorrow. • Dick Van Dyke is a Hollywood icon and New York Times best-selling author of My Lucky Life in and out of Show Business. He has received the Theatre World Award, a Tony, a Grammy, and four Emmys, as well as the Screen Actors Guild Life Achievement Award in 2013. He lives in California. • Todd Gold is a New York Times best-selling author who has collaborated on several dozen books with celebrities, including Dick Van Dyke, Belinda Carlisle, Maureen McCormick, Drew Barrymore, and Sonny Bono, among others. He is currently the executive editor of XFINITY TV.

September 2015 • Memoir • 256 pages

World Rights: Weinstein Books

Louise Troh with Christine Wicker

## My Spirit Took You In: The Romance that Sparked an Epidemic of Fear

"It's a heartbreaking and honest story, gripping from beginning to end." Vanity Fair

Louise Troh — fiancée of Thomas Eric Duncan, the first man ever to die of Ebola in America — breaks her silence about her experience in this deeply moving memoir, chronicling the decades long love story that starts in Liberia and ends in an isolation ward in Dallas, Texas. Louise Troh fled war in Liberia decades ago and made her way to an Ivory Coast refugee camp where she met and married Eric Duncan. They had a child but the marriage didn't survive the stress of a refugee camp. She left for America with their son when he was three while Eric returned to Liberia; both remarried and then divorced other people. Years later they reconnected. Eric finally arrived in the US to re-marry Louise and meet his son but just days after his arrival he succumbed to Ebola and died. • Louise Troh is the fiancée of Thomas Eric Duncan, who became the first person to die of the Ebola virus in America on October 8, 2014. Troh is from Liberia and currently lives with her family in Dallas, Texas. • Christine Wicker is a former religion reporter for The Dallas Morning News and the author of New York Times bestseller Lily Dale: The True Story of the Town that Talks to the Dead. She has written for Parade magazine, Huffington Post, and AOL's Politics Daily. She met Louise Troh through their congregation at Wilshire Baptist Church in Dallas, where she lives.

April 2015 • Biography/ Autobiography • 280 pages

World Rights: Weinstein Books

#### Mika Brzezinski

#### Grow Your Value: Living and Working to Your Full Potential

From Lean In to Maxed Out, the question of whether women can "have it all" is on everyone's tongue. But three-time New York Times best-selling author and morning TV news cohost Mika Brzezinski wants us to stop asking the question. Women will never feel truly successful, no matter how high they climb, how much money they make, or how fulfilling they find their personal lives, if they continue to accept a definition of "success" that is utterly impossible for any one woman to achieve. Through interviews with powerful, successful women in every walk of life, input from researchers and social scientists, and her own experiences, Brzezinski splits success down the middle—into the "marketing brand" that defines your value in the workplace and the "in-house brand" that describes your core values and personal goals. Women can stop feeling overwhelmed, overscheduled, frantic, and forever guilty—but only if they choose their goals confidently and unapologetically. Knowing your brands—your value to those in the workforce and those you hold dear—will help you navigate the inevitable tough choices that come with being a successful, ambitious, and driven woman today. A companion piece to Brzezinski's ongoing work with Arianna Huffington (and the Thrive Conference) and a response to Sheryl Sandberg's Lean In, this book breaks open the myth of the "work-life balance" once and for all. • Mika Brzezinski is cohost of Morning Joe, an MSNBC anchor, and author of the New York Times best sellers Obsessed, All Things at Once, and Knowing Your Value.

May 2015 • Self-Help/Careers • 256 pages World Rights: Weinstein Books

## **Westview Press**

#### Fall 2015 titles

### Philosophy of Social Science by Alexander Rosenberg

An air-tight, but accessible, introduction to the foundations of the human sciences: economics, anthropology, sociology, political science, psychology, and history.

## **Keen's Latin America Civilization, Volumes 1 and 2** by Robert Buffington and Lila Caimari

A thorough anthology of life in colonial Latin America, divided into two volumes, which includes riveting first-hand accounts, images, and essays.

**Public Opinion** by Carroll J. Glynn, Susan Herbst, Mark Lindeman, Garrett J. O'Keefe, and Robert Y. Shapiro

Multidisciplinary explanations of how public opinions are formed, shaped, and affect society.

**A Concise History of the Middle East** by Arthur Goldschmidt Jr. with Aomar Boum A concise chronological history of the Middle East, that begins with the start of Islam and ends with the present day.

#### Philosophy of Education by Nel Noddings

A discussion of both current and classic looks into philosophical thought in relation to teaching, learning, researching, and policy.

# Nature of the Nonprofit Sector and Understanding Nonprofit Oranizations, Two-Volume Set by J. Steven Ott and Lisa Dicke

Each title features the classic and current readings on nonprofit organizations, and provides clear reasoning behind their existence, forms, functions, and crucial issues they face.

## Recently published:

# Europe on Trial: The Story of Collaboration, Resistance, and Retribution in World War II Europe by Istvan Deak

A thorough discussion of the moral consequences both during and immediately following the war for European countries.

Licenses: Hungarian: Argumentum Kiado; Slovenian: Cicero

## **Amherst Media**

In its 25 years, Amherst Media (AmherstMedia.com) has become the best source for original, in-depth, photographic instruction. Amherst Media publishes books for every level, from amateur and serious photographers to the world's leading professional photographers.

Each title has full-color photos throughout, unless otherwise stated and Amherst Media controls world rights.

## Michael Fagans

## iPhone Photographer

Michael Fagans teaches readers how to take professional looking pictures with their iPhones by breaking down 60 inspiring images. • **Michael Fagans** is a photographer who focuses on helping businesses and nonprofits inform their clients, volunteers, and community about their work using photos, social media, web projects, and video.

March 2015 • Photography • 128 pages

#### Robert Morrissey

## iPhoneography Pro: Techniques for Taking Your Iphone Photography to The Next Level

The iPhone is revolutionizing photography. This book shows the iPhone's untapped potential for taking jaw-droppingly detailed, sharp, professional-quality images. • **Robert Morrissey** is one of the country's top artistic creative photography talents. Sponsored by Chimera, Olympus and DynaLite, he is the recipient of numerous awards from Canon and Kodak and has over 25 years experience.. He is the Executive Photographer at Morrissey & Associates. MorrisseyPhoto.com

August 2015 • Photography • 144 pages • Rights licensed: Russian: AST

#### Laurie Klein and Kyle Klein

## Infrared Photography: Artistic Techniques for Brilliant Images

Readers will learn to harness infrared light and its surreal visual effects to create infrared humanscapes that render the human form—and environment—as fine art. • Laurie Klein is an award-winning fine art, wedding and portrait photographer. She is the author of *Photographing the Female Form with Digital Infrared* and *Hand Coloring Black and White Photography*. Her images have appeared in numerous national magazines. • Kyle Klein opened his photography business in 2013 and does a wide range of work. He is a consultant for studio owners, and teaches photography, workflow and Photoshop skills.

October 2015 • Photography • 128 pages, color and b&w images throughout

#### Tammy Warnock

#### Plus-Size Boudoir Photography Techniques

In this book, Tammy Warnock presents a tangible, easy-to-follow recipe for creating beautiful sexy images of plus-size clients that celebrate every curve. • **Tammy Warnock** is a portrait photographer working from her studio, True Blue Photography. She lives in Los Alamitos, California. She is the co author of *Photographing Families* and the author of *Boudoir Photography*.

July 2015 • Photography • 128 pages

#### Jim Cornfield

#### The Soft Touch: A Photographer's Guide to Manipulating Focus

This is a guide to mastering the art of soft-focus portraiture in-camera and in postproduction for enhanced creativity and bigger sales. • **Jim Cornfield** is a veteran commercial photographer. Cornfield's photographs appear in advertisements and corporate publications worldwide, for a clientele that includes NBC, CBS, Disney, Paramount Pictures, Hewlett-Packard, Dole, Occidental Petroleum, and a gamut of periodicals from *Reader's Digest* to *Scientific American*. Cornfield is the author of three books, and an experienced film and video director, having created many television commercials for his broadcasting and advertising clients.

October 2015 • Photography • 128 pages

### Hernan Rodriguez

The Power of the Face: A Creative Guide to Outstanding Portrait Photography Master the presentation of the face for powerful portraits that sell. • Hernan Rodriguez has garnered over 30 international photography awards, including a prestigious Black and White Spider Award in the fashion category, as well as a Photography Masters Cup Nomination 2014 and 2013 in the fashion category.

September 2015 • Photography • 128 pages

## Travis Gadsby

### Portraiture Unleased: 60 Powerful Design Ideas for Knockout Images

A guide to finding a creative spark to create stand-out portraits and redefine photographic style. • **Travis Gadsby**, CPP owns and operates Silverlake Photo Accessories, The Brink Studio and The Model Program. The portrait industry has changed dramatically over the past decade and photographers must constantly evolve to stay at the top of their game. Having started at the bottom and worked his way up over the past 23 years gives Travis an ability to relate to photographers of any skill level. His style of teaching concentrates on the individual needs of his students and what they can do to adapt and prosper.

August 2015 • Photography • 128 pages

### Elizabeth Homan and Trey Homan

Photographing Families: Designing Custom Portraits with Character & Style
A guide to the technical, artistic, and interpersonal skills needed to create portraits that speak to the essence of each family. • Elizabeth Homen has won many awards for her wedding photographs, portraiture and portrait albums. She has 14 Fuji Masterpiece awards, 5 Kodak Gallery awards and many Professional Photographers of America Loan Collection images. She was selected as a PPA ELITE member in 2014, one of only 26 members selected out of 27,000 for photographic excellence! • Trey Homen manages the studio, computer systems, album design and designs all of the marketing pieces.

September 2015 • Photography • 128 pages

Neil van Niekerk

## On-Camera Flash: Techniques for Digital Wedding and Portrait Photography, Second Edition

Overcome the challenges inherent in using off-camera flash with these tips from a master. • **Neil van Niekerk** is a photographer who specializes. in weddings and portraits. Van Niekerk has presented workshops on lighting worldwide and has written several books on flash photography and lighting techniques. He maintains a website for photographers, Tangents (neilvn.com/tangents/).

October 2015 • Photography •128 pages

### Kevin Jairaj

Stylish Weddings: Create Dramatic Wedding Photography in Any Setting
Learn how to create dramatic wedding images in any situation. • Kevin Jairaj is an
internationally award-winning wedding and portrait photographer. He uses techniques
he learned as a fashion photographer to achieve breathtaking results and create
unique, dramatic shots that leave his clients in awe. Kevin is one of only a few people in
the world to hold the Double Master Title from Wedding and Portrait Photographers
International (WPPI) as well as a Master of Photography from Professional
Photographers of America. He has won numerous First-Place Awards in the very
prestigious WPPI 16x20 and 8x10 print competitions, in addition to having several
prints selected in the PPA Loan Collection.

October 2015 • Photography • 128 pages

Pierre Stephenson

# Foundations of Posing: A Comprehensive Guide for Wedding and Portrait Photographers

Get posing tips that flatter your subjects and improve the overall quality of your images, no matter your portrait genre or style. • **Pierre Stephenson** is a professional photographerand adjunct professor of photography at Madison College. His work includes portraiture, wedding, commercial, and underwater photography and has been featured in such magazines as *Modern Bride*, *Photo District News*, *Rangefinder and Professional Photographer*.

October 2015 • Photography • 128 pages

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October 2015 • Photography • 128 pages, color and b&w images throughout

## Gary Wagner

## Digital Black & White Landscape Photography: Fine Art Techniques from Camera to Print

Create masterful black & white images of natural and man-altered landscapes with these capture and postproduction strategies. • **Gary Wagner's** professional career spans more than three decades and includes, fine art, portrait, and commercial photography. He teaches theory and technique at the college level and seminars in Europe on the English country landscape.

August 2015 • Photography • 128 pages, b&w photos throughout

### Joseph Classen

## Wildlife Photography: Advanced Field Techniques for Tracking Elusive Animals and Capturing Magical Moments

Think like a hunter but shoot with your camera: practical and proven advice for intimate wildlife photography. • Joseph Classen has written numerous books and articles on a variety of nature related topics. He's been a member of the Professional Outdoor Media Association, and has also worked as an Alaskan photography, fishing, and wilderness guide. His photography work has won awards, been published in numerous magazines, featured by conservation organizations and travel bureaus, and continues to gain worldwide exposure.

August 2015 • Photography • 128 pages

## BenBella Books

Michael Fossel

# The Telomerase Revolution: The Enzyme That Holds the Key to Human Aging $\dots$ and Will Soon Lead to Longer, Healthier Lives

Dr. Michael Fossel has been in the forefront of aging research for decades and is author of the definitive textbook on human aging. In The Telomerase Revolution, he takes us on a detailed but highly accessible scientific journey, providing startling insights into the nature of human aging. Every time a cell reproduces, its telomeres (the tips of the chromosomes) shorten. With every shortening of the telomeres, the cell's ability to repair its molecules decreases—it ages. The Telomerase Revolution describes how telomerase will soon be used as a powerful therapeutic tool, with the potential to dramatically extend life and even reverse human aging. This is the definitive work on the latest science on human aging, covering both the theory and the clinical implications of telomerase therapy. • Dr. Michael Fossel earned both his PhD and MD from Stanford University, where he taught neurobiology and research methods. Winner of a National Science Foundation fellowship, he was a clinical professor of medicine for almost three decades, executive director of the American Aging Association, and founding editor of Rejuvenation Research. In 1996 he wrote the first book on the telomerase theory of aging, Reversing Human Aging, and in 2011 he coauthored The Immortality Edge, a best-selling discussion of the potential for extending the human lifespan. The world's foremost expert on the clinical use of telomerase for age-related diseases, Fossel has lectured at the National Institute for Health and the Smithsonian Institute. He has appeared on Good Morning America, 20/20, Extra, CNN, BBC, Discovery Channel, and NPR.

October 2015 • Science/Health • 312 pages

World Rights: BenBella Books; ANZ: Allen & Unwin; UK: Atlantic Books; French: Guy Tredaniel; Spanish: Planeta Mexicana

Jorge Cruise

## Tiny and Full: Discover the Clean Calorie Revolution to Feel Full and Get a Tiny Waist in 2 Weeks

For years, NY Times bestselling author Jorge Cruise has recommended counting only "sugar calories" in order to lose dangerous belly fat and fight of disease. In this science-based, dietician recommended, doctor approved plan Cruise reveals a more effective plan for total health. What's the secret? It's eating natural, nutrient-rich, lean foods that fill you up with the least number of calories. This delicious "lean calorie" way of life will slim your waist, reset your habits, and change your life in just 2 weeks. Few health authors have the household name recognition and track record of **Jorge Cruise.** His debut series of 8 Minutes in the Morning books has sold more than 4 million copies worldwide, and The Belly Fat Cure has sold more than 600k copies. Cruise used to be 40 pounds overweight. His career was launched on The Oprah Winfrey Show in November of 1998 and today he is a leading celebrity fitness trainer. He is a contributor to The Steve Harvey Show, The Dr. Oz Show, Extra TV, Good Morning America, The Today Show, The Rachael Ray Show, Huffington Post, First for Women Magazine, and the Costco Connection and hosts The Jorge Cruise Show with over 12 million listeners.

Spring 2016 Health/Diet 224 pages World Rights: BenBella Books

#### Michelle Gielan

Broadcasting Happiness: The Science of Igniting and Sustaining Positive Change "Michelle Gielan is one of the brightest stars in positive psychology and an eloquent champion for rethinking the way we communicate."—Arianna Huffington

"Broadcasting Happiness is a truly exceptional book, one that will help you to be better and more effective in work and life right away."—Tom Rath, New York Times bestselling author of Strengths-Based Leadership and Eat Move Sleep

"Broadcasting Happiness is an inspiring book on radically rethinking the way we communicate with others. Michelle Gielan is a gifted storyteller, and she shares powerful science and practical insights for improving the world around us."—Adam Grant, Wharton professor and New York Times bestselling author of Give and Take

• **Michelle Gielan**, founder of the Institute for Applied Positive Research, is an expert on the science of positive communication. She works with Fortune 500 companies and schools to raise employee engagement, productivity, and happiness at work. Gielan is a partner at GoodThink, a positive psychology consulting firm, and she holds a master's in applied positive psychology from the University of Pennsylvania. Her research and advice have received attention from *Forbes*, CNN, and, *Huffington Post*, and NPR.

August 2015 • Business/Psychology • 224 pages World Rights: BenBella Books; Chinese (s): CITIC; Japanese: Soshisha

## Pamela Anderson with photos by Emma Dunleavy

From superstar Pamela Anderson and fashion photographer Emma Dunlavey comes a sexy and funny scrapbook style collection that reveals Pamela Anderson at her most intimate. Featuring over a decade of Dunlavey's behind-the-scenes photography, *Raw* shows Pamela at her wildest, her silliest, and her sexiest. *Raw* lets the reader be a fly on the wall, witnessing Pamela's adventures around the world. Combined with Pamela's prose and poetry, hand-written and hand-arranged by Pamela, *Raw* is a beautiful entrée into the life one the world's most exciting and sensual women. • Pamela Anderson is a Canadian actress, author, and activist. She founded The Pamela Anderson Foundation, which supports organizations that fight for human, animal, and environmental rights (pamelaandersonfoundation.org). • Emma Dunlavey is a Britishborn photographer and artist based in Los Angeles. As a professional photographer, Emma is well known for shooting fashion, celebrities, and advertising. Her work has been published in many well respected publications worldwide.

September 2016 • Pop Culture/Photography • 128 pages World Rights: BenBella Books Josh Gross

# Ali vs. Inoki: The Forgotten Fight That Inspired Mixed Martial Arts and Launched Sports Entertainment

On June 26, 1976, Muhammad Ali, possibly the most famous athlete in the world, flew to Japan to fight Antonio Inoki, Japan's iconic pro wrestling champion, for the so-called "martial arts championship of the world." Broadcast to an audience of 1.4 billion in 34 countries, the boxer versus grappler spectacle foreshadowed, and in many ways, led to the rise of mixed martial arts as a major sport. The contest was controversial, but the real action was behind the scenes. Egos, competing interests, and a concern over what would happen in the ring led to rules thrown together at the last minute. Bizarre plans to "save" Ali if the fight got out of hand were also concocted. One scheme—canceled at the last minute—involved having the boxer nicked with a razor blade if the fight got out of hand, forcing the referee to stop the fight. Josh Gross takes us inside Ali's head leading up to the match and introduces us to Inoki, little known in the United States but hugely influential in Japan. After the fight, Inoki became a household name throughout Asia, and his role in Japan's popular Pride Fighting Championships helped shape modern mixed martial arts. Josh Gross is considered a pioneer of mixed martial arts journalism. During 15 years in the business, Gross can claim to be the only reporter who covered MMA full-time for Sports Illustrated and ESPN. Josh is known for investigative works, and he hosts a popular podcast, Gross Point Blank.

May 2016 • Sports/Biography • 304 pages World Rights: BenBella Books

Edited by Norbert Kraft with James R. Kass and Raye Kass and with a foreword by Gerard 't Hooft

### Mars One: Humanity's Next Great Adventure: Inside the First Human Settlement on Mars

Mars One is a Dutch not-for-profit foundation that will establish a permanent human settlement on Mars. The Mars One plan consists of cargo missions and unmanned preparation of a habitable settlement, followed by human landings on the planet. The search for astronauts has already begun, with over 200,000 applications received, and four crewmembers from across the globe are being selected to begin training and to become the first human settlers on the red planet. Just in time for the airing of the reality show covering the Mars One crew selection, *Mars One* is an anthology of essays exploring the various human dimensions of the planned Mars expedition. Essayists include psychologists, historians, journalists, Mars One staff, survivors of extreme conditions, and others who discuss a number of fascinating questions regarding the Mars One human factor. Visit the foundation's website at Mars-One.com.

February 2016 • Astronomy and Space Science/Mars • 240 pages World Rights: BenBella Books

#### David Nihill

## Do You Talk Funny? 7 Comedy Habits to Become a Better (and Funnier) Public Speaker

Faced with a fear of public speaking and an opportunity he couldn't get out of, David Nihill had a year to study comedy, and learn how to speak in front of an audience without letting his fear overcome him. And in that year, he developed seven principles that can transform anyone into an exceptional public speaker and presenter. Each principle has its own chapter, including: how to craft an engaging story, how to get to the funny parts of your material faster, how to deal with stage fright and sweating, and how to master timing and delivery. Originally self-published in January of 2015, within a month it was downloaded over 15,000 times and reached the #1 spot on Amazon for "Public Speaking." • David Nihill is the founder of FunnyBizz, a community and conference series to help people use storytelling, comedy, and improve to create better presentations. He has been featured in Lifehacker, The Huffington Post, and Forbes, among others. He is a widely requested public speaker and runs private consultancy helping CEOs add humor to their presentations.

March 2016 • Business & Humor • 196 pages World Rights: BenBella Books

#### Stu Heinecke

How to Get a Meeting with Anyone: The Untapped Power of Contact Campaigns Hall-of-fame-nominated marketer and Wall Street Journal cartoonist Stu Heinecke discovered that he could get past traditional gatekeepers and reach elusive executives and decision-makers by thinking outside the box and using personalized approaches that he calls "contact campaigns." In this book Heinecke explains how you can use your own creative contact campaigns to get those critical conversations for expanding your business and your social life. • Stu Heinecke is the host an author of the How to Get a Meeting with Anyone podcast and blog, founder and president of Contact, and cofounder of a website for cartoonists dedicated to raising money. He is also the author of Drawing Attention and Big, Fat, Beautiful Head.

January 2016 • Business/Self-Help • 240 pages • World Rights: BenBella Books

#### William Brennan

### The Network Entrepreneur: Leveraging Your Social Network for Success

The old ways of doing business are just that—outdated. What entrepreneurs need to know now is how to use a valuable asset they don't even realize they have—their personal networks. In the same way that an Uber driver leverages their car asset or a tradesman leverages his tool asset, a game-changing "network entrepreneur" leverages his or her relationship assets to earn money and live a better life. The Network Entrepreneur teaches readers how to harvest the value of their relationships through real connection. Successful entrepreneur William Brennan teaches readers how to use social media to fund their ideas, find sales leads, and close deals. He'll explain when to listen, when to self-promote, and when to close the deal in person. This is not a guide for making money from Google Ads on your blog, or a list of ways to outsource your way to the top of a pyramid. It's a guide to capitalize on your existing network in a way that wasn't possible before. • William Brennan is co-founder and CEO of Kalologie. Formerly an executive with a leading Los Angeles-based investment banking firm, he co-founded MusicNow, the Internet's first online-recorded music promotion company. Brennan holds an MBA from Harvard Business School and a Bachelor of Science, magna cum laude, in Finance from Virginia Polytechnic Institute & State University

April 2016 • Business/Marketing • 240 pages World Rights: BenBella Books Peter Sheahan and Julie Williamson, PhD

## Matter: Move Beyond the Competition, Create More Value and Become the Obvious Choice

Matter, the fruit of ChangeLabs Founder and President Peter Sheahan's three-year research project, identifies dozens of companies that became the obvious choice in crowded markets. These companies transcended disruption by proactively rethinking their industries and developing new business models. Better organizations are remarkably diverse. From high-profile brands like Adobe and Nike, to boutiques like Lang Marketing and BlueShore Financial, organizations of all shapes and sizes have utilized the forward-looking strategies described in this book with dramatic results: more revenue, more sustainability, bigger profit margins, and greater market share. Matter offers illustrative case studies and a tactical framework that provides a blueprint for making an organizations ever better. • Founder of global consultancy ChangeLabs, Peter Sheahan is known internationally for his innovative business thinking and thought leadership. With staff in 9 cities across 3 countries, Sheahan has worked with some of the world's leading brands, including Apple, Goldman Sachs, Microsoft, Hyundai, IBM, Pfizer, Wells Fargo, and Cardinal Health. He is the author of Flip, Generation Y, and Making it Happen and has delivered more than 2,000 presentations to over 300,000 people in 15 different countries. In July 2012, he was inducted into the National Speakers Association Hall of Fame, receiving the Council of Peers Award for Excellence (CPAE) lifetime achievement award for speaking excellence. • Dr. Julie Williamson is a Vice President with ChangeLabs. She is a leading voice in how organizations link together communication, design, strategy, sales, marketing and service to deliver sustainable growth. Williamson is particularly interested in working with clients on customer to brand and employee to brand connections and engagement, and building strategies focused on growth.

December 2015 • Business • 304 pages • World Rights, excluding ANZ: BenBella Books

#### Shama Hyder

# Momentum: How to Propel Your Marketing and Transform Your Brand in the Digital Age

Marketing in today's digital age has become overwhelmingly complex—but it doesn't have to be. To this complicated and fast-moving world, bestselling author, renowned marketer Shama Hyder brings her uniquely Zen approach—separating out the critical from the trivial and the foundational rules from the ephemeral gimmicks. Offering five essential principles that crack the code on marketing successfully in today's ecosystem, Hyder helps you not only regain your sanity, but learn how to spot opportunities to grow your organization and brand in the midst of marketplace chaos, • A Web and TV personality, bestselling author, international speaker, and award-winning CEO of The Marketing Zen Group—a global online marketing and digital PR company, **Shama Hyder** is the face of today's digital world, and represents the best her generation has to offer. She has been dubbed "an online marketing shaman" by FastCompany.com, and is an oft-quoted social media expert. Hyder has been featured by Bloomberg Businessweek, Entrepreneur, Fast Company, Inc. Magazine, The Wall Street Journal, The New York Times, Dallas Morning News, The Huffington Post, and hundreds of blogs and social media outlets. Hyder formed The Marketing Zen Group in 2009. Since then, the company has grown to include a team of 30 and clients that range from publicly held, Fortune 500 companies to privately held small businesses and non-profit organizations. The company serves clients worldwide, including companies in Europe, Asia, and Central and South Americas.

May 2016 • Business/Marketing • 256 pages

World Rights: BenBella Books

Joey Reiman

#### Thumbs Up! Five Steps to Create the Life of Your Dreams

After selling 25,000 copies of his limited-distribution guide to business and life, Success: The Original Handbook, business expert and life guru Joey Reiman is back to share this innovative and updated version of his five simple pointers that will help put dreams into actions. Thumbs Up! is a motivational call to action, providing help and hope to inspire readers to create a more meaningful life. With a foreword by Arun Gandhi, the grandson of Mahatma Gandhi and founder and president of the Gandhi World Wide Education Institute, Reiman invites us to raise our consciousness, look to possibility, create a plan, take action, and make our lives and the lives of others better one day at a time. In a no-nonsense style, he teaches us that even problems are opportunities. It's all about how you see the world from where you are standing. Regardless of who or where you are, Reiman's practical lessons will brighten your view. • Joey Reiman is CEO and founder of the global consultancy firm BrightHouse. His methodologies have been adopted by the world's most prestigious organizations, including the Coca-Cola Company, Procter & Gamble, McDonald's, Chrysler, and KPMG. Reiman is an adjunct professor at Emory University's Goizueta Business School, living up to the title that Fast Company gave him: "One of the 100 People Who Will Change the Way the World Thinks." Reiman has won hundreds of awards, including Corporate Marketing Leader of the Year and the Cannes Lion. He is a frequent marketing and branding guest expert on CNN and is a monthly columnist for BE Magazine, created by Mahatma Gandhi's grandson, Arun Gandhi. World-renowned professor Philip Kotler calls Reiman "the Moses of Marketing."

July 2015 • Self-Help/Personal Growth • 224 pages World Rights: BenBella Books

Kory Kogon, Breck England, and Julie Schmidt

### Presentation Advantage: How to Inform and Persuade Any Audience

The average attention span of an adult is eight seconds—eight seconds! How do you get a message across in that time? In *Presentation Advantage*, FranklinCovey outlines its "Connect Model," the mental model that allows you to connect with the message, yourself, and the audience during any presentation. Your audience's distractions will no longer override what you have to say. • **Kory Kogon** is global practice leader for productivity, focusing her research and content development on time and project management and communication skills. Before joining FranklinCovey, she spent more than six years as the executive vice president of worldwide operations for AlphaGraphics, Inc. • **Dr. Breck England** is senior product architect and writer in chief for FranklinCovey. As a senior consultant, Breck has 25 years of field experience in helping some of the world's prime corporations become more effective in leadership and communication. • **Julie Schmidt** is a regional practice leader for FranklinCovey's Productivity Practice, partnering with the northeastern and southeastern US and Canada regions. Before joining FranklinCovey, she spent more than 12 years with Xerox Corporation's Professional Services Division.

September 2015 • Business/Marketing • 208 pages World Rights: BenBella Books: Czech: Albatros;

#### Penn Rhodeen

## Peace Runner: The Untold Story of an American Politician Who Helped End Centuries of Warfare in Ireland

This book presents the incredible untold story of the critical role played by Congressman Bruce Morrison, at the time unknown, in ending centuries of conflict in Northern Ireland. This narrative grips readers from the first page as it chronicles Morrison's efforts without the permission of the president and in contravention of every conventional rule for dealing with terrorists. With an introduction by Bill Clinton, this book sheds light on a seemingly hopeless conflict and one man's determination to end it. • **Penn Rhodeen** is a lawyer who focuses on cases involving children and medical malpractice. He has been heavily involved in political campaigns for a wide range of candidates. He has written multiple op-ed pieces for the *New York Times*, *Newsday*, *Milwaukee Journal Sentinel*, and others.

January 2016 • History • 350 pages • World Rights: BenBella Books

#### Jeanne Segal

# Feeling Loved: The Science of Nurturing Meaningful Connections and Building Lasting Happiness

Tapping into the latest in brain science, emotional psychology, and early childhood development, this text aims to give readers the roadmap to finding love and happiness. New research confirms that one's ability to deal with stress and the experience of feeling loved are directly connected to the ability to find happiness. This book enables readers to identify the challenges in their lives that are keeping them from giving and receiving love, to use techniques proven to reduce stress and regulate emotions, and to transform relationships with those around them. • **Jeanne Segal** is a psychologist, sociologist, author, and pioneer for mental health innovation. She founded a nonprofit self-help website with her husband and has been helping individuals for more than 30 years.

November 2015 • Personal Growth/Psychology • 208 pages World Rights: BenBella Books

Jacqueline Laurita and Jené Luciani

## Get It! The Busy Girl's Guide to Getting Your "It" Together: A Beauty, Style, and Wellness Book

Juggling family and work time is a challenge for any woman. How do you find the time to meet your commitments without losing sight of your own needs? In Get It!, longtime Real Housewives of New Jersey cast member and cosmetology veteran Jacqueline Laurita teams up with beauty and style expert Jené Luciani to share their decades of combined expertise with other busy women who want to look and feel happy, healthy. and beautiful from the inside out. With candor, humor, and a genuine "girl's best friend" tone, Laurita and Luciani guide you through easy, instructional tips, tricks, and strategies to bring out the best you that you can be. Get Centered, Get Focused, Get Organized, Get Healthy, Get Fit, Get Beautiful, Get Youthful, Get Stylish, Get Sexy, and Get Peace and Happiness—in just minutes a day. Jacqueline Laurita, one of the original cast members on Real Housewives of New Jersey, is a former cosmetologist in Las Vegas turned full-time stay-at-home New Jersey mom. Aside from spending time with her family, Jacqueline continues her passion and career in the beauty industry as an owner of a beauty Medspa in Oakland, N.J. Hailed as a "Brilliant Bra Guru" by BRAVO-TV, **Jené Luciani** is an acclaimed fashion journalist, lifestyle expert, tastemaker, TV personality, spokesperson, and author of The Bra Book. She is the host of Lifetime Network's Mom's Personal Shopper series and appears regularly on NBC's TODAY Show, The Wendy Williams Show, Dr. Oz, The Style Network, to name a few.

May 2016 • Self-Help/Fashion & Style • 176 pages • World Rights: BenBella Books

#### Kurt Beecher Dammeier

Pure Food: A Chef's Handbook for Eating Clean, with Healthy, Delicious Recipes With the proliferation of artificial additives, hormones, antibiotics, and the thousand other man-made substances and chemical cocktails lurking in our grocery bags, eating healthy, natural foods is trickier than ever. Kurt Beecher Dammeier, chef, restaurateur, food entrepreneur, retailer, and educator has spent the past 30 years of his life working to rid his own diet of food additives, and nearly 20 creating and selling pure, unadulterated. In Pure Food, Dammeier shares his own story, as well as providing a roadmap for readers to forge a diet based on pure, additive-free foods. Part handbook and part cookbook, Pure Food contains more than 70 delicious and natural recipes for pure living. • Kurt Beecher Dammeier is the owner of Beecher's Handmade Cheese, Bennett's, Liam's, and Maximus / Minimus, where he serves as CEO and head chef. He's been promoting clean eating with his previous cookbook Pure Flavor, and through the Beecher's Pure Food Kids Foundation founded in 2004. Each year, the Foundation's Pure Food Kids Workshop empowers more than 11,000 fourth and fifth grade students in the Seattle Metro area and in New York City to make healthy food choices for life.

June 2016 • Cooking • 300 pages with color photos throughout World Rights: BenBella Books

#### Bruce Roseman

## The Addictocarb Diet: Avoid the 9 Highly Addictive Carbs While Eating Anything Else You Want

There's a reason diets don't work. Science has shown that a class of carbohydrates called "addictocarbs" light up the brain's pleasure centers, causing irresistible cravings that make it almost impossible to eat moderately. Finally, there's a way to overcome this addiction. It's called *The Addictocarb Diet*, and it's a cure—not a fad. In this revolutionary new approach to weight loss, Dr. Bruce Roseman reveals how he transformed his life and the lives of close to 1,000 of his patients with this simple yet effective new diet based on the latest findings in addiction neuroscience. The Addictocarb Diet teaches how to avoid the nine highly addictive carbs while eating anything else you want through his comprehensive diet's three steps: "Shaking the Addiction," "Addictocarb Rehab," and "Staying Slim." This revolutionary new system is perfect for everyone, including those with gluten or lactose sensitivities, vegetarians, diabetics and sufferers of other ailments, and even those just looking to lose a little weight! • Dr. Bruce Roseman has been a family doctor in private practice in Manhattan for 30 years and is affiliated with Mount Sinai Hospital. He has served as medical editor for several food- and health-related books and magazines, including The Olive Oil Cookbook, The Low Cholesterol Oat Cure, and Whittle's The Health Report and as a medical columnist for Woman's World.

July 2015 • Health and Fitness/Diet and Nutrition • 220 pages World Rights: BenBella Books

Del Sroufe with LeAnne Campbell

# The China Study Quick and Easy Cookbook: Cook Once, Eat All Week with Whole Food, Plant-Based Recipes

From the best-selling author of Forks Over Knives: The Cookbook comes the third in a line of successful China Study cookbooks, which have sold more than 425,000 copies. Chef Del Sroufe takes kitchen time management to the next level and provides busy home cooks with menu plans, pantry lists, and more than 100 delicious plant-based recipes that are quick, easy, and multipurpose. Sroufe teaches how to cook one day a week and prepare meals ahead of time so meals can be simple, healthy, and delicious even for those with a busy schedule! Edited by LeAnne Campbell, author of *The China* Study Cookbook, every recipe follows the nutrition standards set forth by The China Study, ensuring optimal healthful and quality eating. • **Del Sroufe** went to work in 1989 for one of Columbus's premier vegetarian restaurants, the King Avenue Coffeehouse, where he honed his craft as a baker and chef. Sroufe opened Del's Bread, a vegan bakery, before beginning vegan meal-delivery service in 2001. In 2006, he joined Wellness Forum Foods as co-owner and chef. Sroufe is author of Forks over Knives: The Cookbook, a vegan cookbook companion to the acclaimed documentary Forks over Knives. • LeAnne Campbell PhD, authored The China Study Cookbook and has been preparing meals based on a whole-food, plant-based diet for almost 20 years.

May 2015 • Cooking/Vegetarian and Vegan • 320 pages • color photos World Rights: BenBella Books; Spanish: Editorial Sirio

#### Lani Muelrath

## The Plant-Based Journey: A Step-by-Step Guide for Transitioning to a Healthy Lifestyle and Achieving Your Ideal Weight

It's been proven that a plant-based diet is good for your weight, health, budget, and the environment, but until now the proof hasn't come with a game plan. *The Plant-Based Journey* provides support for every step of the way to make your transition to a plant-based diet a fun and fulfilling experience. In this accessible five-step guide, Lani Muelrath empowers you as you make your own dietary transition. In addition, she explains how exercise and your mind-set support dietary change. Muelrath shares more than 20 recipes along with meal-plan templates and ready-in-minutes recipes to pull together delicious and satisfying meals. Whether you're a plant-based newbie looking to shed pounds or a seasoned vegan in search of fresh inspiration and navigational skills, *The Plant-Based Journey* is your essential and definitive guide to a healthier, trimmer you. • Lani Muelrath, MA, is an award-winning professor and instructional design expert specializing in plant-based living, fitness, and weight management. She is published in prominent magazines, blogs, and newsletters and has recently been featured by ABC, *USA Today*, and the *Saturday Evening Post*.

September 2015 • Vegan/Health • 304 pages • World Rights: BenBella Books

#### Jeff and Joan Stanford

### Dining at The Ravens

Written by the owners of the popular Stanford Inn on the Mendocino coast of California, this book offers recipes from the inn's award-winning vegan dining establishment, The Ravens Restaurant. Popular with both vegans and nonvegans, over 150 recipes provide detailed instructions for making the restaurant's most popular dishes, from breakfast to dessert. • **Jeff Stanford** opened the inn with his wife in 1980 and began remodeling and creating their certified organic farm, moving to the kitchen in the 1990s. • **Joan Stanford** helped get their inn off the ground by running the front. She is a registered therapist and educator. Together, they created the first ecofriendly bed and breakfast.

December 2015 • Cooking and Wine • 304 pages • World Rights: BenBella Books

Lindsay S. Nixon

#### Happy Herbivore Guide to Plant-Based Living

Embracing any new lifestyle entails facing changes, questions, and skeptics, but one doesn't have to do that alone. In *Happy Herbivore Guide to Plant-Based Living*, best-selling author Lindsay S. Nixon provides a practical, in-depth guide to transitioning to—and living—a plant-based life. Her expertise has already helped hundreds of thousands switch to this healthier regimen. She offers tips on what to say to critical carnivores, how to live a plant-based life with a busy lifestyle, and ways to make easy substitutions in recipes that won't change the texture and taste of favorite dishes, providing insight into key ingredients to include in a diet while exposing the myths concerning soy, carbs, fat, and protein. This book is filled with beautiful full-color photos, new plant-based recipes, and Nixon's savvy advice. • **Lindsay S. Nixon** is the best-selling author of the *Happy Herbivore* cookbook series, which has sold over 200,000 copies; her website, HappyHerbivore.com, received over 1.9 million unique visitors in 2013. Her recipes have been featured in the *New York Times*, *VegNews*, and *Women's Health* and on Oprah.com, Fitness.com, WebMD.com, and Shape.com, among many other outlets.

May 2015 • Health/Diet and Nutrition • 256 pages • color photos World Rights: BenBella Books

Other titles by Lindsay S. Nixon in the Happy Herbivore cookbook series
The Happy Herbivore Cookbook
Everyday Happy Herbivore
Happy Herbivore Abroad
Happy Herbivore Light and Lean
Happy Herbivore Holidays and Gatherings

Dreena Burton

### Plant-Powered Families: Over 100 Kid-Tested, Whole Foods Vegan Recipes

"Dreena Burton's recipes and ingredients simply make good common sense. *Plant-Powered Families* is a great addition to any cookbook collection." —T. Colin Campbell, coauthor of *The China Study* and the *New York Times* best-selling *Whole* 

"If you've ever struggled with finding healthy, plant-based recipes that excite the entire family, look no further. Dreena's recipes are a triple threat: kid-approved, wholesome, and irresistible!" —Angela Liddon, author of the *New York Times* best seller *The Oh She Glows Cookbook* and creator of OhSheGlows.com

"Dreena Burton delivers with sage advice and recipes that will properly nourish, satisfy, and delight the taste buds of your entire family." —Brian Wendel, president and founder of Forks over Knives

**Dreena Burton**, affectionately called the "Queen Bean" and the "Vegan Cookie Queen" by her loyal following, has been vegan for almost 20 years. She is author of four popular vegan cookbooks, including *The Everyday Vegan* and *Eat, Drink and Be Vegan*. She is a recipe contributor for well-known sites, including KrisCarr.com and ForksOverKnives.com. Her "Homestyle Chocolate Chip" video shares her signature cookie recipe and has received over 200,000 YouTube views.

May 2015 • Cooking/Vegetarian and Vegan • 304 pages • color photos World Rights: BenBella Books

#### Kim Goldman

#### Can't Forgive: My Twenty-Year Battle with O. J. Simpson

Kim Goldman shares the fallout and hardships of her life since her brother, Ron Goldman, was brutally killed by O. J. Simpson. Beginning with the initial shock of the not-guilty verdict, she recounts being counseled by friends, strangers, and even Oprah—until she decided to fight. This book comes just in time for the 20th anniversary of the O. J. Simpson murder trial. • **Kim Goldman** is founding cochair of the Ron Goldman Foundation for Justice. She is also executive director of the Youth Project, a nonprofit organization that offers free counseling and support groups to teenagers. She speaks widely about victim's rights and the role of the media.

September 2015 • Biography • 335 pages

World Rights: BenBella Books

## Nancy Styler with Daleen Berry

Guilt by Matrimony: A Memoir of Love, Madness, and the Murder of Nancy Pfister In February 2014, Aspen socialite Nancy Pfister was murdered in her own home. Someone bludgeoned Pfister to death, wrapped her in a blanket, and stuffed inside her closet. The question was: Who? Then, in March 2014, a married couple from Denver were arrested and charged with first-degree murder: Nancy Styler, a new friend of Pfister's who'd had a falling out with her after a business deal gone sour; and Dr. Trey Styler, Nancy's husband, who'd recently lost the family home, his medical practice, and his retirement savings. Trey Styler, who was slowly losing his grip on reality as he battled with mental illness, confessed to the murder 100 days later. In Guilt by Matrimony, Styler's ex-wife, Nancy, reveals the answers to the biggest mysteries of this case as she recounts the trauma of being falsely accused and then imprisoned for her husband's crime. • Nancy Styler is a scientist and botanist whose interest in the Victoria Lily led her to supply the exotic flowers and its seeds to more than fifty conservatories around the world. Styler was also garden editor for Colorado Homes and Lifestyles Magazine. Most recently, she was falsely arrested and sent to two different county jails for 107 days. During her stay, Styler became a mentor to several inmates and discovered the tragic reason most women end up in jail: while still young girls living at home, they were never taught that they had value, or to believe in themselves. • New York Times bestselling author **Daleen Berry** is an award-winning journalist who writes about social topics such as domestic violence, suicide and murder, sexual crimes, and mental illness. She is the author of Sister of Silence.

November 2015 • True Crime • 352 pages • World Rights: BenBella Books

#### Bob Halloran

#### White Devil: The True Story of the First White Asian Crime Boss

In August 2013, "Bac Guai" John Willis, also known as the "White Devil" for his notorious ferocity, was sentenced to 20 years for drug trafficking and money laundering. Willis, according to prosecutors, was "the kingpin, organizer and leader of a vast conspiracy," all within the legendarily insular and vicious Chinese mafia. Told to journalist Bob Halloran from Willis's prison cell, this story paints a shocking portrait of an international syndicate and of a man allowed access into a secret world. • **Bob Halloran**, television journalist of 30 years, has written five books, including the best seller *Irish Thunder: The Hard Life and Times of Micky Ward.* Specialized in diligent research and well-crafted storytelling, Halloran was hired as a technical consultant for the Oscar Award—winning movie *The Fighter.* His most recent book, *Impact Statement*, is a true-crime novel about a family who fell victim to Boston mob boss Whitey Bulger.

December 2015 • Non-Fiction/True Crime • 256 pages

World Rights: BenBella Books

### **Smart Pop**

BenBella's Smart Pop titles explore hot cultural ideas. These narratives and anthologies examine the characters, worlds, impact, and fan passion of today's most popular television series and books.

Gregory E. Pence PhD

# What We Talk About When We Talk About Clone Club: Bioethics and Philosophy in Orphan Black

Cloning and bioethics expert Gregory Pence explores the popular TV show Orphan Black from different philosophical angles: scientific, ethical, legal, social. He'll explore the real-world history and science of human cloning, and how cult hit sci-fi show Orphan Black doesn't just entertain—it also raises fascinating questions about human cloning, its ethics, and its impact on personal identity. In What We Talk About When We Talk About Clone Club Pence violates Clone Club's first rule to take us deeper into the show and its connections to the real world, including: Prominent myths about human clones (and Orphan Black's rejection of them); Our ugly history of eugenics; The ethics of human experimentation; Clones and identity; The brave new world of genetic enhancement and clonal dynasties. In the process, What We Talk About When We Talk About Clone Club reveals why Orphan Black is some of today's most engaging and thought-provoking television. • Gregory E. Pence, PhD, is an international expert on the ethics of human cloning. A year after the birth of the lamb Dolly in 1997, he wrote Who's Afraid of Human Cloning? and in 2004, Cloning After Dolly: Who's Still Afraid?. In 2000, he was the lone bioethicist to testify before Congress and the California Senate against bills that would have criminalized human cloning. He has talked about cloning humans at endowed lectures in Brazil, Switzerland, Australia, and on many North American campuses. He has taught for 40 years at the University of Alabama at Birmingham (UAB), where he Chairs Philosophy. For 34 years, he taught a required course in Bioethics at UAB to 160 medical students, a course that discussed human cloning. His *Medical Ethics* has run seven editions over 25 years.

March 2016 • Pop Culture/Philosophy • 256 pages • World Rights: BenBella Books

#### George Beahm

## The Jack Reacher Field Manual: An Unofficial Companion to Lee Child's Reacher Novels

You don't know Jack—Jack Reacher, that is—until you've read The Jack Reacher Field Manual from former army major and New York Times best-selling author George Beahm. The manual draws on 17 years of interviews, novels, stories, and more to demystify author Lee Child's larger-than-life, name-taking, smart-thinking one-man avenger. Child calls the Reacher novels "almost entirely autobiographical," and *The Jack* Reacher Field Manual seamlessly integrates the literary creator and his creation to provide the most complete portrait of Jack Reacher available. It includes a detailed dossier on Reacher and his life at West Point and in the army's Military Police Corps; Reacher's rules of engagement; a drifter's roadmap of the United States, detailing the places Reacher has visited in the novels; and much more. This book belongs in the fatigue jacket of any fan craving more information about this internationally popular literary antihero. • George Beahm, a former army major with a top-secret clearance who served on active duty, in the National Guard, and in the Army Reserve, is author of dozens of nonfiction books on popular culture and several business titles. Published worldwide in 22 languages, Beahm's books have appeared on the best-seller lists of the New York Times, Publishers Weekly, USA Today, and the Los Angeles Times.

January 2016 • Literary Criticism/Mystery • 288 pages

World Rights: BenBella Books

## Cicada Books

Jon Dale, edited by Stephen Pastel

## Safety Pin Stuck in the Heart: The Story of UK DIY Music

The 1980s in Britain was a period of economic uncertainties and political tensions. It was also the era of DIY no-fi culture, with micro-pressed singles in Xeroxed sleeves creating a new look and sound for underground youth scenery. Featuring 101 seminal singles made independently of record labels throughout the '80s, this is a survey of the visual and aural highlights of that moment in time. Using beautifully presented DIY graphics and interviews with key musicians of the period this fantastically designed time-capsule is a must-have for the nostalgic or the millennial-aged fan of this unique and highly influential era. • **Stephen Pastel** was the lead singer for seminal '80s indie group, the Pastels. He currently runs Monorail, an independent record store in Glasgow, and is still involved in indie music making and writing. • **Jon Dale** is a freelance music writer from Melbourne, Australia.

Spring 2016 • Music/Visual arts • 344 pages • Color photos & illustrations throughout World Rights: Cicada Books

Sam Knee, forward by Bobby Gillespie

### The Bag I'm in: British Youth Scenes 1959-1989

Youth subculture in 20th century Britain is a unique phenomenon. Throughout the decades, young people sought to define themselves in terms of regionalism, class and crucially, musical taste, through their clothes. This book is a comprehensive survey of over 36 underground 'tribes' that roamed the streets of the UK from the '60s to the '90s. From Mod to Skinhead and Rocker to Riot Grrrl by way of Goth, the look of each movement is captured in meticulously researched, previously unseen archive photography. Explanatory texts provide context, and an illustration section at the back breaks down each look element by element. There are hundreds of never before seen photos of fans and musicians, ranging from Jimi Hendrix to the Morrissey in this fascinating and nostalgic tour of music, culture and fashion. • Sam Knee is the author of *A Scene Between* and *Vintage T-shirts: Over 500 Authentic Tees from the '70s and '80s* • Bobby Gillespie is the lead singer and founding member of the alternative rock band, Primal Scream. He was also the drummer for The Jesus and Mary Chain in the mid-1980s.

Fall 2016 • Music/Fashion • 344 pages • Color photos & illustrations throughout World Rights: Cicada Books

#### Sam Knee

### A Scene In Between: Tripping Through the Fashions of UK Indie Music 1980-1988

The scene surrounding independent guitar-based music of 1980s Britain has been largely overlooked until now. This critically acclaimed book excavates the looks and sounds of the era, featuring hundreds of unpublished photographs of bands including My Bloody Valentine, The Jesus and Mary Chain, the Smiths, and Primal Scream. Upon publication it was covered by international media outlets such as *Mojo*, *The Telegraph* and *The Independent* in the UK, *Vice France* and *L'observateur* in France, *Rolling Stone* in Spain, *'I' Magazine* in Portugal and *Die Zeit* and *Myself* in Germany.

Published • Music/Fashion • 344 pages • Color photos & illustrations throughout World Rights: Cicada Books

Shiro Nishimoto, Adriana Caneva

Glyph: A Visual Exploration of Punctuation Marks and Other Typographic Symbols Glyph is a visual exploration of marks and glyphs in the Latin alphabet - some that we use every day, and some of which have been virtually lost in the sands of time. From & to } to \*, each mark has a brief explanation of its use and history, and a grid of its most interesting typographic representations. Who knew, for example, that the ampersand was once a letter in the alphabet?! This book will be of great appeal to linguists, typographers and design-afficionados alike. • Shiro Nishimoto and Adriana Caneva of London design studio Off-White conceived of and designed this book that features their striking, minimal approach to design.

Fall 2015 • Typography • 144 pages • Color photos & illustrations throughout World Rights: Cicada Books

Notable backlist

#### Peter Drinkell

#### The Road Cyclist's Companion

From how to choose the right bike frame to the rules of cycling in a paceline, there are things that any serious cyclist should know. Broken into chapters covering kit, bike, group riding, cycle technique and training, this is an essential book for anyone looking to step up their cycling ambitions.

Published • Cycling • 144 pages • photos & illustrations throughout World Rights: Cicada Books

#### Peter Drinkell

#### The Bike Owner's Handbook

A beautifully designed manual of basic bicycle repair and upkeep, taking you step-bystep through the essentials for puncture repair, brake and gear adjustment and cleaning and maintenance.

Published • Cycling • 144 pages • photos & illustrations throughout World Rights: Cicada Books; Italian: Vallardi; French: Marabout

#### Deborah Osburn

#### Tile Envu

Introduced and curated by tile maker, curator and devotee, Deborah Osburn, *Tile Envy* is an exploration of the most beautiful tile designs around the world today, featuring profiles of 60 contemporary makers including Michelle Weinberg, Ruan Hoffmann, Coletivo Mudo, Timorous Beasties and Raw Edges. Luxurious photography and design make this a must have for design professionals and enthusiasts.

Published • Design • 144 pages • photos & illustrations throughout World Rights: Cicada Books

#### Yasmeen Ismail

#### Baby Journal

This is a truly refreshing change from the usual saccharine fare facing new parents. Bright, joyous watercolors by award winning illustrator Yasmeen Ismail provide the perfect frame for thoughts and reflections. Interactive suggestions and checklists run alongside helpful tips, lullaby lyrics, and weaning recipes.

Published • Parenting/Gift • 128 pages • illustrations throughout World Rights: Cicada Books

## **Four Winds Press**

Peter Hornbostel

### The Ambassador to Brazil: A Novel

In March of 1964, the United States formed a secret task force comprised of warships and tankers, code name Operation Brother Sam. Its goal was to support the Brazilian military in its prepared coup d'état against President João Goulart and the perceived threat of a communist government. In this fascinating and exciting work of fiction based on true events, we follow U.S. Ambassador Anthony Carter in his attempts to influence and shape events despite the secrecy of the CIA and the Brazilian military. Full of both political intrigue and romance between Carter and his Brazilian mistress, *The Ambassador to Brazil* is the unique and thrilling tale of the secrecy and human elements of American foreign policy during the height of the Cold War. • Peter Hornbostel is an international lawyer and short-story author. He worked for the U.S. government in both Rio de Janeiro and Washington D.C. from 1963 to 1968. He has permanent residential status in Brazil and is an honorary member of the Brazilian Air Force. Thanks to his former position and personal knowledge, Hornbostel is in the unique position to speculate about the connections and interactions between the Brazilian military, the U.S. Ambassador, and the CIA.

June 2015 • Historical Fiction • 280 pages World Rights: Four Winds Press

Michael Spring

## Sacred Bones: Confessions of a Medieval Grave Robber

Sacred Bones is a medieval whodunit mystery based on the captivating true tale of Deusdona, a 9th century Roman deacon and con man. Working in the catacombs of Rome, He turned the worthless bones that he found into a successful business by selling them off as the holy remains of saints and martyrs, relics that were required for any catholic church looking to be sanctified. Deusdona travelled throughout Europe, peddling his "samples" everywhere from common churches to the court of Charlemagne. Whether he is floating Charlemagne's baths or gathering body parts in Rome's underground City of the Dead, Deusdona offers us a vivid portrait of daily life in the early Middle Ages at an early stage in the transformation of ancient Rome into the City of God. Never before has the age of Charlemagne and Rome's transformation into the City of God been brought to life in such detail and with as much intrigue as in the story of this medieval grave robber. • Michael Spring is a former publisher at John Wiley and Sons. He is the coauthor of several books including After the Affair and Life With Pops.

May 2015 • Historical Fiction • 200 pages World Rights: Four Winds Press

## **Frommers**

Frommer's guides have an unblemished reputation for high-quality research and writing, for reliable information that is always cost conscious, and for strong opinions colorfully expressed. Frommer's has amassed a loyal following of millions who have successfully used its guides for nearly 60 years. The Frommer's website, Frommers.com, is read by many millions of travelers every month, and much of it is devoted to the Frommer's guidebooks.

#### The General Series:

Arthur Frommer's Europe
Frommer's Big Island Hawaii Shortcut
Frommer's Costa Rica 2016
Frommer's England and Scotland
Frommer's Hawaii 2016 (2e)
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**The Shortcuts Series:** For readers wanting a highly condensed, quick look at an island or area of the world, these are travel's shortest guidebooks, consisting of the most important highlights of the destinations they cover, yet amazingly helpful in directing readers to the best and most helpful travel facilities there.

Frommer's Shortcut Andalucia
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**The EasyGuide Series:** Lighter than any e-tablet and selling for an irresistible low price, these enormously popular books (of which hundreds of thousands have been sold so far) are easy to carry, easy to use, and easy to read in the expanded 10-point type in which they are now printed.

Frommer's EasyGuide to Australia 2016 (3e) Frommer's EasyGuide to Beijing, Xian and Shanghai Frommer's EasyGuide to Costa Rica 2016 (3e) Frommer's Easy Guide to Cruising Frommer's EasyGuide to Cuba Frommer's EasyGuide to Disney World, Universal and Orlando 2016 (3e) Frommer's EasyGuide to France 2016 (3e) Frommer's EasyGuide to Hawaii 2016 (3e) Frommer's EasyGuide to Iceland Frommer's EasyGuide to Ireland 2016 (3e) Frommer's EasyGuide to Las Vegas 2016 (3e) Frommer's EasyGuide to London 2016 (3e) Frommer's EasyGuide to Montreal and Quebec City 2016 (3e) Frommer's EasyGuide to Naples, Sorrento and the Amalfi Coast Frommer's EasyGuide to New York City 2016 (3e) Frommer's EasyGuide to New Orleans 2016 (3e) Frommer's EasyGuide to New Zealand Frommer's EasyGuide to Paris 2016 (3e) Frommer's EasyGuide to Rome, Florence and Venice 2016 (3e)

Frommer's EasyGuide to Washington DC 2016 (3e)

# Hazelden Publishing

Tracey Cleantis

The Next Happy: Let Go of the Life You Planned and Find a New Way Forward "[A] must-read for anyone who's had enough of platitudes and is ready for a self-help manual with a dose of reality." —Publishers Weekly (starred review)

"A bold, brave and incredibly relevant book." —Lee Woodruff, *New York Times* best-selling author of *Perfectly Imperfect—a Life in Progress*, with her husband, Bob Woodruff, and CBS *This Morning* contributor

"Lovingly supportive yet realistic, it is written with honesty and humor." —Anna Jedrziewski, *Retailing Insight* 

"An antidote for the supposed-to-be's which plague so many of us. If you have dashed dreams, if you live in a world of hurt, if you can't see your way out, read *The Next Happy* and finally heal! I wish I'd had this book on my bed-side table long ago." —Laura Munson, *New York Times* best-selling author of *This Is Not the Story You Think It Is: A Season of Unlikely Happiness* and founder of Haven Retreats.

**Tracey Cleantis** has personal experience with moving on from impossible plans when fertility treatments did not work for her. Now a certified, licensed marriage and family therapist with a national reputation as an expert on dealing with losses and letting go, she runs two popular psychology blogs: *Freudian Sip* on the *Psychology Today* website and *La Belette Rouge*, which is rated one of the top-10 psychology and memoir blogs. Cleantis has been featured in media outlets such as the *Huffington Post*, *Psychologies Magazine*, and *Redbook*.

March 2015 • Self-Help • 200 pages World Rights: Hazelden Publishing

Thérèse Jacobs-Stewart

## A Kinder Voice: Releasing Your Inner Critics with Mindfulness Slogans

Well-known mindfulness meditation teacher and author, Thérèse Jacobs-Stewart, offers one of the most effective approaches to calming a self-critical mind: the ancient Buddhist practice of using "Compassion Slogans." Combining thought-awareness, loving-kindness practice and mindfulness meditation, this simple, time-tested method can be used throughout the day to quiet your critical voices and ease the mind. Through short, accessible phrases, you will learn to reorient your thinking when your inner critic shows up. Instead of making a negative thought stronger by fighting it, you will learn to let thoughts dissipate through lack of attention. When you remember to "begin kindness with yourself," you will find that keeping a compassionate perspective on all that you do and say will allow you to transform your inner critic with a kinder voice. • Thérèse Jacobs-Stewart is the author of the successful book, *Mindfulness and the Twelve Steps*, and has been a psychotherapist, meditation teacher, and mindfulness practitioner for over thirty years. She has built a solid following through books, social media, retreats and classes at MindRoads Meditation Center in Saint Paul, Minnesota.

May 2016 • Self/Help • 120 pages

World Rights: Hazelden

Joseph Shrand and Leigh Devine

## Do You Really Get Me? Finding Value in Yourself and Others Through Empathy and Connection

In a sense, we all try to be mind readers. We "theorize" about whether we are admired or envied, despised or loved. Psychologists use the term "theory of mind" to describe our natural tendency to make assumptions about what others think and how they feel about us based on their tone of voice, facial expressions, and body language. The more emotional baggage we bring to our interactions, the more likely we are to negatively misinterpret other people's feelings and the more disconnected from them we become. In this groundbreaking book, Joseph Shrand and Leigh Devine teach us that by setting aside self-doubt and assuming the best about ourselves and others, we can make more meaningful connections based on mutual respect and value. • Joseph Shrand, MD, is an instructor of psychiatry at Harvard University Medical School. He applies his I-Maximum (I-M) Approach to this text and as a medical director at the High Point Treatment Center. He has also authored *The Fear Reflex*. • Leigh Devine has an MS from Columbia University Graduate School of Journalism and has written and produced many notable publications and documentary programs, specializing in psychology, medicine, and science.

October 2015 • Personal Growth/Psychology • 200 pages World Rights: Hazelden Publishing

#### Resmaa Menakem

#### Rock the Boat: How to Use Conflict to Heal and Deepen Your Relationship

Conflict is a natural part of any intimate relationship, but an alarming majority of couples nowadays avoid and ignore any clashes or differences between them. When these couples flee from or smooth over these natural disagreements, at least one partner compromises his or her integrity, stunting the emotional growth of both and the development of the relationship. In this innovative guide to relationships, Resmaa Menakem challenges the idea that conflict between partners is unhealthy or something to avoid. Instead, he encourages couples to embrace their individual needs and personalities. Menakem explains how being open and honest about everything—from sex and money to in-laws and children—will lead to a more mature and intimate relationship. • Resmaa Menakem, MSW, is a licensed social worker specializing in couple's therapy. Menakem has served as the director of counseling services for Tubman Family Alliance, a domestic violence treatment center, and as the behavioral health director for African American Family Services in Minneapolis.

April 2015 • Self-Help/Relationships • 240 pages World Rights: Hazelden Publishing

#### Katrin Schubert M.D.

## Reduce Craving: 20 Quick Techniques

Whether it's a dish of ice cream, a glass of wine at the end of a long day, or picking at your clothes when you're bored, everyone experiences cravings. Most are harmless, but for some, cravings can become habitual occurrences that can negatively impact health, wellbeing, and happiness. Sometimes these are signs that one may need professional help, but often, with the proper knowledge and self-awareness, one can learn to manage cravings. In this quick guide, Katrin Schubert taps her twenty years of experience in natural medicine to provide a crayings first aid kit. Through twenty easy, calming techniques including acupressure, breathing exercises, and guided imagery, Dr. Schubert teaches the reader to control cravings in 5 minutes or less. Pictures and drawings illustrate how to apply specific techniques in common situations where cravings occur, integrating them into daily life. Short vignettes offer clear explanations of the science behind the practices. • Katrin Schubert, MD, also has a PhD in human genetics from the University of Hamburg Germany and a BA in Life Sciences from Oueen's University in Kingston, Ontario. For the past 23 years she has been a practitioner of natural medicine in Kensington, Ontario, employing a variety of exclusively holistic and non-invasive modalities.

February 2016 • Self-Help • 100 pages • World Rights: Hazelden

Katrin Schubert M.D.

### Relieve Stress: 20 Quick Techniques

Stress is a normal part of life: work pressures, family expectations, even recreational activities can become demanding. Activities to help prevent stress--like meditation, yoga, or exercise--are beneficial, but the anxiety that stress can produce in the middle of a busy day can be difficult to manage, if you don't have thirty minutes to an hour to calm down. In this quick guide, Katrin Schubert brings over twenty years of natural medicine practice to provide a stress reduction first aid kit. Through 20 easy, calming techniques, including acupressure, breathing exercises, and guided imagery, you will learn how to relieve stress in 5 minutes or less. Pictures and illustrations demonstrate how to apply specific techniques in common stressful situations, a short explanation of the science behind the practices, and how to effectively use these techniques in daily life. • Katrin Schubert, MD, also has a PhD in human genetics from the University of Hamburg Germany and a BA in Life Sciences from Queen's University in Kingston, Ontario. For the past 23 years she has been a practitioner of natural medicine in Kensington, Ontario, employing a variety of exclusively holistic and non-invasive modalities

February 2016 • Self-Help • 90 pages • World Rights: Hazelden

#### Peter Przekop

## Conquer Chronic Pain: An Innovative Mind-Body Approach

Many people with chronic pain are prescribed painkillers, which can lead to addiction and overdose. Peter Przekop's alternative program for managing chronic pain is revolutionary. By understanding how the brain handles trauma and pain, one can manage and often relieve chronic pain. *Conquer Chronic Pain* provides a daily routine of exercises that have been proven effective, as well as an understanding of how chronic stress, adversity, and negative emotions can influence how we experience and interpret pain. • **Peter Przekop**, DO, PhD, has been researching and developing his alternative method for managing chronic pain for over 10 years; he has published a number of research papers on the subject.

November 2015 • Health/Pain Management • 200 pages World Rights: Hazelden Publishing; Chinese (comp.): Briefing Press

#### Jodie Gould

#### High: 6 Principles for Guilt-Free Pleasure and Escape

All creatures naturally seek pleasure. When just feeling okay isn't enough, people (and many animals as well) will seek or even crave something more—to feel high. Humans use alcohol, marijuana, and other drugs to help them feel better; elephants seek out fermented fruit, and cats roll ecstatically in catnip. However, illicit and unnatural substances are not necessary to enjoy the pleasure of reaching these highs. Awardwinning journalist and best-selling author Jodie Gould draws on the latest research and conducts interviews with both experts and everyday people in her quest to explore how people pursue this universal need to feel good. She expertly explores the history of how and why people continue to try to expand their consciousness, deciphering the biology of getting high and observing what these altered states look like in the brain. Gould explains the biological differences between individuals, exposing why some people can use mood-altering chemicals with few consequences, while others struggle with addiction. Finally, Gould identifies six pleasure principles that will allow anyone and everyone to experience the best and most lasting highs without the concerns or consequences that come with alcohol, drugs, or other substances! • Jodie Gould is an award-winning journalist and author of eight books, including Date Like a Man, which sold over 80,000 copies. Gould has been featured on numerous television and radio shows, including Oprah, ABC World News, and Extra.

May 2015 • Self-Help/Psychology • 220 pages World Rights: Hazelden Publishing

## Jennifer Matesa

The Recovering Body: Physical and Spiritual Fitness for Living Clean and Sober Just as recovery requires daily practice, so does a healthy lifestyle. Jennifer Matesa is igniting the recovery community with the first-ever guide to achieving physical recovery as a part of the path to lifelong sobriety. In recovering addicts' former lives, their physical bodies suffered just as much as their minds; yet recovery programs often neglect this topic. Combining her own experiences with solid scientific and practical guidance, Matesa creates a roadmap to physical recovery, discussing the topics of exercise, sleep, nutrition, sexuality, and meditation. • Jennifer Matesa is a seasoned health writer and author of the award-winning blog Guinevere Gets Sober. In 2013 she became a fellow of the US Substance Abuse and Mental Health Services Administration.

September 2014 • Personal Growth • 200 pages World Rights: Hazelden Publishing

#### Rosemary O'Conner

# A Sober Mom's Guide to Recovery: Taking Care of Yourself to Take Care of Your Kids

Recovering from an addiction is difficult, but when you add the tremendous responsibilities of motherhood, recovery can seem like an impossible goal. A Sober Mom's Guide to Recovery combines down-to-earth advice and inspiring stories from recovering moms to offer guidance on over 50 topics, including stress, relapse, relationships, shame, dating, and parenting. The result is a practical handbook for daily life, building strong relationships with one's children, and finding hope for the future.

• Rosemary O'Conner is the founder of Recovery Services for Women and a certified recovery/life coach. She serves on the advisory board of Stepping Stone, an alcohol and drug recovery program for women.

September 2015 • Personal Growth • 200 pages World Rights: Hazelden Publishing

#### Harry Haroutunian

## Not As Prescribed: Recognizing and Facing Alcohol and Drug Misuse in Older Adults

The older adult population is growing by leaps and bounds. And, sadly, dramatic lifestyle changes, along with growing health problems, lead many older adults to turn to alcohol, prescription painkillers and marijuana to handle their physical and psychic pain. You may think, "Dad is just enjoying cocktails and retirement" or "Mom still has pain and needs her pills." Maybe so, but consider, an estimated 17% of people aged 60plus struggle with substance misuse and addiction. Older adults are now hospitalized as often for alcohol-related problems as they are for heart attacks. In this book, Dr. Haroutunian provides readers with the tools to distinguish between the signs of aging and the signs of addition, get treatment for them, and cope with the addiction themselves with understanding and compassion. • Harry L. Haroutunian, MD, an internationally known speaker and authority on addiction-oriented topics--including drug misuse among older adults--is widely read online and has appeared on the Dr. Oz Show and Dr. Drew On Call and in the New York Times and Cosmopolitan. Board certified in both addiction and family medicine, he serves as physician director of professional and residential programs at the Hazelden Betty Ford Foundation in Rancho Mirage, California.

May 2016 • Health/Self-Help • 250 pages

World Rights: Hazelden

### Allen Berger

## 12 More Stupid Things That Mess Up Recovery

Recovery from addiction is often compared to a journey where you meet new people, rejuvenate your mind, body, and spirit, and learn new things about yourself. But like all journeys, there are also pitfalls that can jeopardize your sobriety. With his popular book, 12 Stupid Things That Mess Up Recovery, Allen Berger has shown many people how to confront self-defeating thoughts and behaviors that can sabotage their sobriety. In this sequel, Allen gives readers the tools they need to work through twelve pitfalls that they are likely to encounter like relapse, complacency, and taking responsibility. • Allen Berger, PhD, a popular public speaker and nationally recognized expert on the science of recovery, is also the author of 12 Smart Things to Do When the Booze and Drugs Are Gone, and 12 Hidden Rewards of Making Amends. His pamphlet, How to Get the Most Out of Group Therapy, helps clients in treatment, continuing care, or Twelve Step groups, understand what happens in group meetings and how these meetings help members acquire recovery skills.

April 2016 • Self-Help/Psychology • 140 pages

World Rights: Hazelden

## Misti Barnes

#### If You Leave Me, Can I Come with You?

Codependents and those with addictions struggle on a daily basis. Misti Barnes helps suffers with healing insight and a lighthearted touch. Most people struggling with codependency do not see the humor in their plight, so this text aims to provide refreshingly original meditations with self-revealing honesty and humor. Issues such as pleasing others, lack of boundaries, and perfectionism are addressed, as is the idea of not taking oneself too seriously, all delivered with a mix of support and inspiration and a touch of humor. • **Misti Barnes** is a writer, producer, and traveler who is on the road to recovery from addiction.

August 2015 • Personal Growth/Psychology • 400 pages

World Rights: Hazelden Publishing

#### Kevin P. Hill

#### Marijuana: The Unbiased Truth About the World's Most Popular Weed

"The risks of marijuana use are widely debated and disagreed about--from questions of addiction and withdrawal, to effectiveness in treating various medical problems, to degrees of harmfulness and lasting deleterious changes....What has been missing is a balanced approach to all of these issues--an approach present in this volume by Dr. Kevin P. Hill. The book covers a wide range of topics in a thoughtful and comprehensive manner. Both pro- and anti-marijuana individuals will find material that agrees with their positions--and challenges them....It can be usefully read and consulted by health professionals, policy makers, law enforcement, parents, teachers, and students."—Herbert D. Kleber, MD, Director, Division on Substance Abuse, New York State Psychiatric Institute

• **Kevin P. Hill**, MD, is a nationally recognized clinical expert, a leading researcher on marijuana, and a skilled addiction clinician who consults with professional sports teams, professional sports leagues, and other professional organizations. In 2013 he was awarded the Alfred Pope Award for Best Research Paper by a Young Investigator, and he has authored or coauthored articles appearing in more than 30 peer-reviewed scientific publications. Hill is currently assistant professor of psychiatry at Harvard's McLean Hospital in Belmont, Massachusetts.

March 2015 • Self-Help/Drugs • 240 pages

World Rights: Hazelden Publishing

#### Beverly Convers

## Addict in the Family: Stories of Loss, Hope, and Recovery, Revised Edition

Witnessing the addiction of a family member can be a heart-wrenching experience. Beverly Conyers provides stories of loss, hope, and recovery from families who have endured watching a loved one suffer with an addiction. Readers will learn important lessons on loving, detachment, intervention, and self-care. • **Beverly Conyers** is an editor and freelance writer. She is the mother of three children, one of whom suffers from addiction.

August 2015 • Family and Relationships • 184 pages

World Rights: Hazelden Publishing

# Microcosm Publishing

Microcosm Publishing specializes in work designed to make readers feel good about being alive, take an active role in bettering their lives, and impact the world around them. Microcosm emphasizes self-empowerment, showing hidden histories, and fostering creativity by challenging conventional publishing wisdom with books and bookettes about DIY skills, food, zines, and art.

Joe Biel, foreword by Sander Hicks and introduction by Joyce Brabner *Good Trouble* 

In 1996, everything about Joe Biel's life seemed like a mistake. He was 18, he lived in Cleveland, he got drunk every day, and he had mystery health problems and weird social tics. To escape a nihilistic, apocalyptic worldview and to bring reading and documentation into a communal punk scene, he started assembling self-published misfit zines and bringing them in milk crates to underground punk shows. As he applied the economics and values of underground punk rock music to publishing books, his worldview expanded along with his business, and so did the punk community's idea of what was possible. Eventually this became Microcosm Publishing. But all was not rosy. Biel's head for math was stronger than his ability to relate to people, and for everything that added up right, more things broke down. He developed valuable skills and workarounds, but it wasn't until he was diagnosed with Asperger's Syndrome, a disorder on the autism spectrum, that it all began to fall into place. Good Trouble is a tale of screwing up, trying again, and always finding a way do it better. It's about developing a toolkit for turning your difficulties into superpowers, building the world that you envision, and inspiring others to do the same. • Joe Biel is a writer, activist, filmmaker, teacher, and founder of Microcosm Publishing and co-founder of the Portland Zine Symposium. He shows his films on tour with the Dinner and Bikes program. He has been featured in the Time Magazine, Publisher's Weekly, and Utne Reader. He lives in Portland, Oregon.

March 2016 • Personal Growth/Psychology • 192 pages World Rights: Microcosm

#### Kelly Dessaint

#### No Fun: How Punk Rock Saved My Life

No Fun: How Punk Rock Saved My Life is an anti-memoir about growing up punk in a hostile world of abusive and negligent parents, bullies, institutionalized education, formulaic psychiatry and the bureaucratic red tape of the foster care system. From East LA to the backwoods of Alabama, from a mental hospital to a university and eventually to the streets of New Orleans and San Francisco Dessaint struggled to resolve his traumas and find a place free of mistreatment. Along the way, acquired the punk rock albums by Black Flag, DRI, The Circle Jerks, and more, that provided comfort during his hardest times and ultimately lead to his redemption. With its unique focus on nonconfirmity, finding solutions to your own problems, and using music as energy Dessaint's work offers a fresh and tough remedy to personal trauma. • Kelly Dessaint was born and raised in Los Angeles and resides in Oakland with his wife. A veteran of the small press, he currently publishes the zine Piltdownlad and is the author of A Masque of Infamy.

June 2016 • Personal Growth/Psychology • 192 pages World Rights: Microcosm

#### Daniel Makagon

#### Underground: The Subterranean Culture of Punk House Shows

**Underground** is a first person, nose-to-the-ground journalistic account of DIY punk shows since the 1980s based on interviews, research, and first-hand "field work" rocking out. Daniel Makagon explores the emergence of DIY punk touring and pays special attention to the development of house shows and community-based music spaces to explain why DIY spaces are so important to the creation and maintenance of punk communities and economies. This book explores why and how DIY touring networks emerged and how these networks have faced challenges from a variety of internal (punks themselves) and external forces (police, city officials, and the mainstream music industry). • **Daniel Makagon** is an associate professor in the College of Communication at DePaul University in Chicago. His teaching and research interests are in urban communication, ethnography, documentary, and community. Makagon is author of Where the Ball Drops: Days and Nights in Times Square. His audio documentaries have aired on community and public radio stations and been featured on a variety of documentary storytelling Web sites. Makagon is also the editor of The City series for the on-line journal, Liminalities: A Journal of Performance Studies.

September 2015 • Music/Pop Culture • 220 pages

World Rights: Microcosm

### Bob Suren

#### Crate Digger: An Obsession with Punk Records

A small-town teenager discovers punk rock through a mixed tape, and from that day punk slowly begins to take over his life. *Crate Digger* offers an insider's perspective on punk rock and vinyl records from the last 30 years, with entertaining stories about the world of the genre. Chronicling the founding of a punk band, tracking down and reissuing out-of-print records, opening a record store, becoming a mentor, and befriending punk luminaries, Bob Suren writes about his personal ruination and ultimate redemption. • **Bob Suren** is the founder of Sound Idea Store and Distribution and Burrito Records. He has also remained an obsessive vinyl collector.

Spring 2015 • Music and Preforming Arts • 192 pages World Rights: Microcosm Publishing

### Alexander Barrett

## This is Shanghai: What it's Like to Live in the World's Most Populous City

This is Shanghai is a first hand account of expat life in China's (and the world's) largest city. Like a guidebook, it helps newcomers and visitors discover the city; but instead of making quickly-outdated lists of restaurants and museums, Alexander Barrett takes you on a tour of the essential facets of existence in Shanghai. Follow him through the sometimes incredibly old, sometimes futuristic, and often just plain strange sights, sounds, and experiences he's come across in the first year of exploring the city. With its light, humorous style and sharp eye for those key details that explain the sprawling reality of a huge metropolis, this book is perfect for anyone who wants a friendly guide to Shanghai or just a window onto another, fascinating world. • Alexander Barrett is a writer and illustrator who is constantly baffled by the human experience. From his home in Shanghai, China, he uses ink and words to try to make sense of it all. He is rarely successful, but his work has appeared all over the internet, the streets, and the TVs of North America and Asia.

November 2015 • Travel • 96 Pages

World Rights: Microcosm

Emilie Bahr

#### **Urban Revolutions**

Urban Revolutions is a different kind of cycling book. Author Emilie Bahr draws on her experience as an everyday cyclist and a transportation planner in New Orleans to demystify urban bicycling in this visually-compelling and fun-to-read field guide. What does it mean for a city to be bike-friendly? What makes bicycling a women's issue? What does it take to feel safe on a bike? How do you bike to work in the summer and still look professional? Bahr answers all these questions and more in her friendly and thoughtful essays and detailed practical tips. • **Emilie Bahr** is a writer and urban planner living in New Orleans, where she first rediscovered the joys of getting around by bike. Her writing has appeared in the books *New Orleans: Days and Nights in the Dreamy City* and *Louisiana in Words*, and also in *RV Life, Next City* and *Metropolis* magazines.

April 2016 • Sports and Recreation/Urban Planning • 256 pages World Rights: Microcosm

Elly Blue

#### Bikenomics

*Bikenomics* provides a surprising and compelling new perspective on the way we get around and on how we spend our money, as families and as a society. Elly Blue starts with a look at real transportation costs and moves on to examine the current civic costs of our transportation systems. She tells the stories of people, businesses, organizations, and cities who are investing in two-wheeled transportation with tremendous success.

• Elly Blue is author of *Everyday Bicycling*, and her work has appeared on Bicycling.com and in *BikePortland*, *Bitch Magazine*, *Grist Magazine*, *Momentum*, and *Reclaim Magazine*. She has been featured on *Democracy Now!* and Oregon Public Broadcasting, as well as in the *Oregonian*. She blogs about bicycling and empowerment at TakingTheLane.com.

Published • Transportation/Cycling • 192 pages World Rights: Microcosm Publishing; Japanese: Ohta Shuppan; Chinese (c): Motif Press

Elly Blue and April Streeter

#### Our Bodies, Our Bikes

Our Bodies, Our Bikes is a resource and companion for women who ride bicycles. Through personal stories, how-to guidelines, and factual information, contributors explore the intersection of cycling and women's health, from bike fit to clothing, from periods to childbirth, from media representation to gender presentation and reproductive rights. Our diverse contributors demystify and elucidate women's issues in cycling in a practical, friendly, and down to earth manner. •Elly Blue is an author and activist who lives in Portland, Oregon. She writes about the economic and equity cases for bicycle transportation. • April Streeter writes and bikes from Portland, Oregon. She has been a correspondent for Windpower Monthly magazine, Tomorrow Magazine, and Treehugger, and was managing editor for Sustainable Industries magazine. She founded Women on Wheels, a group for women bicyclists in the Portland area.

November 2015 • Health & Fitness • 192 pages World Rights: Microcosm Sandor Ellix Katz

#### Wild Fermentation: The Flavor, Nutrition, and Craft of Live-Culture

Bread. Cheese. Wine. Beer. Coffee. Chocolate. Most people consume fermented foods and drinks every day. For thousands of years, humans have enjoyed the distinctive flavors and nutrition resulting from the transformative power of microscopic bacteria and fungi. Wild Fermentation: The Flavor, Nutrition, and Craft of Live-Culture Foods is the first cookbook to widely explore the culinary magic of fermentation. The flavors of fermentation are compelling and complex, quite literally alive. This book takes readers on a whirlwind trip through the wide world of fermentation, with over 100 recipes covering vegetable, grain, and dairy ferments, vinegar-making and much more. • Sandor Katz, also known as the Sandokraut, is a James Beard award winner and was a finalist for an International Association of Culinary Professionals award. A fermentation revivalist, he teaches workshops worldwide and the New York Times called him "one of the unlikely rock stars of the American food scene." He is also the author of The Art of Fermentation.

Published • Cooking • 64 pages • World Rights: Microcosm

Cecilia Granata

#### Mama Tried

Cecilia Granata grew up cooking with her family in Italy. As a vegan, she learned to adapt her favorite recipes from around the country to be animal free while retaining the flavor and feeling of true Italian home cooking. She shares her commitment to ethical and artful eating in this alphabetically-arranged volume with over 100 recipes, ranging from traditional favorites to homemade liquors to aphrodisiacs—all "senza sofferenza," without suffering. The recipes are lushly illustrated with Granata's food-inspired tattoo art. • Cecilia Granata was born in Verona, Italy in 1983. She is a professional tattoo artist as well as a fine art illustrator and painter whose work has been shown internationally. She lives in Oakland, California with her husband.

April 2016 • Cooking/Vegan • 160 pages, 2 color illustrations throughout World Rights: Microcosm

Anne Elizabeth Moore & The Ladydrawers

#### Threadbare: Clothes, Sex and Trafficking

Threadbare draws the connections between the international sex and garment trades and human trafficking in an illustrated comic series. Anne Elizabeth Moore, in reports illustrated by members of the Ladydrawers Comics Collective, pulls at the threads of gender, labor, and cultural production to paint a concerning picture of a human rights in a globalized world. Moore's reporting takes the reader from the sweatshops of Cambodia to the traditional ateliers of Vienna, from the life of a globetrotting supermodel to the warehouses of large clothing retailers, from the secondhand clothing industry to the politics of the sex trade. With thoughtful illustrations of women's stories across the sex and garment supply chain, this book offers a practical guide to a growing problem few truly understand. • Anne Elizabeth Moore is an internationally renowned and bestselling cultural critic and comics journalist, Fulbright scholar, UN Press Fellow, and USC Annenberg/Getty Arts Journalism Fellow. She is part of the team behind The Ladydrawers, and has written and edited several award-winning books. She teaches in the Visual & Critical Studies department at the School of the Art Institute of Chicago. • The Ladydrawers Comics Collective is an unofficially affiliated group of female-, male-, and non-binary gender identified folk who research, perform, create, and publish accessible comics, texts, and films about how economics, race, sexuality, and gender impact the comics industry, other media, and our culture at large.

April 2016 • Social Science • 160 pages • World Rights: Microcosm

Elly Blue

## Pedal Zombies: Thirteen Feminist Bicycle Science Fiction Stories

The zombie apocalypse will be pedal-powered! In the not-so-distant future, when gasoline is no longer available, humans turn to two-wheeled vehicles to transport goods, seek glory, and defend their remaining communities. In another version of the future, those with the zombie virus are able to escape persecution and feel almost alive again on two wheels. In yet another scenario, bicycles themselves are reanimated and roam the earth. In the third volume of annual feminist bicycle science fiction series Bikes in Space, twelve talented writers bring their diverse visions to this volume: Sometimes scary, sometimes spooky, sometimes hilarious, always on two wheels. • Elly Blue is an author and activist who lives in Portland, Oregon. She writes about the economic and equity cases for bicycle transportation and is the world's foremost advocate of the genre of feminist bicycle science fiction. Contributors to this volume include Jessie Kwak, Maddy Spencer, Ellie Poley, Jim Warrenfelz, Gretchin Lair, David J. Fielding, T. M. Tomilson, Emily June Street, Bob Simms, Alexandrea Flynn, and Catherine Caparello. The cover artist is Amelia Greenhall.

September 2015 • Science Fiction/Apocalyptic and Post-Apocalyptic • 160 pages World Rights: Microcosm

Emily June Street

## Velocipede Races

Emmeline Escot knows that she was born to ride in Seren's cutthroat velocipede races. The only problem: She's female in a world where women lead tightly laced lives. Emmeline watches her twin brother gain success as a professional racing jockey while her own life grows increasingly narrow. Ever more stifled by rules, corsets, and her upcoming marriage of convenience to a brusque stranger, Emmy rebels—with stunning consequences. Can her dream to race survive scandal, scrutiny, and heartbreak? • When not hanging upside down in her Pilates studio or madly editing a fantasy saga **Emily June Street** can be found cycling or swinging on a flying trapeze.

March 2016 • YA Fiction • 160 pages

World Rights: Microcosm

# Missionday

Missionday, established in 2013, publishes health- and business-related books. It focuses on helping select authors share their ideas through unique content-ownership arrangements and research-based marketing strategies.

**Tom Rath** is an expert on the role of human behavior in business, health, and economics. He has written five international best sellers over the past decade, starting with the number one *New York Times* best seller *How Full Is Your Bucket?* In 2013, his *StrengthsFinder 2.0* was the top-selling book worldwide on Amazon.com. His latest *New York Times* best sellers are *Strengths-Based Leadership*, *Wellbeing*, and *Eat Move Sleep*. In total, his books have sold more than 6 million copies and have made more than 300 appearances on the *Wall Street Journal* best-seller list. In addition to his work as a researcher, writer, and speaker, Rath serves as a senior scientist and advisor for Gallup, where he previously spent 13 years leading the organization's work on employee engagement, strengths, leadership, and well-being. He holds a BA in psychology from the University of Michigan and an MS in psychology from the University of Pennsylvania, where he is now a guest lecturer.

## Eat Move Sleep: How Small Choices Lead to Big Changes

This is one of those rare books that come along to change how we think, feel, and act every day. While Tom Rath's best sellers on strengths and well-being have already inspired more than 6 million people in the last decade, *Eat Move Sleep* reveals his greatest passion and expertise. Quietly managing a serious illness for more than 20 years, Tom has assembled a wide range of information on the impact of eating, moving, and sleeping. Written in his classic conversational style, *Eat Move Sleep* features the most proven and practical ideas from his research. This remarkably quick read offers advice that is comprehensive yet simple and often counterintuitive but always credible. *Eat Move Sleep* will help readers make good decisions automatic. With every bite one takes, a better choice will be made. Readers will move a lot more than they do today and sleep better than they have in years. More than a book, *Eat Move Sleep* is a new way to live.

"One of the most successful nonfiction writers of his generation, Tom Rath has produced a blockbuster book that offers readers deep insights alongside specific actions. *Eat Move Sleep* is a transformative work." —Daniel Pink, best-selling author of *Drive* and *To Sell Is Human* 

"For managers to be successful, this book on eating, moving, and sleeping is essential." —Globe and Mail's Top Business Books of 2013

"A passionate and practical guide to how to live better and longer. *Eat Move Sleep* will change your life. It might also save it." —Sir Ken Robinson, best-selling author of *The Element* 

Published • Self-Help/Well-Being • 240 pages • World Rights: Missionday; German: Goldman Verlag; Polish: Vital; Russia: Alpina Publishers; Chinese (simp.): China Youth Press; Chinese (comp.): Motifpress Co., Ltd.; Japanese: Shinchosha; Korean: Hanbit Media; Lithuania: UAB Media Incognito; Thailand: Openworlds; French(France): Tredaniel; French (Canada): Saint Jean Editeur; Czech: ANAG; Spanish: Oceano Mexico; Portuguese: Marcador Editoria

#### ❖Missionday

### Are You Fully Charged? The 3 Keys to Energizing Your Work and Life

In this short, easy read, Tom Rath reveals the three keys that matter most for our daily health and well-being and effectiveness in our work. Drawing on the latest and most practical research from business, psychology, and economics, he focuses on changes we can make to create better days for ourselves and others. *Are You Fully Charged?* challenges us to stop pursuing happiness and focus on meaningful work instead. It will lead us to rethink daily interactions with the people who matter most and show us how to create the energy we need in order to be our best every day.

May 2015 • Business/Well-Being • 240 pages

World Rights: Missionday; Chinese (c): Ginkgo (Beijing) Book Co., Ltd.; French: Guy

Tredaneil; Portuguese: Marcador Editoria; Spanish: Planeta Mexicana

## **Redleaf Press**

David Sobel

## Nature Preschools and Forest Kindergartens

This book has everything readers need to get started and succeed in creating a nature preschool or forest kindergarten business, curriculum, and community. Full color photographs, curriculum design, practices for success, and business provide a comprehensive plan for schools of all sizes. The book also addresses potential obstacles and concerns, staff design, site and facility assessment, and how to successfully market the program. • **David Sobel** has spent the last 25 years working in child development, place-based education, and parenting with nature. He has been identified as the "guru" of environmental education, and has written several books including *Beyond Ecophobia: Reclaiming the Heart in Nature Education*.

November 2015 • Education • 280 pages • Color photographs throughout World Rights: Redleaf Press

Miriam Beloglovsky and Lisa Daly

### Early Learning Theories Made Visible

With classroom vignettes and colorful photographs, this book makes the works of Jean Piaget, Erik Erikson, Lev Vygotsky, Abraham Maslow, John Dewey, Howard Gardner, and Louise Derman-Sparks visible, accessible, and easier to understand. Each theory is defined—through engaging stories and rich visuals—in relation to cognitive, social-emotional, and physical developmental domains and its application to real early childhood classrooms. • Miriam Beloglovsky is a professor of early childhood education at the Cosumnes River College in California, and a strong advocate for children, youth, and families. She has served as a keynote speaker, presenter, and board member to a number of conferences and organizations. • Lisa Daly is a professor of early childhood education at Folsom Lake College in California. She has over 30 years worth of experience as a teacher, director, and educator.

January 2015 • Education • 220 pages • 115 color photographs World Rights: Redleaf Press

Allen C. Rosales

#### Mathematizing

This book is a new math resource for every teacher with young children—even those who don't believe they have the ability to teach math. With a learner-centered approach to math, this book presents new methodologies for bringing long-term math-focused learning into students' everyday lives. This book enables the mathematizing teacher to interpret students' interests and to bring mathematical knowledge to make meaningful interactions. With the help of this book, educators are able to see and support students as they learn the fundamentals of math. • Allen C. Rosales has been an early childhood educator for over 20 years. He has worked as a teacher, coach, director, and development project leader in birth through school-age programs; he currently serves as an early childhood and bilingual education instructor at Roosevelt University. His work has garnered national and state recognition, awards, and grants, which have supported the implementation of quality early childhood practices.

July 2015 • Education/Teaching Methods • 176 pages • full-color photos throughout World Rights: Redleaf Press

### Ann Gadzikowski

# Creating a Beautiful Mess

Creating a Beautiful Mess is an essential book for expectant parents and those with children ages 2 to 12. Each chapter boils down the essential play experiences every child needs in an accessible, practical, easy-to-understand way. These experiences support learning, provide physical activity, encourage creativity, and promote social and familial connections. • Ann Gadzikowski is an early childhood educator and author of several books, including Challenging Exceptionally Bright Children in Early Childhood Classrooms. She is a frequent presenter at professional conferences on early childhood education and gifted education. She is also a coordinator of the Leapfrog and Spark enrichment programs for Northwestern University's Center for Talent Development.

July 2015 • Family and Child Care • 184 pages • World Rights: Redleaf Press

### Julianne Wurm

### Working in the Reggio Way

Educator Julianne Wurm offers an examination of the progressive educational approaches of Reggio Emilia, Italy, a municipality that believed in child-centered practices for their preschools. Wurm shows how this style of education, which stresses parental involvement, teachers as learners, and long-term projects, can be incorporated into classrooms everywhere. • **Julianne Wurm** is an instructional reform facilitator in San Francisco, California. She has also taught in inner city schools in Houston, Los Angeles, and New York City; as well as the preschools in Reggio Emilia, Italy.

June 2005 • Education • 240 pages • World Rights: Redleaf Press

### Sara E. Langworthy

### Bridging the Relationship Gap

Based on research and first-hand accounts, this book examines cultural differences, traumatic experiences, maltreatment, peer relationships, and learning differences for children without caring adults at home. This book provides examples and lessons on how to mend the relationship gap between at-risk children and their teachers. • Sara E. Langworthy, Ph.D., is currently serving as the policy coordinator for Extension Children, Youth, and Family Consortium at the University of Minnesota. She is an expert in brain development and research translation for public consumption. She is also featured as a content expert for Wonder Years: The Science of Early Childhood, a permanent exhibit at the Science Museum of Minnesota.

November 2015 • Education • 200 pages • World Rights: Redleaf Press

### Holly Elissa Bruno

### The Comfort of Little Things

An in-depth and empowering explanation of how educators can create a culture of second chances. When an educator is able to forgive oneself, work well with people one doesn't get along with, and value the importance of humor and lightheartedness, their students will learn the same from their actions. Told through stories and blog contributions, this title empowers readers to lead by example. • **Holly Bruno** is an author, attorney, professor, keynote speaker, and host of an online radio program. She also teaches leadership courses for the McCormick Center for Early Childhood Leadership and Wheelock College.

June 2015 • Education • 144 pages World Rights: Redleaf Press

# **Roaring Forties Press**

Julie McSorley and Marcus McSorley

## Out of the Box: The Highs and Lows of a Champion Smuggler

Reg Spiers arrived in England in 1964 as a world-class athlete. He returned to Australia in a box, but that was only the start of his adventures. Crazily impulsive, romantic, and free-spirited, Spiers became a national hero for smuggling himself 13,000 miles home as air freight. But as his fame and sporting career faded, Spiers decided to smuggle something very different. Soon, he was on the run with his girlfriend, playing a cat-and-mouse game with police on three continents. A wild road trip across India and Africa—involving idyllic beaches and prison hellholes, shady friends and shadier cops, guntoting militias and drug-running gangsters—led to a court room in Sri Lanka and the fight of his life. Could Spiers beat the death sentence he'd just been given, or was this box too big to climb out of? • Julie McSorley is a freelance illustrator and writer. She lives in Spain with her husband and divides her time between writing and painting.
• Marcus McSorley is an actor who has done theater, short films, commercials, and a lot of Shakespeare. He lives on the same street where his father built the infamous box in 1964.

Published • True Crime • 300 pages

World Rights: Roaring Forties Press; ANZ: Hachette ANZ

Colette Rausch with a foreword by the Dali Lama

## Speaking Their Peace: Voices from Countries Emerging from Conflict

Packed with 100 unforgettable interviews from 11 conflict zones across the globe, *Speaking Their Peace* lets "ordinary" people tell their own extraordinary stories of life during wartime and their efforts to build better, more peaceful lives for themselves, their families, and their societies. *Speaking Their Peace* gives voice to a remarkable variety of people: women whose husbands and children were grabbed from their hands and slaughtered—women who tell us they are trying to hide their sadness for the sake of the children who remain; ex-soldiers, some celebrating the righteous cause for which they fought, others wondering what happened to the social justice for which their comrades died; former child soldiers, terrifying even to their own families, describing how they are working to reconcile victims and victimizers; students, traumatized when friends were raped and murdered, explaining how today they are using their education to fight for women's rights. The conflict zones are Libya, Afghanistan, Sudan, Burma/Myanmar, Nepal, Kosovo, Nicaragua, Peru, Liberia, Yemen, and Iraq.

• **Colette Rausch** has worked for 20 years to build the rule of law in countries emerging from conflicts. She is currently the associate vice president for governance, law, and society and director of the Rule of Law Center at the United States Institute of Peace.

March 2015 • Biography/International Politics • 304 pages

World Rights: Roaring Forties Press

### ❖Roaring Forties Press❖

Highlights from the backlist:

The ArtPlace Series

Michelangelo's Rome, by Angela K. Nickerson

Ireland's Literary Revival, by R. Todd Felton

Matisse's South of France, by Laura McPhee

Dorothy Parker's New York, by Kevin C. Fitzpatrick with a foreword by Marion Meade

Steinbeck's California, by Susan Shillinglaw with photos by Nancy Burnett

The MusicPlace Series

Elvis Presley: Memphis, by Mark P. Barnardo

Bob Dylan: New York, by June Skinner Sawyers

Jimi Hendrix: London, by Bill Saunders

Grunge: Seattle, by Justin Henderson

And Travel Books

French Ghosts, Russian Nights, and American Outlaws: Souvenirs of a Professional Vagabond, by Susan Spano

Angels' and Demons' Rome, by Angela Nickerson

Mad Men's Manhattan, by Mark P. Bernardo

# Santa Monica Press

Shirley Babashoff with Chris Epting, foreword by Donna de Varona

Making Waves: How I Battled the East German Steroid Program and Anchored
the Greatest Upset in Olympic Swimming History

In Shirley Babashoff's extraordinary swimming career, she set thirty-seven national records and six world records. Prior to the 1990s, she was the most successful U.S. female Olympian and, in her prime, was widely considered the greatest female swimmer on the planet. Heading into the 1976 Montreal Olympics, hopes were high that she would become the "female Mark Spitz." All of that changed the moment Babashoff and her teammates arrived in Montreal. After seeing the East German women's swim team Babashoff was asked by reporters for her opinion of them. She replied, "Well, except for their deep voices and mustaches, I think they'll probably do fine." The comment was the spark that lit the flame. She was vilified for her criticism but it was clear to her that the East Germans were doping, and she spoke out. In 1989, the East German doping program was exposed to the world. In the ensuing decades, Babashoff has been pursued repeatedly by major media outlets and, to date, has declined to comment. But with Making Waves, she breaks her silence to tell her story and help fight the culture of cheating in both amateur and professional sports. Making Waves weaves together her career as a champion swimmer; the drama of her personal life; the story of doping in East Germany; and the modern era of steroids and other performance-enhancing drug abuse that ensued after the 1976 Olympics. • Shirley Babashoff has set six world records and thirty-seven national records and earned a total of eight individual Olympic medals. She was inducted to the International Swimming Hall of Fame as an "Honor Swimmer" in 1982. • Chris Epting is the author of several books, including James Dean Died Here. He is an award-winning travel writer and has written for the Los Angeles Times, Westways, and Travel + Lesiure magazine.

June 2016 • Sports • 312 pages World Rights: Santa Monica Press

Frank Hyde with a foreword by Charlie Watts

### Stan Levey: Jazz Heavyweight

Stan Levey is widely considered to be one of the most influential drummers in the history of modern jazz. During his long career, the self-taught Levey played alongside a who's who of 20th century jazz artists: Dizzy Gillespie, Charlie Parker, Miles Davis, Stan Getz, Ella Fitzgerald—the remarkable list goes on, and includes the most distinguished names in jazz and popular music. Jazz Heavyweight follows the prolific and colorful life of Levey, from his childhood days in rough-and-tumble North Philadelphia as the son of a boxing promoter and manager with ties to the mob, to his first gig as a drummer for Dizzy Gillespie at the tender age of 16, through his meteoric rise as one of the most sought after sidemen in the world of bebop, to his membership in the Lighthouse All-Stars and his prominent role in the creation of West Coast Jazz. Jazz aficionados will relish Jazz Heavyweight for its never-before-published information about musicians like as Parker, Gillespie, and Davis, while jazz neophytes will find a fast-paced, colorful encapsulation of the entire history of modern jazz. This book is essential reading for anyone seeking an up-close-and-personal look at jazz in the latter half of the twentieth century. • Frank R. Hayde is the author of The Mafia and the Machine: The Story of the Kansas City Mob, and Zion National Park: The Story Behind the Scenery. Charlie Watts is the legendary drummer for the Rolling Stones.

March 2016 • Music/Jazz/Biography • 288 pages, 50 b&w illustrations World Rights: Santa Monica Press

Richard Fuller with Damon DiMarco

# The Brown Agenda: My Mission to Clean Up the World's Most Life-Threatening Pollution

While most everyone has heard about "going green," few are aware of the more dire and sinister "brown" pollution—places where man-made toxic pollutants poison millions of people every year, causing needless suffering and death. After witnessing several brown sites firsthand and meeting families trapped by poverty in these toxic hot spots, environmentalist Richard Fuller founded the Blacksmith Institute, now renamed Pure Earth, a global nonprofit that initiates large-scale cleanups of some of the most polluted places on earth. In this vivid account of his perilous travels to the earth's most toxic locations, Fuller introduces readers to the plight of the "poisoned poor," and suggests specific ways people everywhere can help combat pollution all over the world. • Richard Fuller is the founder and president of Pure Earth (pureearth.org). Considered the world's leading expert on toxic issues, Pure Earth works to combat the proliferation of toxic pollution in 45 countries around the world. • Damon DiMarco is the editor of the oral histories Tower Stories: An Oral History of 9/11 and Heart of War: Soldiers Voices on the Front Lines in Iraq.

August 2015 • Science/Environment • 288 pages, color insert World Rights: Santa Monica Press

Highlights from the backlist:

Letter Writing Made Easy! Featuring Sample Letters for Hundreds of Common Occasions, Volumes 1 and 2 by Margaret McCarthy—over 200,000 copies sold

How to Win Lotteries, Sweepstakes, and Contests, Second Edition by Steve Ledoux—over 100,000 copies sold

**Route 66 Adventure Handbook, Forth Edition** by Drew Knowles—nearly 100,000 sold

Other highlights:

**Footsteps in the Fog: Alfred Hitchcock's San Francisco** by Jeff Kraft and Aaron Leventhal with a foreword by Patricia Hitchcock O'Connell

Silent Traces: Discovering Early Hollywood Through the Films of Charlie Chaplin by John Bengtson with a foreword by Kevin Brownlow

Silent Echoes: Discovering Early Hollywood Through the Films of Buster Keaton by John Bengtson with a foreword by Kevin Brownlow

Rainer on Film: Thirty Years of Film Writing in a Turbulent and Transformative  $\textbf{\textit{Era}}$  by Peter Rainer

Forever Young: The Rock and Roll Photography of Chuck Boyd by Jeffrey Schwartz, editor, with a foreword by Buck Munger

Marilyn Monroe Dyed Here: More Locations of American's Pop Culture Landmarks by Chris Epting

**The Art and Design of Contemporary Wine Labels** by Tanya Scholes with a foreword by Michael Mondavi; Licenses: Chinese (s): My House Publications

# **Spirit Books**

### Galadrel L Thompson

### Home for the Holidays

A hand-crafted coloring book for adults featuring intricate designs for the holidays. Welcome to a unique winter wonderland, one full of timeless holiday favorites and traditions. Relax and get cozy while letting your artistry bloom. Take the time to reflect and engage in a world all your own as you create colorful, magical moments within beautifully illustrated designs. • **Galadrel L Thompson** is a freelance illustrator and animator.

October 2015 • Adult coloring • 72 pages • illustrations throughout World Rights: Spirit Books

### Steve Duffendack

### Home Sweet Home

A hand-crafted coloring book for adults featuring intricate designs that capture the feeling of home. From the front door to the backyard, "home" is a feeling. A feeling of love. A feeling of comfort. Make those memories – those moments – come to life with all the colors that make your home a happy place. A place that's truly yours, where time stands still. Take a breath and find comfort in the intricate illustrations that represent pure happiness in the place that you love most. • **Steve Duffendack** is a designer and illustrator who works in the branding industry.

October 2015 • Adult coloring • 72 pages • illustrations throughout World Rights: Spirit Books

### Steve Duffendack

## Home Away from Home

A hand-crafted coloring book for adults featuring intricate designs that celebrate the joy of creating a home away from home. Escape to your favorite place. An outlying cabin on the lake. A secluded beach. The snowy mountains. Away from it all you feel at peace. You embody a renewed sense of spirit; you're ready to conquer all. Be mindful as colors of every shade pour out of you to create your personal paradise. Collect yourself and color because life is a journey.

October 2015 • Adult coloring • 72 pages • illustrations throughout World Rights: Spirit Books

# **Unhooked Books**

Unhooked Books focuses on titles that help people unhook from complicated relationships and resolve high-conflict disputes. It publishes titles on self-help, borderline personality disorder, narcissistic personality disorder, health and wellness, parenting and co-parenting, and other great topics.

Benjamin D. Garber

## Holding Tight—Letting Go: Raising Healthy Kids in Anxious Times

Benjamin Garber is a psychologist and researcher focusing in the areas of child and family development. In this guide, he offers insight into troubled family dynamics between parent and child where psychological and emotional growth can be stunted or damaged due to family history of blended or broken parent-child roles. Dr. Garber helps readers understand the boundaries of a healthy relationship between parent and child from birth to the point they become parents themselves, teaching lessons that will help them stay connected for life. • **Dr. Garber** is a licensed psychologist, a former Guardian ad litem and a Parenting Coordinator. He is an invited speaker and professional trainer across the United States and Canada. Dr. Garber has advanced degrees in child and family development, clinical psychology, and psycholinguistics from the Pennsylvania State University and the University of Michigan. He opened his current practice in clinical child, family, forensic and consulting psychology in 1999.. Garber is also a researcher and award winning freelance journalist, writing in the areas of child and family development for popular press in both law and psychology

November 2015 • Parenting/Relationships • 250 pages

World Rights: Unhooked Books

Lynne Kenney and Wendy Young

# Bloom: 50 Things to Say, Think, and Do with Anxious, Angry, and Over-the-Top Kids

Bloom is a brain-based approach to parenting all children. Stop second-guessing the way you handle misbehaviors and learn why they occur in the first place. Come to understand the developmental origins of behaviors and take a fresh look at how you can address them with skill-building techniques that produce real and lasting change.

• Lynne Kenney, PsyD, is a mother of two, a practicing pediatric psychologist, and author of The Family Coach Method. She has advanced fellowship training in forensic psychology and developmental pediatric psychology from Massachusetts General Hospital/Harvard Medical School and Harbor-UCLA/UCLA Medical School. Recently named one of the Top 100 Docs to "Listen to" on Twitter, Dr. Kenney has been featured in Parents, Parenting, and People magazines. • Wendy Young, LMSW, BCD, is the mom of three, an award-winning child and family therapist, and an early childhood mental health consultant. She is clinical director of Comprehensive Counseling and Consulting, LLC. Her writing has appeared in magazines such as Parenting, Family Fun, and Woman's World.

May 2015 • Parenting • 256 pages • World Rights: Unhooked Books; Indonesian: PT Bhuana Ilmu Populer

Kenneth H. Waldron, PhD and Allan R. Koritzinsky, J.D.

### Game Theory and the Transformation of Family Law

This book explores how the mathematical principles of Game Theory can transform the business of family law and optimize client outcomes. • Dr. Kenneth H. Waldron, Ph.D. is a clinical psychologist and partner of Monona Mediation and Counseling LLC. He is also a founder/partner with Allan Koritzinsky, J.D. and Michael Spierer, Ph.D. in DivorceMapping, a computer program for organizing, analyzing, planning and settling divorce cases. His practice has been devoted to divorce-related issues for about thirty years, providing mediation, arbitration, forensic evaluations, expert witness services. educational programs for divorcing parents, and programs for conflicted parents, including co-parenting training and counseling. • Allan R. Koritzinsky is a retired partner with Foley & Lardner LLP. As a family law attorney representing individual clients for over 44 years, Mr. Koritzinsky has focused on divorce law, alternative dispute resolution and works with colleagues in estate and business planning and real estate transactions. Mr. Koritzinsky has authored or co-authored numerous articles and books. While in Viet Nam (1967-1968), he taught full semester courses in Comparative Law and Introduction to American Law at the University of Saigon Law School. Since retirement he has been doing family law consulting.

September 2015 • Legal/Family Law • 332 pages

World Rights: Unhooked Books

#### Nadia Shahram

### Marriage on the Street Corners of Tehran

After enduring an early life marked by abuse, shame, and betrayal, a young Iranian divorcée tries to gain power and independence in an unlikely way—by contracting herself in "temporary marriages." This novel offers an eye-opening look at modern-day sanctioned prostitution in an Islamic country straining from the tension and conflict between traditional culture and the ambitions of contemporary women. • Born in Tehran, **Nadia Shahram**, along with her five sisters and parents, moved to the small town of Borojerd. After she was sent to Canada in 1978 to finish high school, she developed a vision for her life that included moving to the United States, becoming an Iranian version of Barbara Walters, and then returning to her home country. Although she did eventually move to the States, the rest of her dream was interrupted by the 1979 Iranian revolution and the long war that followed. Shahram currently lives in Buffalo, New York, where she practices matrimonial mediation. This is her first novel.

May 2016 • Social Science/Fiction • 296 pages

World Rights: Unhooked Books

Bill Eddy and L. Georgi DiStefano

## It's All Your Fault at Work: Managing Narcissists and Other High Conflict People

No, it's not just your imagination—more and more people in the workplace today have high-conflict personalities, and they can make your life at work stressful, frustrating, and extremely challenging. The good news is that their behavior is not about you—it's about them—and you can learn strategies and techniques to deal with them more effectively. Based on Bill Eddy's high-conflict personality theory, he and coauthor L. Georgi DiStefano expertly define the problem and walk you through their proactive approach to minimizing conflict and keeping interactions with these people as peaceful as possible.

"This book belongs in every leader's library. Although I believe there's a pearl of good in everyone, some people's pearl is hard to find. You may not be able to change a high conflict personality, but by using Bill Eddy's and Georgi DiStefano's techniques, you'll be able to keep the focus on solutions rather than arguments." —Ken Blanchard, coauthor of *The One Minute Manager®* and *Leading at a Higher Level* 

**Bill Eddy**, LCSW, Esq., is a lawyer, therapist, and mediator and president of the High Conflict Institute. Eddy is a certified family law specialist in California and senior family mediator at the National Conflict Resolution Center in San Diego. Previously, he was a licensed clinical social worker. He is on the faculty of the Straus Institute for Dispute Resolution at the Pepperdine University School of Law and the National Judicial College. • **L. Georgi DiStefano**, LCSW, has served as a clinician, program director, trainer, and consultant throughout her career. She has worked as a trainer for the National Association of Social Workers on alcohol/substance dependency and has been invited to speak on her work at international conferences. This is her third book.

February 2015 • Management/Relationships • 244 pages World Rights: Unhooked Books

Bill Eddy

# It's All Your Fault: 12 Tips for Managing People Who Blame Others for Everything

Therapist and mediator Bill Eddy offers practical methods for handling high conflict people in any situation, including neighbor disputes, workplace conflicts, family battles, arguments with strangers, and so forth.

Published • Relationships/Workplace Issues • 256 pages

World Rights: Unhooked Books

Also by Bill Eddy:

BIFF: Quick Responses to High Conflict People by Bill Eddy

High Conflict People in Legal Disputes by Bill Eddy

Licenses: Chinese (c): Hung Yeh Publishing

Also available from Unhooked Books:

Bait and Switch: Saving Your Relationship After Incredible Romance Turns into Exhausting Chaos by Megan Hunter

Just Stop Doing That: The Simple and Quick Way to Get Rid of Any Bad Habit by Vicki Carpel Miller and Ellie Izzo

# Visible Ink Press

Nick Redfern

## The Bigfoot Book

Fascination with man-best sightings has captivated pop culture for decades. This book is a definitive guide to Bigfoot, Yeti, and other man-primates. With nearly 200 entries on examples of these man-primates in historical record, this book sticks only to the facts, first-person accounts, and historical documents. Logical organization, numerous photographs and illustrations, and a thorough index make this book accessible to anyone with an interest in cryptozoology. • **Nick Redfern** is the author of more than 30 books on UFOs, Bigfoot, Hollywood Scandals, and more. He has appeared on more than 70 TV shows, including: Fox News, BBC's *Out of This World, Ancient Aliens, UFO Hunters, Paranatural*, and more.

August 2015 • Metaphysics • 400 pages • B&W photos and illustrations throughout World Rights: Visible Ink Press

Kevin D. Randall

### The UFO Dossier

This book provides an in-depth examination of more than 50 UFO sightings and reports of mysterious crashes, encounters, sightings, and related phenomena from the last century. Sticking only to the facts, this book relies on photographs, historical documents, first-person accounts, and government records. Investigations include asteroids, meteors, photographs, injuries from UFOs, hoaxes, and government coverups. • **Kevin D. Randall** is a retired U.S. Army lieutenant who toured in Iraq. He has a master's degree in psychology and the art of military science, as well as a doctorate in psychology. His training enables him to have unique insight into the operations and protocols of the military and its investigations into UFOs and related phenomena. He is also the author of *Crash: When UFOs Fall from the Sky: A History of Famous Incidents, Conspiracies, and Cover-Ups*.

August 2015 • Metaphysics • 400 pages • B&W photos and illustrations throughout World Rights: Visible Ink Press

Brad Steiger and Sherry Hansen Steiger

### Real Visitors, Voices from Beyond, and Parallel Dimensions

For all those who have ever wondered if there are other intelligent life-forms out there, this title examines the real stories, investigations, and myths about other-worldly entities. More than 200 scary encounters with unexplained visitors are recounted with first-person accounts and historical documents. Building on decades of research into the paranormal, mystical, and supernatural, this title analyzes the influences and theories behind the mysterious visitors. For additional accessibility, a glossary, thorough index, and reference sources are also included. Tracing these perplexing effects of these other worldly beings is a heart-pounding adventure for every paranormal mystery lover. • Brad Steiger is an award winning writer who has been devoted to exploring and examining the unusual, hidden, and secret occurrences. He has written over 2,000 scholarly articles and more than 180 titles with paranormal themes, including *Real Ghosts, Restless Spirits, and Haunted Places.* • Sherry Steiger is an experienced magazine editor and advertising agency director, who has co-authored more than 40 books, including *Real Miracles, Divine Intervention, and Feast of Survival.* 

March 2016 • Metaphysics • 400 pages • B&W photos & illustrations throughout World Rights: Visible Ink Press

Yvonne Wakim Dennis, Arlene Hirschfelder, and Shannon Rothenberger Flynn *The Native American Almanac* 

More than 50,000 years of the culture and histories of Native American people are traced in this resource for information on over 300 Tribal Nations. This almanac is chockfull of biographies on history-making Native Americans; sacred and historical sites, monuments, and art; fascinating stories; and numerous photographs, illustrations, graphs, and charts are all documented in extensive detail. Each chapter begins with a narrative history, followed by biographical profiles of key figures. Each chapter covers a different subject: urban living, communities, land, environment, and more. • Yvonne Wakim Dennis is an award winning author of non-fiction books for children and adults. She frequently writes about environmental justice and serves as the Education Director for the Children's Cultural Center of Native America. • Arlene Hirschfelder is the author and editor of over 25 books about Native peoples, including Native Americans: A History in Pictures and The Extraordinary Book of Native American Lists. • Shannon Rothenberger Flynn has authored lifestyle and design books, and contributed to The Native Americans—An Illustrated History.

April 2016 • Native American Studies • 550 pages • B&W photos & illustrations World Rights: Visible Ink Press

Patricia Barnes-Svarney and Thomas E. Svarney

### The Handy Anatomy Answer Book

From basic biology to the lymphatic system to human growth and development, this title offers clear, concise answers to more than 1,200 questions about the human body making this a must have guide for anyone wanting to better understand human anatomy. All of the major body systems are covered, with colored illustrations, charts, and tables; along with trivia and facts, complete this must-have guide. This authoritative resource helps everyone understand the perplexing nature of the human body. • Patricia Barnes-Svarney is a science and science fiction writer. Over the past decade, she has authored more than 35 books, including *The Handy Dinosaur Answer Book* and the *New York Public Library Science Desk Reference*. • Thomas E. Svarney is a scientist who has written extensively about the natural world. He has also authored multiple books, including *The Handy Dinosaur Answer Book*.

January 2016 • Science & Mathematics • 350 pages • Color photos & illustrations World Rights: Visible Ink Press

Naomi Balaban and James Bobick

### The Handy Technology Answer Book

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Naomi E. Balaban has been a reference librarian at the Carnegie Library of Pittsburg for more than twenty-five years. She has extensive experience in science and consumer health, and has edited multiple published works. • James Bobick recently retired from the Science and Technology Department at the Carnegie Library of Pittsburg after serving as the head of the department for sixteen years. He recently co-authored Science and Technology Resources with G. Lynn Beard.

December 2015 • Technology • 450 pages • B&W photos & illustrations throughout World Rights: Visible Ink Press

#### Lisa J. Cohen

### The Handy Psychology Answer Book

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#### Also available:

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March 2015 • Business/Leadership • 110 pages World Rights: Wharton Digital Press; Japanese: Eiji Press

Kevin Werbach and Dan Hunter

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